

# The Friendly FLO's Top Tips

Are you finding home learning a little stressful?



Are you finding it hard to get your child to engage?

Here's a few tips that could help.

1. Take your child for a very short walk before they start their learning (this gives them the sense of walking to school).
2. Get them dressed, they could even wear their school jumper.
3. Short bursts of learning, let them run around the garden in between lessons (like break times).
4. When learning has finished go for another walk or other exercise. (this gives them the sense the learning day is over).
5. Clear the learning away in a cupboard, it won't be a reminder of learning it reverts back to their home.

Most of all remember you are doing a GREAT job, you are not teachers, you are parents!



WELL DONE!

I am always happy to help as your FLO.