



Prayer at The Sacred Heart

Prayer is an important part of Catholic worship as it provides the opportunity to communicate with God and through this communication, our children develop a strong lasting relationship with Him.

At the Sacred Heart, we will do all we can to encourage your child to develop a special relationship with God. Even very young children have a sense of God, and in teaching children how to pray, we give them a verbal vocabulary to express what they already experience.

We encourage the children to pray to God in a variety of ways, using both formal and informal prayers, reflection and Adoration. To support us in this, it is really important that our children know some Catholic prayers by heart and are able to recite them clearly. The children are taught traditional Catholic prayers in appropriate year groups, building on prayers that they have already learnt in previous years. We learn the prayers both in our dedicated 'Prayer Time' and during the school day or appropriate time of the year.

As parents, you have a very special role to play in developing the prayer life of your child and you can do so much to encourage and lead your child. We hope that as you share these prayers, you enjoy a special closeness with your child and God and that we can support you and your child to grow together in faith.