

Monday



Chicken Burger in a Bun (G.)

or



(v) (h) Cheese & Onion Flan (D.E.G)

or



(v) Cheese/Beans D.

Tuesday



Cheese & Tomato Pizza (G.D)

or



(v)(h) Garden Vegetable & Bean Stack (G.D)

Wednesday



Roast Chicken Fillet (G)

or



(vg) Quorn Roast, Apple Sauce (G)

Thursday



Chicken & Vegetable Pie (G)

or



(vg) Quorn Dippers in a Wrap with Tomato Salsa (G)

Friday



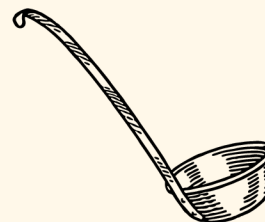
Battered Fish Fillet (F.G)

or



(v)(h) Rainbow Risotto (D)

Jacket Potatoes Every Day



Week 2 Dessert Menu

Monday

(v) Strawberry Whip with Fruit (D)
(vg)(h) Shortbread (G)

Tuesday

(v)(h) Ginger Cookie (G)

Wednesday

(v)(h) Jam Sponge with Custard (D.G.E.)

Thursday

(v)(h) Chocolate Flapjack with Orange Wedge (G)

Friday

(v) Waffle with Fruit (G.E.SB)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Allergen Key

VG-Vegan, V-Vegetarian, ,
H-Homemade, G-Gluten/Wheat,
C-Celery, S-Sesame, F-Fish,
M-Mustard, SU-Sulphites, D-Dairy,
E-Eggs, SB-Soyabean.

