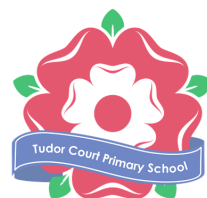


# Tudor Court Newsletter



Friday 27th September 2024

Issue Number 002

*Inspire - Challenge - Succeed*

## School Contact Details

**Enquires:** 01375 480662

**Email:** [office@tudorcourtprimary.com](mailto:office@tudorcourtprimary.com)

**Website:** [www.tudorcourtprimary.com](http://www.tudorcourtprimary.com)

**Twitter:** @TudorCourt\_

## Message from the Head Teacher

Dear Parents, Pupils and Staff,

Our Year 1 children recently embarked on an educational excursion to the Young V&A museum. The trip proved to be a resounding success, and I would like to thank our dedicated staff members and parent volunteers in creating a memorable experience for our young learners.

The 'Meet the Teacher' event this year adopted a new format, which appears to have been well-received by parents. In light of this positive response, we are considering keeping the same format for next year but moving it to earlier in the term.

At our recent full Governing Body meeting, Mr Philip Brewster was appointed as the new Chair of Governors. Mr Brewster has been an important member of our governing body for the past couple of years and I look forward to collaborating closely with him in the coming years.

I am delighted to share that our Year 5 and 6 Boys' Football Team demonstrated exceptional skill and sportsmanship at the Thurrock School Sports Partnership tournament last Friday. The team progressed to the final, narrowly missing out on the top spot. Their conduct throughout the tournament was exemplary, and I am extremely proud of them all.

Last Friday we also said goodbye to Mrs Ratcliff, our School Business Manager, who has embarked on a new career away from education. We will therefore be recruiting for this post over the coming weeks. Details of this vacancy and any other vacancies can be found on our school website.

I must draw your attention to several important notices. Firstly, it is imperative that bicycles and scooters are **not ridden** on the school playgrounds. This rule is in place to ensure the safety of all individuals on our premises, despite daily reminders, a minority of parents continue to allow their children to ride/scoot across the playgrounds. Secondly, we are experiencing recurring issues with parking. I kindly request that parents refrain from parking on double yellow lines and corners of local roads, as this poses significant safety risks to both other road users and children walking to school and inconveniences our neighbours.

Lastly, I would like to remind you of the upcoming FTCA AGM scheduled for Thursday 10th October. Currently, only two individuals have indicated their attendance via the Google form. It is crucial to note that a minimum of 12 parents must be present for the AGM to proceed. Without sufficient attendance, and members to parents to join the committee, the FTCA may face operational challenges in the coming year, which ultimately could see it folding. I strongly encourage your participation in this important meeting to support the continued success of our fabulous FTCA.

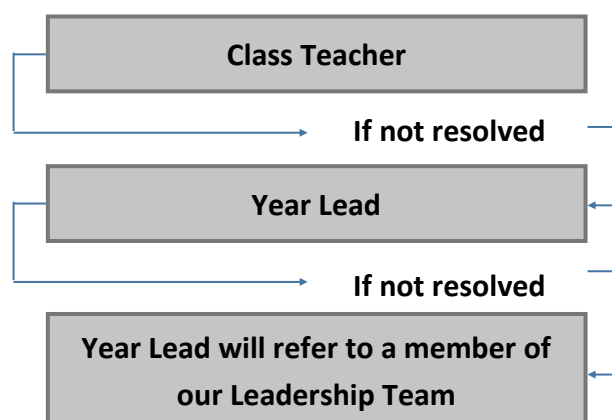
Enjoy the weekend.

*Phil Kyriacou*

**Head Teacher**

## Channels of Communication

If you would like to discuss any issues or concerns in regards to your child, please can we ask you to use the following chain of communication:



## Secondary School Admissions

### Important information – applying for a secondary school place for September 2023

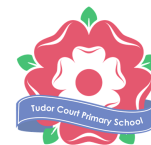
If your child has just started the last year of primary education, you must now apply for a secondary school place.

If your child was born between 1st September 2012 and 31st August 2013, you must apply for a secondary school place for between 1st September and 31st October 2023.

Please click the Apply Online button below to start your application.

[Apply Online](#)

# Congratulations....



## Attendance Trophy Awards

Well done to all of the classes who have won the Attendance Trophy!! Keep up the good work!

### Week Beginning 16th September:

Year	Class	Teacher	%	Wins
R	4	Miss Green	97.9%	1st
1	7	Mrs Waller	99.7%	1st
2	10	Miss Lavinier	98.8%	1st
3	14	Mrs Amin	97.9%	1st
4	17	Miss Goldsmith	98.6%	1st
5	21	Miss Comley	99.7%	1st
6	23	Mrs Freese	100%	1st

### Week Beginning 23rd September July:

Year	Class	Teacher	%	Wins
R	5	Mrs Tedder	98.7%	1st
1	6	Mrs Tedder	98.7%	1st
2	9	Mrs Routley	97.4%	1st
3	14	Mrs Amin	97.2%	2nd
4	16	Mrs Field	99.0%	1st
5	21	Miss Comley	98.6%	2nd
6	23 & 24	Mrs Freese & Miss Kirby	97.3%	2nd 1st



## School Council

On Thursday 19th September, last year's school council members had the opportunity to go on a reward trip to Wagamama in Lakeside.

Wagamama hosted all 28 of the children and they all took part in lots of different activities. The children were given a masterclass on making fresh juice, as well as sampling many from the menu – they even got to design their very own juice using an abundance of ingredients!

Next, they were able to follow a recipe and weigh out their ingredients to make a popular Udon Noodle dish with Tofu, which was then cooked for them by the head chef. They also had the opportunity to try some more obscure items from the menu and discuss the taste and flavours.

All the children (and staff) thoroughly enjoyed themselves. The Wagamama staff were absolutely amazing and were very complimentary on how the children behaved and how engaged they were.

Well done for being a School Councillor in 2023/2024.



**SCHOOL COUNCIL**



## Charlotte G - Class 9

Congratulations to Charlotte for receiving "Cheerleader of the Week" at her Cheer & Gymnastics class.

Her club is hoping to start competing in Cheerleading very soon and we wish Charlotte the very best of luck in all competitions.



## Jordan O - Class 17

Joshua recently competed in a 60 metres running event for under 9's at Lee Valley Athletics Centre and finished in 3rd place which is amazing.

Another highlight from the day was that Jordan got to meet Mo Farah!!



## Emma B - Class 22 and Jack T - Class 21

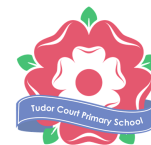
Emma and Jack both became World Champions in Karate in their first ever world championship competition.

Emma received 2 Gold medals, 1 Silver medal and 2 Bronze medals and Jack received 1 Gold medal, 2 Silver Medals and 1 Bronze medals.

Big congratulations to Emma and Jack.



# News & Information....



## Mr Elliot E-Safety Tips

### What Parents need to know about Instagram

Instagram is one of the most well-known social media platforms, frequented by users of all ages all over the world and allowing them to share photos and videos with friends, family and the wider public if they wish. The site has many younger users, allowing people as young as 13 to create an account and engage with its community.

As a popular choice of platform, it is vital that parents understand the risks associated with the app and what can be done to mitigate them. The guide at the end of the Newsletter lets you know about the most prominent safety concerns on Instagram, offering expert advice on how to make young people's experiences on the app as secure as possible.



## We are a Nut-Free School

Here at Tudor Court we have several pupils who have **severe nut allergies**. This means they cannot be in the vicinity of any nuts or products containing nuts as this can have a serious affect on their health, the worse case being death.

Please can we ask parents to be considerate when preparing packed lunches for your children. There should be **NO** products that contain nuts, the most common one being Nutella sandwiches.

Thank you for helping keep our children safe in school.



## We are a Nut-Free School

Here at Tudor Court we have several pupils who have **severe nut allergies**. This means they cannot be in the vicinity of any nuts or products containing nuts as this can have a serious affect on their health, the worse case being death.

Please can we ask parents to be considerate when preparing packed lunches for your children. There should be **NO** products that contain nuts, the most common one being Nutella sandwiches.

Thank you for helping keep our children safe in school.



## The School Day

We have been asked to clarify details of the start of the school day. Please see times listed below:

**School gates open**

**08.30am**

**Classroom doors open**

**8.40am**

**Children registered and ready to learn**

**08.50am**

If you arrive at the school gate after 08.50am, you will be asked to go to the office and sign your child in on our Inventory System. They will then also receive a late mark.

**Arrive to School**

**ON TIME!**





# What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION  
**13+**

follow

WHAT ARE THE RISKS?

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

## ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

## UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

## GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

## INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

## PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

## EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

## Advice for Parents & Educators

### AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

### HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

### MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

### USE MODERATORS

Instagram Live has implemented a mechanic called Moderators, meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

### FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

### BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

## Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/instagram-2022>

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 00.00.2024