Message from Miss Gibbs

We are looking forward to seeing you next week for parents evening. ABM our catering company will also be having food tasting samples on both evenings for you to try.

Packed Lunch Day

Thank you for your patience and understanding as the children had packed lunches today due to our oven issues. We're hopeful everything will be up and running again by Monday, and I'll update you by Sunday evening. Despite the unexpected hiccup, many children told us it was "the best day ever" — whether they brought lunch from home or enjoyed a school packed lunch. It was heart-warming to see them turn a little disaster into a joyful day!

Pupil Progress Meeting

Pupil Progress Meetings will take place next week on Tuesday 21st October and Thursday 23rd October with the exception of Kingfisher Class which will take place Monday 20th and Tuesday 21st October. Please return your complete booking slip to your class teachers as soon as possible.

Book Sale

A big thank you to everyone who donated books and attended our recent book sale. We were thrilled to see so many of you browsing, taking home books, and making purchases. It was especially wonderful to see so many happy children leaving with new stories to read. Your support helps foster a love of reading in our school —thank you!

Vocab Homework Question:

Question: What makes a good peacekeeper?

PTA Discos

The PTA Halloween Discos are next Friday, 24th October, for years 1-6. Tickets must be purchased by midnight on 23rd October.

The Power of WhatsApp Groups - A Reminder

We know that WhatsApp groups can be a fantastic way for parents and carers to stay connected, share reminders, and support each other throughout the school year. These groups can be incredibly helpful for asking questions, sharing information, or simply building our sense of community.

However, we've been made aware that in some instances, the tone of messages in certain groups has become less positive. Some discussions have become political or personal, leaving some members feeling uncomfortable.

As a school community, we are committed to fostering a safe, inclusive, and respectful environment for all. We kindly ask everyone to be mindful of the tone and content of their messages. Please remember that we are all here with a shared goal - to support our children and each other. Let's continue to use these platforms as a force for good, showing kindness, empathy, and respect in all our communications.

🖈 Year <u>5/6 Football Tournament</u>

Our Year 5/6 football team put on a fantastic display at their recent tournament, showing great teamwork, determination, and skill throughout. After a series of impressive performances, the team reached the final, where they narrowly missed out on first place with a 2-0 loss against a strong opposition. Finishing 2nd overall is an incredible achievement - well done to everyone involved!



🜟 <u>Year 3/4 Football Tournament</u>

The Year 3/4 team also represented the school brilliantly, playing all their matches in great spirit and showing wonderful teamwork. They finished 3rd in a very close group, with a brilliant win in their final group game briefly putting them at the top. Although they just missed out on the semi-finals, the team went on to play for 5th and 6th place, where an exciting match ended 3-3, earning them joint 5th overall. A superb effort from all the players!

🜟 KS2 Panathlon Event

Five pupils from KS2 travelled to Epping St John's to take part in a fantastic Panathlon multi-skills event. The children had a great time taking on a range of activities, working together, and collecting points as a team. It was wonderful to see their enthusiasm and teamwork throughout the day - well done to all who took part!



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🜟 <u>Looking Ahead...</u>

. After school today, our Year 5/6 football team will kick off their opening fixture of the league. We wish them the very best of luck . – go team!

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government quidelines for schools and nurseries about health protection and managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

What to do about other conditions

High temperature

If your child has a high temperature, keep them off school until it goes away.

Feeling anxious or worried

It's normal for children to feel a little anxious sometimes. They may get a tummy ache or headache, or have problems eating or sleeping.

Avoiding school can make a child's anxiety about going to school worse. It's good to talk about any worries they may have such as bullying, friendship problems, school work or sensory problems. You can also work with the school to find ways to help them.

If your child is still struggling and it's affecting their everyday life, it'might be good to talk to your GP or school nurse. Find information and advice about how to help children with anxiety

It's fine to send your child to school with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature. But if they have a high temperature, keep them off school until the temperature has gone. Encourage your child to throw away any used tissues and to wash their hands regularly.

Chickenpox

If your child has <u>chickenpox</u>, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

There's no need to keep your child off school if they have a <u>cold sore</u>.

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have <u>conjunctivitis</u>, unless they are feeling very unwell. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have symptoms of CC

- have a high temperature
- do not feel well enough to go to school or do their normal activities

What to do if your child has tested positive
Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has <u>hand, foot and mouth disease</u> but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice.

You can treat head lice and nits without seeing a GP.

If your child has <u>impetigo</u>, they'll need treatment from a pharmacist or GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

If your child has <u>measles</u>, they'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears.

They should also avoid close contact with bábies and anyone who is pregnant or has a weakened immune system.

Ringworm

If your child has <u>ringworm</u>, see your pharmacist unless it's on their scalp, in which case you should see a *GP*. It's fine for your child to go to school once they have started treatment.

If your child has <u>scarlet fever</u>, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)
You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

You don't need to keep your child off school if they have <u>threadworms</u>.

Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoed or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

Year 6 to 7 secondary admission round for

September 2026

The new secondary school admission round opened on Friday, 12 September 2025, for parents of current Year 6 children to apply for a secondary school (Year 7) place for September 2026. The statutory national closing date for applications is 31 October 2025.

Applications can be made online via www.essex.gov.uk/admissions. 99% of parents in Essex applied online last year.

All of the application information is available on the website above.







Dates For Your Diary

Fri 24 October 25 Break up for Half Term

Mon 3 November 25 Inset Day

Tues 4 November 25 Children Return

Fri 19 December 25 Break up for Christmas

Mon 05 January 26 Children Return

Fri 13 February 26 Break up for Half Term

Mon 23 February 26 Children Return

Fri 27 March 26 Break up for Easter

Mon 13 April 26 Children Return

Mon 04 May 26 Bank Holiday

Thurs 21 May 26 Break up for Half Term

Fri 22 May 26 Inset day

Mon 01 Jun 26 Children Return

Fri 17 July 26 Break up for Summer

Mon 20 July 26 Inset Day

Best Attendance

This week's best attendance was Harrier Class

With 98.4%

Well done!



Team Points

Red - 158

Blue - 149

Green - 143

The following children are celebrating birthdays this week

HAPPY 9 BIRTHDAY

Luca 11, Jaiden 6, Aren 10, Annabelle 7,

BREAKFAST CLUB





It's been lovely to see so many children enjoying our Breakfast Club recently! We're delighted that it continues to be a popular and positive start to the school day. Thank you for your continued support — we love starting the mornings with such happy faces!

Leverton Primary School offer a free Breakfast Club from 8.15am till 8.45am, although food service ends at 8.35am in order for children and staff to tidy up and get the children ready for going to class. This offering is available to children in Reception through to year 6. We will require you to book via a Google Form (QR code below) to ensure we have the correct food options available and staffing ratios.

We understand that parents may require longer than the free 30-minute sessions and we have extended our opening hours to accommodate those parents who need to get to work early. Therefore, Breakfast Club will be open from 7.30am till 8.15am at a chargeable fee of £3 per session (as above, from 8.15am - 8.45am will be free).

The chargeable session will need to be booked directly with Mrs Pentelow. This can be done via message to 07761 729756 or email extendedschools@leverton.essex.sch.uk

Please Scan the QR code/s below to book your free place, please note they are bookable monthly

October QR Code



Afterschool Club Activities w/c 20 October 2025

We will be doing various

Autumn Themed arts and crafts

When collecting please call the Afterschool Club phone on arrival - 07761 729756

Afterschool Club is available every day from 3.15 - 6.00

Costs - up to 4.45pm £6.00 per session if they are collected after this time it will be £11.00 per session.

All sessions must be booked in advance, contact Mrs Pentelow on 07761 729756 or email extendedschools@leverton.essex.sch.uk. Once your space is confirmed, payments must be made before your child attends their session. Payment is via the school gateway app please.

Payments to be made in advance please.



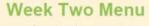
Week One

Served weeks commencing: 1/9 22/9 13/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Jerk Chicken Served with Rice and Seasonal Vegetables	Pasta Bolognaise Served with Garlic Slice and Seasonal Vegetables	Roast Chicken Served with Roast Potatoes, Seasonal Vegetables and Gravy	Sausages Served with Mash Potato and Seasonal Vegetables	Fish Fingers Served with Chips Beans, Peas and Tomato Ketchup
VEGETARIAN	Vegetable Curry Served with Rice and Seasonal Vegetables	Macaroni Cheese Served with Garlic Slice and Seasonal Vegetables	Roast Quorn Fillet Served with Roast Potatoes, Seasonal Vegetables and Gravy	Quron Vegan Sausage Served with Mash Potato and Seasonal Vegetables	Cheese and Tomato Pizza Served with Chips Beans, Peas and Tomato Ketchup
JACKET POTATO	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese
SANDWICH	Baguettes with a choice of filling: Ham and Cheese	Sandwiches with a choice of filling: Ham and Cheese	Baguettes with a choice of filling: Ham and Cheese	Baps with a choice of filling: Ham and Cheese	Wraps with a choice of filling: Ham and Cheese
DESSERTS	Oat & Cinnamon Cookie Served with Fresh Orange Slices	Iced Sponge Served with Custard	Vanilla Ice- Cream Served with Fresh Fruit	Shortbread Served with Apple Slices	Fruity Friday
ΔV	ALLARIE DAILY:				

AVAILABLE DAILY:
Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



Berved weeks commencing: 8/9 29/9 20/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger in a Bun Served with Potato Wedges and Seasonal Vegetables	BBQ Chicken Served with Rice and Seasonal Vegetables	Roast Chicken Served with Roast Potatoes, Seasonal Vegetables and Gravy	Beef Lasagne Served with Warm Baguette and Seasonal Vegetables	Fish Fingers Served with Chips Beans, Peas and Tomato Ketchup
VEGETARIAN	Vegetable Burger in a Bun Served with Potato Wedges and Seasonal Vegetables	Vegetable and Mixed Bean Wrap Served with Rice and Seasonal Vegetables	Roast Quorn Fillet Served with Roast Potatoes, Seasonal Vegetables and Gravy	Vegetable Lasagne Served with Warm Baguette and Seasonal Vegetables	Cheese and Tomato Pizza Served with Chips Beans and Peas
JACKET POTATO	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese
SANDMICH	Baguettes with a choice of filling: Ham and Cheese	Sandwiches with a choice of filling: Ham and Cheese	Baguettes with a choice of filling: Ham and Cheese	Baps with a choice of filling: Ham and Cheese	Wraps with a choice of filling: Ham and Cheese
DESSERTS	Flapjack Served with Fresh Orange Slices	Jam Sponge Served with Custard	Shortbread Served with Apple Slices	Apple Crumble Served with Custard	Fruity Friday

AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.









Week Three Menu

Served weeks commencing: 15/9 6/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Cheese and Tomato Pizza Served with Potato Wedges and Seasonal Vegetables	Chicken Wrap Served with Rice and Seasonal Vegetables	Roast Chicken Served with Roast Potatoes, Seasonal Vegetables and Gravy	Sausage and Tomato Pasta Served with Seasonal Vegetables	Fish Fingers Served with Chips Beans, Peas and Tomato Ketchup
VEGETARIAN	Mixed Bean Fajita Served with Potato Wedges & Seasonal Vegetables	Quorn Stir Fry Served with Rice and Seasonal Vegetables	Roast Quron Fillet Served with Roast Potatoes, Seasonal Vegetables and Gravy	Cheese and Bean Puff Served with Potato Wedges and Seasonal Vegetables	Vegetable Nuggets Served with Chips, Beans, Peas and Tomato Ketchup
JACKET POTATO	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese	Jacket Potato with a choice of Baked Beans or Cheese
HOMONAS	Baguettes with a choice of filling: Ham and Cheese	Sandwiches with a choice of filling: Ham and Cheese	Baguettes with a choice of filling: Ham and Cheese	Baps with a choice of filling: Ham and Cheese	Wraps with a choice of filling: Ham and Cheese
DESSERVE	Chocolate Sponge Served with Custard	Oaty Cinnamon Cookie	Banana Muffin	Strawberry Angel Delight	Fruity Friday

AVAILABLE DAILY:
Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.





Mental Health Support Teams in Schools



Are you looking for effective ways to help you, help your young person, navigate anxiety and help them manage their worries?

The Mental Health Support Team is running 2 online parent groups in NOVEMBER

When?

Tuesday 4th 11th 18th 25th November 1-2pm

When?

Thursday 6th 13th 20th 27th November 9.30-10.30am

Where?

zoom link will be sent to you via email for each session

Choose sessions on Tuesday <u>OR</u> Thursday

Attendance at all four sessions is expected Notes for each session are emailed for you to try out the ideas each week

Next steps:

- · scan QR code
- complete form
- practitioner will telephone to confirm details



For any questions email: mhstadmin@mindinwestessex.org.uk Information for parent/carers



