

# YEAR 1 - PSHE/RSHE - CLASS PLAN

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| AUTUMN | <p><b>FEELINGS AND EMOTIONS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Jealousy</b></p> <p>OPTIONAL RESOURCES</p> <p>Jealousy Extension<br/>General wellbeing - Simply RSHE</p>             | <p><b>KEEPING/STAYING SAFE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Road Safety</b></p> <p>OPTIONAL RESOURCES</p> <p>Road Safety Extension<br/>Personal Safety - Simply RSHE</p>     | <p><b>KEEPING/STAYING HEALTHY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Washing Hands</b></p> <p>OPTIONAL RESOURCES</p> <p>Washing Hands Extension<br/>Healthy protection and prevention - Simply RSHE</p> |
|        | <p><b>RELATIONSHIPS UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Friendship</b></p> <p>OPTIONAL RESOURCES</p> <p>Friendship Extension<br/>Caring friendships - Simply RSHE</p>                | <p><b>COMPUTER SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Online Bullying</b></p> <p>OPTIONAL RESOURCES</p> <p>Online Bullying Extension<br/>Wellbeing online - Simply RSHE</p> | <p><b>BEING RESPONSIBLE UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Water Spillage</b></p> <p>OPTIONAL RESOURCES</p> <p>Water Spillage Extension<br/>Personal Safety - Simply RSHE</p>                       |
|        | <p><b>OUR WORLD UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Growing In Our World</b></p> <p>OPTIONAL RESOURCES</p> <p>Growing In Our World Extension<br/>Developing bodies - Simply RSHE</p> | <p><b>FIRE SAFETY UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>What I Know Now<br/>Hoax Calling</b></p> <p>OPTIONAL RESOURCES</p> <p>Hoax Calling Extension<br/>Basic first aid - Simply RSHE</p>            | <p><b>A WORLD WITHOUT JUDGEMENT UNIT</b></p> <p>CORE COMPREHENSIVE TOPICS</p> <p><b>Arriving<br/>Soon</b></p> <p>OPTIONAL RESOURCES</p> <p>Democracy Extension<br/>Respectful, kind relationships - Simply RSHE</p>                      |
| SPRING | SUMMER   |   |  |