

Learning Guide for Students and Parents

Social Sciences



w.c. 14th September 2026

Learning Guide for Parents and Students

The school supports home learning by providing lessons, resources, homework, and communication through Microsoft Teams, supported by several online learning platforms and additional educational resources. If a student cannot attend school due to medical or disciplinary reasons, the school will provide resources so learning can continue from home and disruption to education is minimised.

Further guidance for parents on how they can support their child's learning, including preparing for assessments and examinations, is available at - [Study Hacks — From the Sidelines](#)

How learning is provided

- All teaching materials are shared through Microsoft Teams.
- Students are automatically enrolled in Teams for each of their subjects.
- Teachers upload lesson resources, activities and assignments, homework and messages and updates.
- Resources are available before the scheduled lesson time.
- Students access Teams using their school email account.

Weekly learning information

- Remote learning guides are published on the school website and the App every Friday.
- They are also shared on students' year group Microsoft Teams.
- Teachers can be contacted via email for questions about learning.
- Department Head email addresses are included in the guides for subject-specific queries.

Online learning platforms

Students may also be set work on:

- Seneca Learning (all subjects) <https://senecalearning.com/en-GB/>
- Up Learn (A-Level Science) <https://www.uplearn.co.uk/>
- Sparx Maths (Key Stages 3 and 4 Maths) <https://sparxmaths.com/>
- Kerboodle (Key Stages 3 and 4 Science) <https://www.kerboodle.com/>

Additional learning resources are available on:

- Oak National Academy <https://www.thenational.academy/>
- BBC Bitesize [Home - BBC Bitesize](#)

Reading expectations

Research shows that regular reading has a significant positive impact on children's educational achievement, vocabulary development and wellbeing. We encourage all students to read for at least 20–30

minutes each day, both in and out of school. As a guide, students should aim to complete at least one age-appropriate book every two to three weeks, although confident readers may read more frequently.

- Read for pleasure regularly.
- Aim to read approximately one book per week.
- Access news and current affairs through The Day
<https://theday.co.uk/>
- Borrow books from the school library.

Passwords and support

- Students have Microsoft Teams for all lessons. They can access these Teams using their email accounts.
- Teachers will regularly show students how to access the Teams groups.
- Students record passwords for online resources in their school planner.
- If there are difficulties accessing digital resources, parents should contact the student's Year Manager or Year Coordinator, or the school directly at enquiry@holte.bham.sch.uk.

Good attendance is essential for academic success. Missing school can lead to gaps in learning that may affect a student's confidence, progress and achievement. Although we provide learning resources when necessary, attending school remains the best way for students to access high-quality teaching and support.

Year 10		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
Child Development		
What is your child learning this term?		
<u>Component 1: Children's Growth and Development</u> In this component, you will learn how children grow and develop from birth to five years old. You'll look at five main areas: physical, intellectual, communication, social, and emotional development. You will learn what typical developmental milestones look like and how families and professionals check a child's progress. You'll also explore the factors that can affect development, such as health, environment, social relationships, and money.		
Class	Teacher	Lessons, including homework deadlines & resources
10D-Cd	Ms S Allen	Monday: C1 – PSA1 – Task 1 Homework: Research for notes
	Mrs S Jafar	Thursday: C1 – Factors impacting development Homework:
Citizenship		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
During this term, Students will be focusing on Theme A - Living together in the UK. This will focus on human rights, rights and responsibilities. You will be looking at identity debates, human and moral rights,		

legal and political rights as well as the introduction of Magna Carta and how it can affect your life in the twenty-first century.

10C-Cz	Mrs S Kousar	Monday: Human rights Wednesday: Migration Friday: Multiculturalism Homework:
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Health and Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 1: Human Lifespan Development

In this component, you will learn how people grow and develop at every stage of life, from infancy to adulthood. You'll explore the four areas of development (PIES): physical, intellectual, emotional and social. You will study the factors that affect development, such as lifestyle choices, relationships and the environment. You'll also learn how major life events—like marriage, becoming a parent or moving house—can impact someone's development, and how people cope with change using different types of support.

10A-Hs	Mrs S Rafique	Monday: Physical Factors- Mental Ill Health & Sensory Impairment Thursday: Physical Factors- Physical Ill Health Homework: research recent breakthrough treatments for 1 mental health condition
10D-Hs	Miss S Ifzaal	Monday: Inherited conditions Wednesday: PSA Thursday: PSA Homework: Complete PSA notes

Personal Growth and Wellbeing

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Unit 1: Maintaining Physical Health and Wellbeing

In this unit, you will learn what a healthy lifestyle means and why it is important. Living healthily can improve your overall wellbeing by boosting your mood, helping you build positive social relationships and supporting your emotional health. Research also shows that following healthy habits can reduce the risk of long-term illnesses such as diabetes, cancer and heart disease. However, many people do not maintain a healthy lifestyle simply because they do not fully understand its importance.

During the unit, you will explore what counts as a healthy lifestyle, the benefits of making healthy choices and the risks that come with unhealthy behaviours. You will also look closely at your own lifestyle and assess how healthy it is by comparing it with national health guidance. Finally, you will create a personal improvement plan, setting goals and identifying the changes you can make to lead a healthier life.

10B-Pw	Mrs S Kousar	Tuesday: Unit 1 Friday: Unit 1 Homework:
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Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Research methods: Students will learn about how psychological research is planned, carried out and analysed. They will learn about the importance of ethical considerations.		
Perception: Students will learn about how human perception works, visual illusions and theories of perception.		
10C-Py	Mr R Soteriou	Monday: Ethical considerations Wednesday: Questionnaires Friday: Interviews Homework: Conduct a questionnaire/interview

Sociology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be moving onto the topic of families. They will be focusing on what is a family, family diversity, different types of family as well as alternatives to family. They will also look at theories in relation to family – Functionalism, Marxism, Feminism. Finally, they will move onto relationships within families, marriage and divorces and their consequences.

10A-So	Miss S Ifzaal	Monday: Types of Families Homework:
	Mrs A Robinson	Thursday: Research Methods Homework: Create a revision resource
10B-So	Miss S Ifzaal	Tuesday: Types of families Homework:
	Mrs A Robinson	Friday: Research Methods Homework: Create a revision resource

Year 11

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

Child Development

What is your child learning this term?

Component 2: Learning Through Play

This term, students will develop an understanding of how play activities can influence children's learning between the ages of birth and five years old. They will consider the different types of play in which children engage, and how activities can support children's learning and progress across the five areas of development. Students will undertake their PSA assessment this term, it is essential they are revising and studying at home, to ensure they gain the best possible marks for these pieces of work.

Component 3: Supporting Children to Play, Learn and Develop

Once a fortnight, students will also focus on Component 3, the exam unit. These sessions will help them understand the types of exam questions they will face and how to answer them confidently.

This component includes synoptic assessment, drawing on learning from Components 1 and 2.

Class	Teacher	Lessons, including homework deadlines & resources
11A-Cd	Mrs S Jafar	Friday: PSA 2 Task 1 Homework: Continue with PSA notes.

	Mrs S Kousar	Monday: PSA 2 Task 1 Thursday: PSA 2 Task 3 Homework: Continue with PSA notes.
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Citizenship

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be wrapping up in Theme D and making a start on Theme E. Students will explore different topics, especially within the local community where they will eventually choose a topic. Following on from this, students will conduct secondary research as well as primary research, work on their team building skills, organisation and evaluating how well their project carried out. Finally, they will be presenting their findings to a group of students to wrap up this section.

11D-Cz	Mrs S Kousar	Tuesday: Theme E Wednesday: Theme E Friday: Theme E Homework:
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Health and Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 2: Health and Social Care Services and Values

This term, students will explore health and social care services and how they meet the needs of service users. They will also study the skills, attributes and values required when giving care. Students will undertake their PSA assessment this term, it is essential they are revising and studying at home, to ensure they gain the best possible marks for these pieces of work.

Component 3: Health and Wellbeing

Once a fortnight, lessons will focus specifically on Component 3 as the exam unit, where students will be supported in becoming familiar with the types of questions they will encounter and how to answer them effectively. This targeted practice will help build their confidence and prepare them for the externally assessed exam. Throughout the unit, students will apply their knowledge of human development, life events, health services and the barriers individuals may face when accessing care.

11A-Hs	Miss S Ifzaal	Thursday: PSA 2 Friday: PSA 2 Homework: Complete notes for PSA
	Miss T Parvaiz	Monday: Recap on C3 studied so far. Homework: Complete case study example.

Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be continuing with Brain and Neuropsychology. This will include the James-Lange theory of emotion, neuron structure, neuron function, Hebb's theory of learning and the brain structure and localisation of function. They will be focus on scanning techniques and Tulving's gold memory study.

They will then move on to Language, Thought and Communication, in which they will explore theories of language and how animal communication relates to that of humans.

11B-Py	Mrs S Kousar	Monday: Neuron function Thursday: Hebb's theory of learning Homework:
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Sociology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will begin the next topic – crime and deviance. Students will be looking at social construction of crime, how crime is measured, victim surveys and self-report, social class/ gender and ethnicity and how it can affect the rate of crime in the 21st century.

11C-So	Miss S Ifzaal	Monday: What is crime and deviance Wednesday: Social Construction of crime Thursday: How do we measure crime? Homework: Bring in a news article
11D-So	Miss S Ifzaal	Tuesday: What is crime and deviance Wednesday: Social Construction of crime Friday: How do we measure crime? Homework: Bring in a news article

Year 12

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

Extended Project Qualification

What is your child learning this term?

Students will be taught a range of skills to help them in completing their projects.

- Topic identification
- Planning strategies
- Time-management
- Source selection and evaluation
- Academic writing
- Referencing
- Presentation skills

Class	Teacher	Lessons, including homework deadlines & resources
12-Ep	Mr R Soteriou	Monday: Types of sources Thursday: Finding and summarising sources Friday: Evaluation of sources Homework: Evaluate 10 sources

Law

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will explore the foundational principles and key concepts that underpin the legal system, gaining insight into its structure, purpose, and societal role. They will learn how laws are developed, interpreted, and applied, and examine the relationship between law and justice. In the area of criminal law, students will investigate various types of criminal offenses, understand the legal defences available to defendants, and follow the procedures involved in criminal trials—from investigation and arrest to prosecution and sentencing. This comprehensive approach will equip students with a solid understanding of how the legal system functions to uphold order and protect rights within society.

12-Lw	Mrs S Jafar	Tuesday: Nature of Law Wednesday: Nature of Law Homework: Read: Could we live without laws? (Oxlore) · Watch: Nature of law – differences between civil and criminal law (YouTube) (6 minutes)
	Mrs V Mann	Monday: Introduction to Latin Homework: Create a case summary for 2 cases we have covered linked to developments in the law.

Health and Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Unit 2: Working in Health and Social Care (Exam unit)

Students explore what it is like to work in the health and social care sector, including the roles and responsibilities of workers, organisations and regulatory bodies. Students will also learn to identify key issues within case studies and explain how the relevant health or social care sector can support the individual or workers.

Unit 4: Enquiries into Current Research in Health and Social Care (Exam unit)

Students explore the methodologies of contemporary research and investigate the implications for health and social care practice and services.

Unit 7: Principles of Safe Practice in Health and Social Care (Assignment unit)

Students explore the importance of safe working practices, safeguarding procedures and responding to emergency situations in health and social care settings.

12-Hs	Mrs A Robinson	Wednesday: Unit 2: Nurses Homework: Create revision resources
	Mr R Soteriou	Tuesday: Research methods Wednesday: Research methods Homework: Complete methods retrieval task
	Mrs S Jafar	Monday: Unit 7 - LAA Tuesday: Unit 7 - LAA Friday: Unit 7 - LAA Homework: P1 Task
	Mrs S Kousar	Tuesday: Unit 7 - LAA Wednesday: Unit 7 - LAA Homework:

Psychology		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
Research methods: Students will learn about how psychological research is planned, carried out and analysed. They will learn about the importance of ethical considerations and the role of Psychology in the economy. Approaches: Students will learn about the history of Psychology as a science, as well as the various approaches of explaining and studying human behaviour.		
12-Py	Mr R Soteriou	Monday: Experimental method Tuesday: Control variables Homework: Complete exam questions
	Miss S Ifzaal	Monday: Intro to Approaches Thursday: Approaches Homework:
	Mrs S Kousar	Tuesday: Approaches Homework:

Year 13		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
Child Development		
What is your child learning this term?		
<u>Unit 2: Keeping Children Safe</u> Students explore the responsibilities of a professional to maintain health and safety as well as ensuring effective safeguarding measures are in place. They will understand what to do in an emergency and when to address concerns about a child's welfare. <u>Unit 4: Research and Reflective Practice in an Early Childhood Setting</u> Students understand how research findings influence policy and provision for children and are able to reflect on how this influences their own behaviour and expectations in the work placement environment.		
Class	Teacher	Lessons, including homework deadlines & resources
13-Cd	Mrs S Jafar	Monday: Unit 4 – LAA – Intro & Questionnaires and Interview Tuesday: Unit 4 – LAA – Observations & Checklists Homework: Pre-reading and questions
	Mrs A Robinson	Wednesday: Friday: Homework:
Law		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		

This term, students will gain a foundational understanding of the nature of law, including the key principles and concepts that shape the legal system, its structure, and its role in society. They will explore how laws are created, interpreted, and applied to maintain justice and order.

In the study of tort law, students will examine various types of civil wrongs—such as negligence and defamation—and learn about the legal remedies available to individuals who suffer harm due to the actions of others.

Additionally, students will investigate the legal framework surrounding human rights, including relevant legislation, landmark case studies, and the ways in which human rights are protected and enforced both nationally and internationally. This comprehensive approach will help students develop a well-rounded understanding of how the law impacts individuals and society.

Students will also continue to revisit past topics through retrieval practice and examination questions.

13-Lw	Mrs S Jafar	Tuesday: Paper 3 – Article 2 Homework: Application to scenarios and summary of cases
	Mrs V Mann	Wednesday: Negligence – Damages Thursday: Negligence – Damages/Scenario Application Friday: Paper 1 Retrieval – General Liability Homework: Application to 4 scenarios / Case Summary per key section – including how it can be applied

Health and Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Unit 1: Human Lifespan Development (Exam unit)

This unit introduces patterns of growth and development, factors affecting health (genetic, environmental, social, and financial), and key theories explaining behaviour throughout life. Students will examine predictable and unpredictable life events, the ageing process, and its impact on confidence and self-esteem. The unit is externally assessed and forms the foundation of the qualification, covering health and social care needs across different life stages.

Unit 8: Promoting Public Health (Assignment unit)

Students explore the aims of public health policy and the current approaches to promoting and protecting health and encouraging behaviour change in the population.

Unit 19 – Nutritional Health (Assignment unit)

In this unit, students will explore the importance of good nutrition for health and wellbeing. Students will learn about the nutritional value of food, the role of different nutrients, and how individual dietary needs vary. They will examine factors that influence nutritional health, such as lifestyle, culture, and medical conditions, as well as issues like obesity and diabetes. Finally, they will develop practical skills by creating a nutritional health improvement plan, preparing them for careers such as dietitian, nutrition consultant, or educator, and providing a strong foundation for further study in health and social care.

13-Hs	Mrs A Robinson	Monday: Unit 1: LAB retrieval Tuesday: Unit 1- LAA and LAB Exam question practice Homework: LAC notes and pre-reading
		Wednesday: Unit 8 - LAA Thursday: Unit 8 - LAA Friday: Unit 8 - LAA Homework: Unit 8 - LAA
	Mr R Soteriou	
	Mrs S Jafar	Wednesday: Unit 19 – LAA

		Friday: Unit 19 – LAA Homework: Watch - I Ate Ultra-Processed Food for 30 Days. The Results Shocked Me!
	Mrs S Kousar	Monday: Unit 19 assignment Homework:

Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Biopsychology: Students will learn about the relationship between physiology and psychology. They will also learn about how the brain is investigated.

Issues and debates: Students will learn about the various issues and debates in psychological research. E.g. Free will vs determinism, nature vs nurture, gender bias. They will also continue to revisit past topics through retrieval practice and examination questions.

Clinical Psychology and Mental Health: Students will learn about definitions of abnormality as well as explanations and treatments for a range of disorders; depression, OCD & phobias.

13-Py	Mr R Soteriou	Tuesday: Synaptic transmission Wednesday: Localisation Friday: Plasticity Homework: Revision materials task
	Miss S Ifzaal	Thursday: Definitions in the field of mental health Friday: Definitions in the field of mental health Homework:

Sociology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 3 - Debates in contemporary society

This component engages students in theoretical debates and how these relate to a contemporary global society. The component will develop knowledge and understanding of social processes and social change. It develops links between the topics studied in this component, the nature of sociological thought, contemporary social policy and the core themes. Contemporary and global debates are introduced through a compulsory topic of **'Globalisation and the Digital Social World'** in Section A, whilst Section B explores them in more depth from a detailed study of **'Crime and Deviance'**. The social construction of crime and deviance are considered and the ways in which crime is socially distributed, explained and reduced. This option introduces a global dimension, with reference to patterns and trends. It aims to give an understanding of different theoretical approaches to the study of crime and deviance.

13-So	Mr R Soteriou	Thursday: Age inequalities explanations Homework: Flipped learning task
	Mrs A Robinson	Monday: Globalisation and Digital social world Theories Friday: Virtual communities Homework: Pre-readig and annotation

	Miss S Ifzaal	Monday: Perspectives on Family Tuesday: Perspectives on family Homework:
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