

# YEAR 2 - PSHE/RSHE - CLASS PLAN

AUTUMN

## FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

**Worry  
Anger**

OPTIONAL RESOURCES

Worry Extension  
Anger Extension  
General wellbeing - Simply RSHE  
Respectful, kind relationships - Simply RSHE

## KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

**Tying Shoelaces  
Staying Safe**

OPTIONAL RESOURCES

Tying Shoelaces Extension  
Staying Safe Extension  
Personal safety - Simply RSHE  
Being safe - Simply RSHE

## KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

**Healthy Eating  
Brushing Teeth**

OPTIONAL RESOURCES

Healthy Eating Extension  
Brushing Teeth Extension  
Healthy eating - Simply RSHE  
Health protection and prevention - Simply RSHE

SPRING

## RELATIONSHIPS UNIT

CORE COMPREHENSIVE TOPICS

**Bullying  
Body Language**

OPTIONAL RESOURCES

Bullying Extension  
Body Language Extension  
Respectful, kind relationships - Simply RSHE  
Caring friendships - Simply RSHE

## COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

**Image Sharing  
Computer Safety Documentary**

OPTIONAL RESOURCES

Image Sharing Extension  
Computer Safety Documentary Extension  
Online safety and awareness - Simply RSHE  
Wellbeing online - Simply RSHE

## BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

**Practice Makes Perfect  
Helping Someone In Need**

OPTIONAL RESOURCES

Practice Makes Perfect Extension  
Helping Someone In Need Extension  
General wellbeing - Simply RSHE  
Being safe - Simply RSHE

SUMMER

## OUR WORLD UNIT

CORE COMPREHENSIVE TOPICS

**Living in Our World  
Working in Our World**

OPTIONAL RESOURCES

Living in Our World Extension  
Working in Our World Extension  
NO Simply RSHE Links

## FIRE SAFETY UNIT

CORE COMPREHENSIVE TOPICS

**Petty Arson  
Texting Whilst Driving**

OPTIONAL RESOURCES

Petty Arson Extension  
Texting Whilst Driving Extension  
Personal safety - Simply RSHE

## A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

**Arriving  
Soon**

OPTIONAL RESOURCES

Individual Liberty Extension  
Rule of Law Extension  
Respectful, kind relationships - Simply RSHE