



# Parent Webinar

Mental Health in Schools Team

## Transition to Secondary School

The Greenwich Mental health Support Team (GMHST) are offering a psychoeducation webinar for parents/carers about supporting children with the transition to secondary school.

The session will explore what to expect during the transition period, sharing practical tips for getting prepared along with strategies to support common worries and misconceptions.

In addition, the session hopes to provide a space for parents/carers to share their experiences with others.

**When?:** On 29.06.2026 at 10-11am and 06.07.2026 at 6-7pm

**Who for?:** *Parents of primary school children in year 6 who are looking for advice around transition and would like helpful strategies around managing big changes and the worries that come alongside*

**Scan the QR code or click on the link to find out more**



[GMHST Webinar -  
Supporting your child's  
transition to secondary  
school Tickets,  
Multiple dates |  
Eventbrite](#)