

EYFS	KS1	Lower KS2	Upper KS2
• Run • Walk • Jump • Hop • Skip • Partner • Pairs • Equipment • Ball • Beanbag • Cone • Net • Throw • Catch • Roll • Bounce • Hit • Kick • Carry • Space • Looking up • Balance • Move • Speed • Lead • Follow • Copy • Direction • Forwards • Backwards • Stretch • Muscle • Push • Pull • Rules	Games • Throw • Catch • Roll • Bounce • Hit • Kick • Carry • Space • Movement • Tactics • Decide • Rules Athletics • Run • Jump • Speed • Underarm • Overarm • Land Gymnastics • Stretch • Curl • Tense • Relax • Control • Travel • Balance • Perform • Sequence Dance • Move • Copy • Repeat • Perform • Create • Rhythm • Mood • Feeling General • Compare • Feedback • Improvement	Games • Pass • Catch • Shoot • Dribble • Attack • Defend • Control • Space • Awareness • Support • Opposition • Striking • Fielding • Accuracy • Possession • Tactics • Adapt (tactics) • Rules • Forehand • Backhand • Strategy • Umpire / Referee • Technique Athletics • Jog • Sprint • Distance • Jump for height • Jump for distance • Underarm • Overarm • Technique • Accuracy • Stamina • Personal best Gymnastics • Stretch • Curl • Tension • Extension • Balance • Strength • Flexibility • Travel • Performance • Apparatus • Sequence • Adapt (sequences) Dance • Perform • Create • Rhythm • Mood • Feeling • Expression • Motif • Movement phrase OAA • Follow • Route • Risk (manage) • Problem solving • Challenge General • Communicate • Teamwork • Improvement • Compare / Contrast • Feedback	Games • Pass • Catch • Shoot • Dribble • Attack • Defend • Control • Space • Awareness • Support • Opposition • Striking • Fielding • Accuracy • Possession • Tactics • Adapt (tactics) • Rules • Forehand • Backhand • Strategy • Umpire / Referee • Technique Athletics • Jog • Sprint • Distance • Jump for height • Jump for distance • Underarm • Overarm • Technique • Accuracy • Stamina • Personal best • Compete • Pace Gymnastics • Stretch • Curl • Tension • Extension • Balance • Strength • Flexibility • Travel • Performance • Apparatus • Sequence • Adapt (sequences) • Complex (sequence) • Combine • Fluency Dance • Perform • Create • Rhythm • Mood • Feeling • Expression • Motif • Movement phrase • Compose • Fluency • Style • Interpret • Posture • Unison • Canon OAA • Follow • Route • Risk (manage) • Problem solving • Challenge • Location • Navigate • Compass General • Communicate • Teamwork • Improvement • Compare / Contrast • Feedback • Consistent • Leadership

