

## School Newsletter

W/C 2nd March

### Monday 2nd

**Running club Year 4, 5 & 6—Running Club—**  
(Registered runners only)

Year 1 & 2 PSD Multi-Sports (3.15—4.15pm)

Year 3: PSD Football (3.15—4.15pm)

Coding Club: Year 1—Year 6 (3.20—4.15pm)

Musical Theatre Club - KS2 (3.15—4.15pm)

### Tuesday 3rd

**Parental Consultations—Online 3.30-6.20pm**

Year 3,4, 5 & 6 Art Club (3.15—4.15pm)

Year 1, 2 & 3: PSD Girls' Football (3.15pm-4.15pm)

Year 4, 5 & 6: PSD Girls' Football (3.15pm—4.15pm)

Year 5 & 6 PSD Netball (3.15pm-4.15pm)

Irish Dancing: Rec—Year 6(3.15pm—4.10pm)

### Wednesday 4th

**Uxbridge Bunker—6D**

Year 1 & 2: PSD Basketball (3.15-4.15pm)

Year 4: PSD Football (3.15pm-4.15pm)

Rec— year 2: Ballet (3.15-4.15pm)

### Thursday 5th

**Parental Consultations—Online 3.30-6.20pm**

Year 1 & 2: PSD Football (3.15-4.15pm)

Year 3 & 4: PSD Netball (3.15-4.15pm)

Zumba (3.15-4.15pm)

Spanish Club: Year 1—Year 4 (3.15—4.15pm)

Irish Music Lessons: Year 2 (2.45—3.15pm) Year 3 +

(3.15—4pm) Advanced (4pm—4.45pm)

### Friday 6th

**PTA Coffee Morning**

**World Book Day—Children to wear their pyjamas or dress as a character**

Year 3,4,5 & 6 Tennis (8.00-8.45am)

Year 1 & 2 Tennis (3.15-4.15pm)

Year 3 & 4: Multi-Sports (3.15-4.15)

Year 5 & 6: Football (3.15pm-4.15pm)

Year 1 & 2: Tennis (3.15pm-4.15pm)

Rec—Year 6 Street Dance (3.15pm—4.15pm)

**NB. ONLY FRUIT SNACKS PERMITTED FOR ALL CLUBS (NO GRAPES)**



SACRED HEART CATHOLIC PRIMARY SCHOOL

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**Autumn MENU**  
**Week 3**

The special Jubilee Year of St Francis, proclaimed by Pope Leo XIV, was our focus for our whole school collective worship. This year marks the 800th year anniversary of the Saint's death and focuses on peace, care for creation and simplicity. St Francis provides a wonderful example of these.

We also prayed for our new Archbishop of Westminster, Richard Moth, who was installed on February 14th at Westminster Cathedral. We offer prayers as he begins his new ministry. May God bless him abundantly and grant him wisdom, strength, and every success in his guidance and leadership.

We have now entered the season of Lent. Pupils have made their Lenten promises and our wonderful group of Assistant Chaplains have prepared Lenten jars with 40 days of kindness ideas inside and a Lenten prayer card for class prayer tables. We thank them and Mrs Kunjasic for supporting us on our spiritual journey.

Next week we will have Parents' evenings (a reminder these are online). Your child's books will be going home today. We hope you enjoy looking at their progress.

A reminder that next Friday we will be celebrating World Book Day. Book character outfits or pyjamas are welcome.

### **School Development Fund**

We relaunched this just before half term and we would like to thank the **30** families who have contributed so far. If you have not had a chance to make your voluntary contribution yet, please click on the link below. The whole process will take a matter of minutes, but the impact of your contribution will last for many years. We urgently need to carry out work on all our playgrounds - resurfacing, replacing worn equipment and making the environment more stimulating for pupils. We can only do this with your help. Thank you for whatever support you can give.

[Sacred Heart School Development Fund](#)

Wishing you a lovely weekend.  
Miss Morahan and Mrs Stockwell

## NOTICES:

Congratulations to Oliver D—S 6D on his special achievement award.

### Social Media Posts

We have been alerted by the local authority to concerning content and videos currently circulating on TikTok and Snapchat that appear to promote organised confrontations between secondary schools. The content encourages students to engage in physical altercations, with "points" awarded for posting footage involving weapons.

We have been told that this remains an online trend and, at present, there are no reports of any such incidents occurring in the borough of Hillingdon.

Our Years 5 & 6 teachers have spoken with their classes, reminding them (if they walk home alone or with friends or meet their grown-up outside of school) to walk straight home or to go straight to their grown-up. Although this trend focuses on secondary school pupils, we encourage parents of children with permission to walk home to remind their children about being extra-vigilant and ensuring that they follow what you have agreed with them straight after school.

We also suggest that for parents of any children who might (inadvertently) have seen these posts to have an open discussion about how this is an online trend and not something which they should participate in or comment about (online). And, to speak to a trusted adult if they are concerned about any content which they might see online.

Many thanks,

**THANK YOU**



**A massive thank you to everyone who supported our family bingo night! We were delighted with the turnout and the support. Your presence made the night a true success!**

**Stay tuned to the Parish newsletter and website for our next event!**

## PREVIOUS NOTICES:

### Safeguarding at Sacred Heart Catholic Primary School

Safeguarding and Child Protection is of the utmost importance for all of our school community. Through the year, we will share updates, advice and resources with families.

All of our staff have now received updated safeguarding training, including updates from Keeping Children Safe in Education (KCSiE 2025). Safeguarding is an ever-evolving issue and, as such, our safeguarding policy is updated on an annual basis.

Safeguarding is **everyone's responsibility** at Sacred Heart.

Our Safeguarding team are:

Mr D Wright (Designated Safeguarding Lead)

Miss Morahan & Mrs Stockwell (Deputy Designated Safeguarding Leads)

Webinar

For residents of North-West London

# Exploring Resistance & Building Supportive Strategies

## with Emma Hurrell



For parents, carers, professionals and supporters of neurodivergent young people

Join Emma Hurrell, Specialist Autism Training & Content Officer at CAAS, for this ONLINE workshop which will support parents and carers of neurodivergent young people to better understand resistance, PDA, inertia and rejection sensitivity as nervous system responses rather than behaviour problems. Parents will gain insight into autonomy-supportive, practical strategies that reduce anxiety, build momentum and strengthen connection at home.

**When:** Monday 23<sup>rd</sup> March  
6:00 pm - 8:00 pm

**Where:** Online via Zoom



Scan the QR code to register. After registering, you will receive a confirmation email containing information about joining the webinar.

[www.adhdandautism.org](http://www.adhdandautism.org) | Charity Registration No. 1193799

    @ADHDandAutism





SHPTA  
SACRED HEART PTA

# TEA/COFFEE MORNING



COME AND JOIN US FOR TEA,  
COFFEE AND SWEET TREATS!

Friday 6<sup>th</sup> March 2026



# SCHOOL FUNDRAISING

More clothes -  
more funds for  
your organisation.

1 kg = £0.45

YOUR COLLECTION IS  
ARRANGED ON:

**FRIDAY  
13<sup>TH</sup> MARCH 2026**

FILL ANY BAGS WITH CLOTHING AND  
BRING THEM TO SCHOOL/ORGANISATION  
WE WILL COLLECT AND WEIGH THEM

WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

WE DON'T ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvets & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- Workwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

PLEASE NO UNIFORMS & DUVETS!

RAISE MONEY FOR YOUR SCHOOL BY GIVING  
AWAY YOUR UNWANTED CLOTHES



**SACRED HEART PTA**

# **YEAR 1 & 2**

# *Disco*

**Hesdin Hall**

**Church Of The Most Sacred Heart  
Pembroke Road, Ruislip HA4 8NN**

**THURSDAY**

**26th MARCH 2026**

**Year 1: 4:30 - 5:45pm**

**Year 2: 6:00 - 7:15pm**

Tickets on sale on the **PTA Events** website  
from Monday 2<sup>nd</sup> February 2026

# IMPORTANT INFORMATION

## SCHOOL TRAVEL AND ROAD SAFETY



### **School Drop-Off and Pick-Up Safety**

We are continuing to receive an increased number of complaints regarding traffic issues at school pick up and drop off times.

The common factors are:

- poor driver behaviour
- lack of consideration for other road users and pedestrians
- illegal/irresponsible parking

Everyone in the community—children, parents and local residents—deserves a safe environment during school pick-up and drop-off times. When individuals take personal responsibility for their behaviour around the school gates, it helps create a safer, more respectful and secure space for all.

Finding a parking space, navigating busy traffic, and maneuvering around pedestrians can be stressful - and stress increases the risk of collisions. Even small changes can make a big difference. If driving is essential, consider parking a little further away from the school and walking the rest of the journey. This helps ease congestion and creates a safer environment for the entire school community. You may also find that, more often than not, this approach is quicker than trying to manage all the challenges right outside the school gates.

# IMPORTANT INFORMATION



## SCHOOL TRAVEL AND ROAD SAFETY

### How to create a safe environment for pick up and drop off at school

Road traffic laws are not optional they are **legal requirements** to keep all road users safe.

#### Drivers

##### School Keep Clear markings

DO NOT STOP on the yellow zig zags, not even for one second. The markings are placed outside school entrances to keep a clear space for pedestrians to cross the road without obstruction.



##### Letting children out of the car

Do not let children out of the car onto the carriageway. This is extremely dangerous. Always ensure children alight onto the pavement and in a suitable space that does not block pavements, driveways or contravene the road traffic laws.



# IMPORTANT INFORMATION

## SCHOOL TRAVEL AND ROAD SAFETY



### Pavement parking and double yellow lines

Driving along pavements and obstructing the pavement is against the road traffic law. Parking on the pavement obstructs the only safe space that pedestrians can walk. Park with all four wheels on the road. If there is insufficient space on the road to park then you must move until you find an appropriate space. Double yellow lines are put along the carriageway to stop vehicles obstructing the road. Parking on the double yellow lines obstructs the flow of traffic and causes frustrations for other road users



### White zig zags

It is against the road traffic law to stop on the white zig zag markings even for a second. Stopping here carries an immediate three points on your licence and a £100 fine. These markings are found at controlled crossing places to ensure clear unobstructed view of the crossing for the safety of pedestrians.

### Dangerous manoeuvres

Carrying out three point turns and reversing into spaces where children are trying to cross the road puts everyone in danger and creates frustrations for other road users.



# IMPORTANT INFORMATION

## SCHOOL TRAVEL AND ROAD SAFETY



### Pedestrians

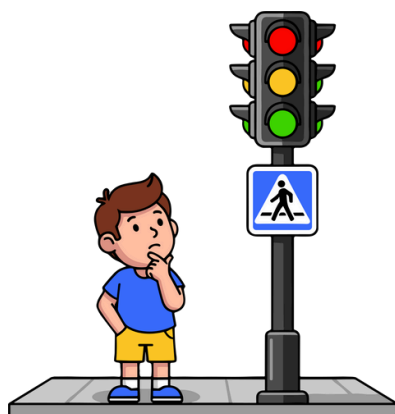
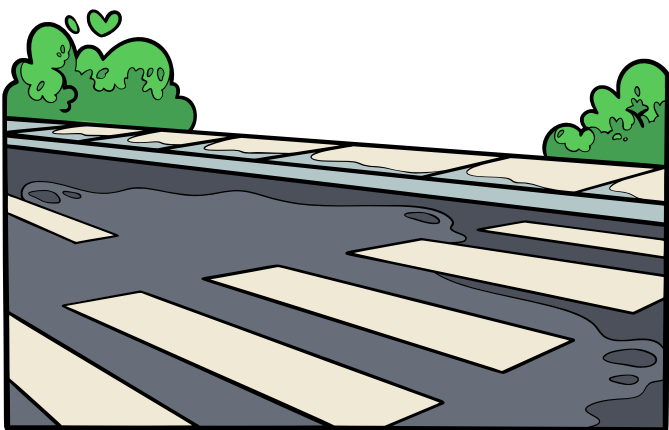
### Road Safety Skills



Using the basic Green Cross Code every time you cross the road and showing your child how to look for a safe place with good observations will keep you and your child safe. Being distracted by mobile phones or choosing unsafe places to cross the road puts yourself and your child in danger. It also teaches your child unsafe practices

### Safer Crossing Points

Teaching your child where and how to cross the road is essential for their safety. Use crossing facilities where possible; zebra crossing, refuge islands, traffic light controlled crossings. Where no crossing point is available find a spot where you have an unobstructed view along the road and stay patient until there is a clear gap in the traffic before stepping onto the road. The School Keep Clear markings are in place to provide a clear space to cross into school.



**By complying to the road traffic laws and the highway code, a safer, calmer environment is created for everyone.**

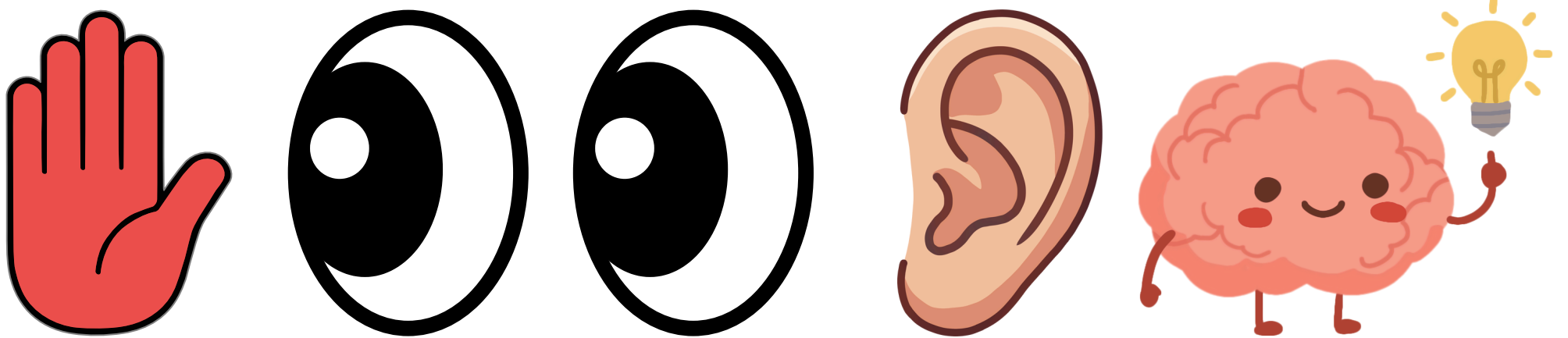
# IMPORTANT INFORMATION



## SCHOOL TRAVEL AND ROAD SAFETY

### Green Cross Code

- Stop: when you approach a crossing, **STOP** before you come to the edge of the pavement
- Look: **LOOK** all around for traffic, as traffic can come from any direction
- Listen: **LISTEN** for vehicles too. You may be able to hear them before you see them
- Think: is there enough time for you to cross the road safely, **THINK** before you do?



For more information on road safety and how to help educate your child, please visit the THINK website via the link below, where you can find further resources and interactive games

Click here  [Tales of the road](#)



# Supporting your child's school attendance

Help shape parent support in Hillingdon

## Parent/carer group discussion

With Danielle, Tanya & Jack from the Hillingdon Educational Psychology Service would like to:

- Hear what has or has not helped
- Share your views on what might be helpful in the future

**First come first serve Scan the QR code to register for a face to face or online session here:**



For further information, please contact

**[educationalpsychologyservice@hillington.gov.uk](mailto:educationalpsychologyservice@hillington.gov.uk)**



HILLINGDON  
LONDON

# Family Hubs and Children's Centres

## SEND Workshops

Workshops for Parents of Children Under 5 with SEND.

### What Do I Do Now?

Has your child recently had an initial or final Autism assessment at the Child Development Centre?

Join our workshop to learn more about Autism and the support available to you and your child.

### SEND Sleep Workshop

Does your child struggle to fall asleep or stay asleep? Come along to understand the reasons behind sleep difficulties and learn helpful strategies.

### SEND Toileting Workshop

Do you need support with toilet training? Join us to learn why toileting can be challenging and explore strategies that can help.

### SEND Toothbrushing Workshop

Does your child find brushing their teeth difficult? Attend our workshop to understand possible reasons and learn strategies to support toothbrushing.

Workshops are available both online and in person.

### To book your place, please call:

South Ruislip Children's Centre - 01895 558860

Charville Children's Centre – 01895 250104

Cherry Lane Children's Centre- 01895 250393



Five to thrive  
champions



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[www.hillingdon.gov.uk](http://www.hillingdon.gov.uk)