



www.rygoutdoor.co.uk





About us

Originally the village primary school, RYG first became an outdoor centre in the early 70's. The centre was first run by Mid Glamorgan LEA. before being taken on by The Rhos Y Gwaliau Outdoor Education Trust. This Trust worked in conjunction with Berkshire Unitary Authority and later West Berkshire LEA. 15 years ago the centre faced closure and was taken on by staff members to be run as a private business. RYG still supports many Berkshire schools and continues to maintain a very strong educational ethos.

Where are we?





What We Do

We are passionate about outdoor education and what it can give to young people and adults alike.

We celebrate ALL success.
Sometimes the smallest steps are
the biggest!

Our Strengths

- **Staff** - Our instructors and teachers are experienced outdoor practitioners and qualified to a high standard. For them it is a full time career choice and a passion. Children visiting the centre are able to work with the same instructor throughout the course, building a rapport with them. We find this makes teaching more purposeful as activities can be tailored, and challenge or support given more effectively. We see amazing changes in children throughout their stay which make us extremely proud.
- **Quality** – RYG has been awarded The “Gold Standard” in outdoor education. This quality badge is awarded by the AHOEC (Association of Heads of Outdoor Education Centres) as recognition, not only of safety but of the highest quality instruction and provision in terms of the experience offered. This award also encompasses the “Learning Outside the Classroom” quality badge and the “Adventuremark”. RYG has also been inspected and approved by the Adventurous Activities Licensing Authority (AALA).

...and More

- **One school at a time** - We are committed to only having one school stay on site. So you are able to make the place your own, leave your things where you want them Set your own ethos, rules, boundaries etc. It also means we can tailor the course to your groups needs as opposed to a one size fits all approach.
- **The “real” outdoors”** – All of our activities take place off-site. The unique situations that this creates as well as the sense of freedom and adventure really emphasises the development of skills such as independence, self esteem, risk taking, resilience, confidence, perseverance and being part of a team, to list but a few.

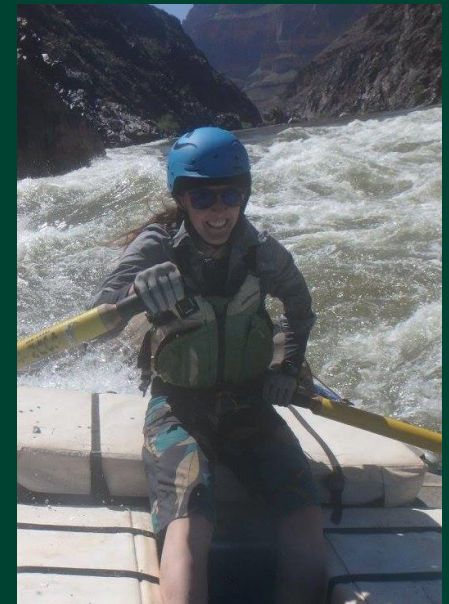
The Staff Team at Rhos



Adam – Full time instructor/Teacher



**Ed Jones
Centre director/
instructor/Teacher**



Evie – Full time Instructor/Teacher



Sarah – Full time instructor/Teacher



Vito - Full time Instructor

Other Members of Our Team...



Lucy – Freelance Instructor



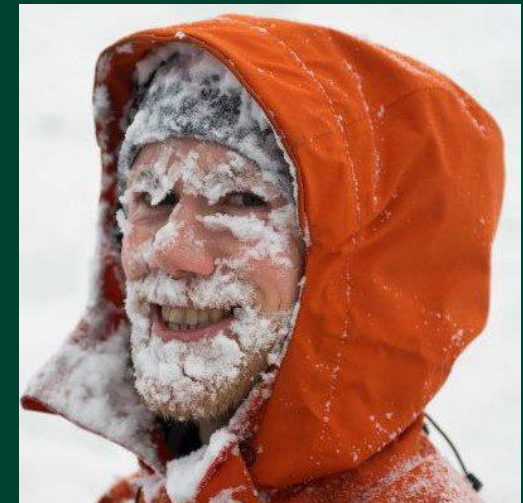
Matt – Freelance Instructor / Technical Expert - Climbing



Paul – Freelance Instructor / Technical expert - Sailing



Tom – Freelance Instructor



Dave – Freelance Instructor

Centre Staff



**Sara – Centre
Manager/Teacher**



Linda - Secretary

Simon – Chef



**Mali – Saturday
Breakfast**



**Emily – Cleaning/
Kitchen**



**Mei – Cleaning/
Kitchen**

Travel



- We work with Tanat Valley Coaches to provide transport to and from Berkshire
- Travel while at the centre is by mini bus
- RYG holds a coach operator's licence and adheres to European driving hours and legislation
- All driving is carried out by PCV and CPC qualified drivers

Healthy Eating



- The centre provides a range of popular, healthy and nutritionally balanced meals.
- We aim to use fresh and locally sourced produce as much as possible.
- We serve a 3 course, home cooked meal every day.
- Lunchbox snacks are freshly baked every day.
- There is always plenty of fruit, which children can help themselves to at any time.
- Special dietary requirements are well catered for.
- The RYG kitchen has continually received top marks for food hygiene.

A Typical Day

- **7.30am Get up, dormitory inspection**
- **8.00am Breakfast / Make packed lunch**
- **9.00am Duties**
- **9.15am Morning meeting**
- **9.30am Activities**
- **4.30pm Showers / Free time**
- **5.30pm Dinner**
- **7.00pm Evening Session**
- **9.00pm Supper**
- **9.00pm Bedtime and lights out**



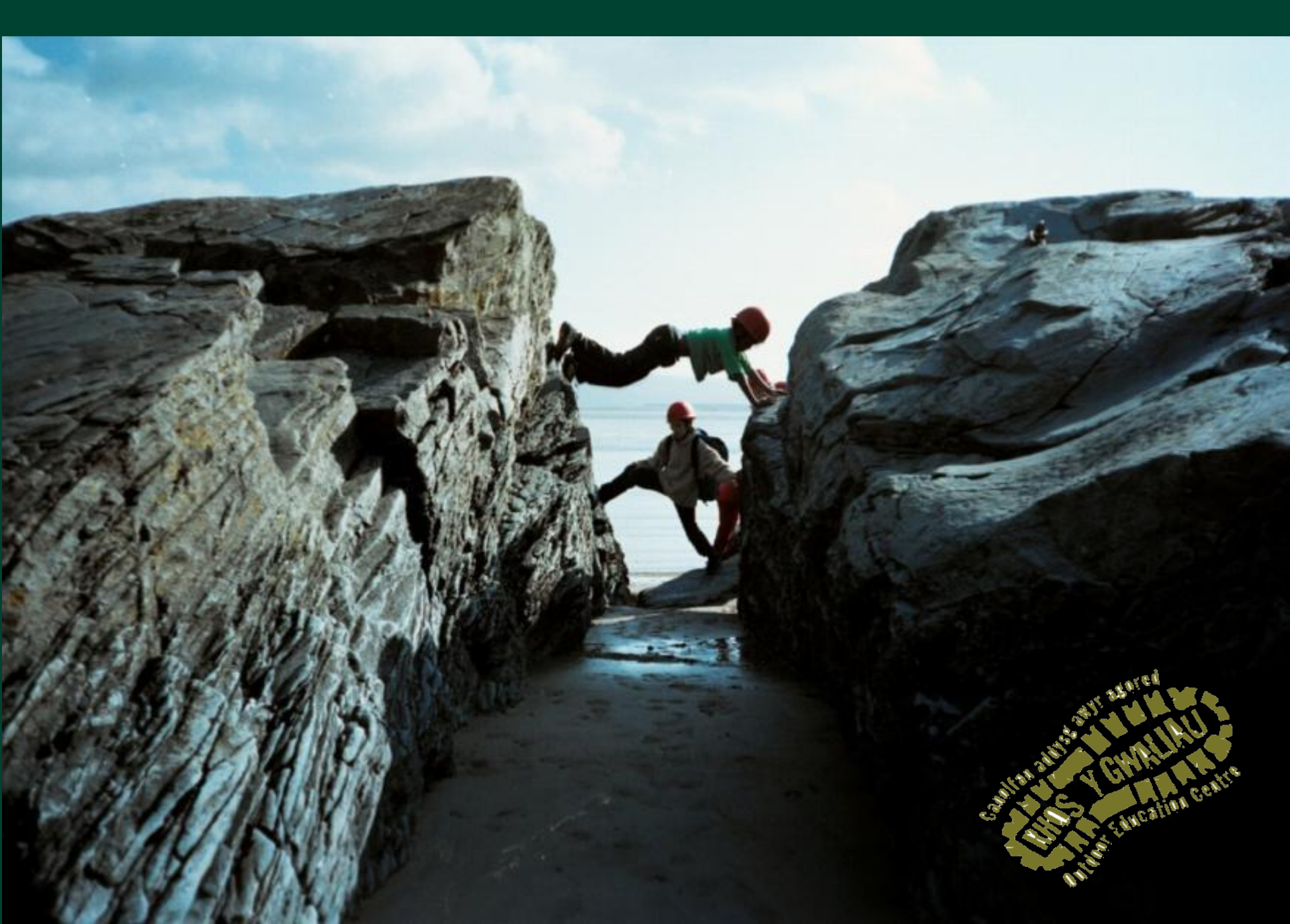
Activities



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YHS Y GWALLAU
Outdoor Education Centre

adysb awyr agored
Y GWALIAU
Outdoor Education Centre





Ganllan yr Ysgol Gynradd
YSGOL Y GWYLLIAU
Outdoor Education Centre

Cannfan addysg awyr agored
RHOS Y GWALIAU
Outdoor Education Centre







Canifan adysys awyr aored
RHOS Y GWALLAU
Outdoor Education Centre





Caniatáu addysg awyr agored
RHOS Y GWALIAU
Outdoor Education Centre



Canolfen adnysys awyr a dŵr
Y GWAIIAU
Outdoor Education Centre

Cannllan addysg awyr agored
RHOS Y GWALIAU
Outdoor Education Centre







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Cantlan addysg awyr agored
YSGYD Y GWALIAU
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Canolfan addysg awyr a broed
Y GWAERDAU
Outdoor Education Centre



Canolfan addysg awyr agored
YHS Y GWALIAU
Outdoor Education Centre



Canolfan addysg awyr a broed
Y GWAIAU
Outdoor Education Centre

Cannllan addysg awyr agored
RHQ'S Y GWALIAU
Outdoor Education Centre



Facilities

















Centre Developments





Just A Few Comments:

“For children like ours, outdoor education and adventurous activities are absolutely vital in enabling them to explore other talents – a chance to “shine” and develop determination, self esteem and team spirit. All of them came away with a great feeling of success, which then impacts on their achievements in school because they are more willing to “have a go” even when they find things difficult.

Bev Revie, Head teacher – *Christ Church School*

Another amazing week is coming to an end. Children and staff met every challenge under the superb guidance of Ed, Matt, Amber, Vito, Sandy, Beth and Nick.

Three birthday cakes on one day were much appreciated. Thanks Simon. Can't wait for next year.....my 17th year !!!!!!! Must say something about this place.

Hazel Browne 2016

Had another tremendous time at Rhos y Gwaliau OEC. Everything was made very easy for us by the staff at the centre. Simon the chef even made me a cake for my birthday! Ed, Matt and Sandy provided first class instruction and company for us during our stay. It was a great week.

Will Alderton, Duke of Edinburgh Sea Kayak Expedition 2016.

RYG consistently delivers first class instruction, great facilities and an outstanding outdoor experience to Year 6 children.

As well as giving children an opportunity to climb a mountain, gorge walk and go underground (among other things), RYG fosters the attitudes all young people need for life, not least courage, resilience, resourcefulness and collaboration.

This is the third school I've visited RYG with - I couldn't imagine our residential trip being anywhere else. The impact is palpable - they simply go home more confident and mature!

Grant Strudley 2016