

Colgate Primary School Midday Meals Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Cheese and Tomato Pizza 2, 4, 7, 13	Beefburger in a roll 2, 13, 14	Chicken Korma 7	Roast Gammon 1	Fish Fingers 2, 5
Non meat course	Cheese and Tomato Pizza 2, 4, 7, 13	Vegetable Burger 2, 13	Vegetable Korma 4, 7	Quorn fillet 1	Fish Fingers 2, 5
Extra choice	Tomato Pasta 2	Cheese & Tomato Pasta 2, 7	Pasta Salad 2, 4	Tuna Pasta Salad 2, 4, 5	Cheesy Spaghetti 2, 7
Carbohydrates	Potato Waffles	Baked Potato Skins	Rice ~ Pitta Bread 2	Roast potatoes ~ Stuffing 2	Chips
Vegetables	Baked Beans	Sweetcorn	Peas	Mixed Vegetables	Peas
Dessert	Fruit Jelly & Ice Cream 7	Angel Delight 7	Iced Sponge 2, 4	Fruit Smoothie	Yoghurt 7
Additional dessert	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)

Please note

All meals are subject to change due to price and availability

Fresh water and milk available daily

Salad Bar/Fresh Fruit/Bread available daily

														
	Celery	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide / Sulphites
Allergen number on Midday Meals Menu	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Breaded Vegetable Fingers 2	Beef Meatballs and Tomato Sauce 2	Chicken Hotdog 2, 7	Roast Chicken 1	Fishcakes 2, 5, 7, 9
Non meat course	Breaded Vegetable Fingers 2	Vegetable Meatballs 2, 4	Vegetable Hotdog 1, 2, 9, 13	Quorn fillet 1	Fishcakes 2, 5, 7, 9
Extra choice	Tomato Pasta 2	Cheese & Tomato Pasta 2, 7	Pasta Salad 2, 4	Salmon Pasta salad 2, 4, 5	Cheesy spaghetti 2, 7
Carbohydrates	Saute Potatoes	Penne Pasta 2	Roll 2, 4, 7	Roast potatoes ~ Stuffing 2	Chips
Vegetables	Spaghetti Hoops 2	Sweet Corn	Mixed Salad	Mixed Vegetables	Peas
Dessert	Pancakes with Fruit and Honey 2, 4, 7	Fruit Cookie 2, 4, 7, 13, 14	Lemon Drizzle 2, 4	Fruit and Ice Cream 7	Yoghurt 7
Additional dessert	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)

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Colgate Primary School Midday Meals Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Macaroni Cheese 1, 2, 4, 7, 9, 13	Oven Baked Sausages 2, 13, 14	Pasta Bolognese 2	Roast Pork 1	Battered Cod 2, 5
Non meat course	Macaroni Cheese 1, 2, 4, 7, 9, 13	Vegetable Sausages 2, 13	Vegetarian Bolognese 2, 4	Quorn fillet 1	Battered Cod 2, 5
Extra choice	Roasted Vegetable Couscous 2, 7	Cheese & Tomato Pasta 2, 7	Jacket Potato with Cheese (7) or Tuna (5)	Tuna Pasta Salad 2, 4, 5	Cheesy Spaghetti 2, 7
Carbohydrates	Mini Hash Brown Bites	Mashed Potatoes	Garlic Bread 2, 7	Roast potatoes ~ Stuffing 2	Chips
Vegetables	Peas	Broccoli	Sweetcorn	Mixed Vegetables	Peas
Dessert	Waffles & Fruit 2, 4, 7, 13	Fruit Shortbread and Juice 2, 7	Chocolate Orange Sponge 2, 4	Fruit Smoothies	Yoghurt 7
Additional dessert	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)	Cheese (7) and Crackers (2)

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Fresh water and milk available daily

Salad Bar/Fresh Fruit/Bread available daily.

														
	Celery	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide / Sulphites
Allergen number on Midday Meals Menu	1	2	3	4	5	6	7	8	9	10	11	12	13	14

