

Keeping people at your event to stay safe during hot weather



As an event organiser you have a responsibility to ensure people are safe which includes from the heat

Severe heat can be dangerous and even prove fatal in some cases.

Individual behaviours can change at an event – people may drink less to avoid using the toilet facilities and/ or save a good position to see the event.

Some people are more vulnerable to hot weather than others. Some of the factors that increase people’s risk include but are not limited to, age, chronic or severe illness, some medications and those who are unable to adapt their behaviour to keep cool.

Be prepared:

To help you prepare for periods of hot weather you should;

Sign up to the Heat – Health Alert System - [Heat-health Alert service - Met Office](#)

If there is increased exposure to heat:

- Provide temporary shaded areas
- Reduce queues as much as possible (eg staggered time of entry and/ or additional staffing
- Change around activities so that less strenuous ones are done on hotter days or avoid strenuous activities altogether
- Ensure that pets and children are not left in cars

Staff and volunteers

- Ensure sufficient staffing and contingency planning.
- Ensure staff/volunteers keep hydrated throughout the day
- Ensure staff/volunteers have adequate sun cream, hats and access to shade
- Ensure staff are adequately trained on signs and symptoms of heat related illnesses (see below)

Inform your audience of the guidance:

- Inform your audience and/or your members of the public about the health risks and possible preventive measures through digital screens/speakers/announcements
- Information to include – the need to stay hydrated, to keep in the shade, to wear sun cream and a hat and to keep a look out for those more vulnerable to the heat and to protect pets

Ensure there is adequate water provision

- Ensure there is additional supplies of drinking water. On hot days it is advisable to provide free drinking water
- Distribute water bottles or temporary water dispensers
- Ensure that there are sufficient cups available at drinking stations, so visitors do not share

Signs and symptoms of heat exhaustion and heatstroke

Please see link: [Heat exhaustion and heatstroke - NHS \(www.nhs.uk\)](#)

If you suspect someone has heat stroke dial 999

Additional resources

[Hot weather and health: guidance and advice - GOV.UK \(www.gov.uk\)](#)