

## A.P.M.S. P.E. OVERVIEW



	<u>AUTUMN</u>		<u>SPRING</u>	<u>SUMMER</u>	
<u>Year 5 - 2 classes</u>	Evaluating & Improving Core Skills	Gymnastics	Dance	Outdoor Adventurous Activities	Athletics
Y5 Swimming	Term each of Swimming + reward swims + top-up swims Half term each of Invasion Games + Net / Wall Games + Striking and Fielding Games (Class groups)				
<u>Year 6 - 2 classes</u>	Gymnastics		Dance	Athletics	
	Term each of Invasion Games, Net / Wall Games, Striking and Fielding Games (Class groups)				
<u>Year 7 - 3 classes</u>	Gymnastics		Dance	Athletics	
	Term each of Invasion Games, Net / Wall Games, Striking and Fielding Games				

