

Meadow Newsletter

Autumn 1

Welcome

A very warm welcome to a new academic year in The Meadow. For some of you it is "Welcome back!" and for some it is "Welcome and hello!" as you join us for the first time. We hope you had a lovely summer break and we are so excited about the new year ahead.



Over the Rainbow

Throughout this half term, we will be exploring the topic '**Over the Rainbow**', where we will be learning all about colours through a range of fun, practical activities. We will be sharing stories such as *Brown Bear, Brown Bear, What Do You See?* and using these to support our learning through sensory play, songs and creative activities. We will continue to develop our communication, independence and fine motor skills through play-based learning, as well as enjoying our weekly Forest School and PE sessions.

Important information:

Forest School

The children will be partaking in weekly Forest School sessions please make sure your child has a pair of wellies to keep in school.

PE

Children will need their full PE kit in school, as they will be accessing PE every week for this half term with their mainstream class. Please ensure all items are clearly named as well.

Reading books

Your child will bring home a reading book with questions to share. We would love to hear how they are getting on at home with this.

Educational visits

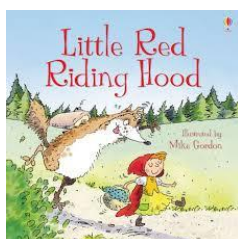
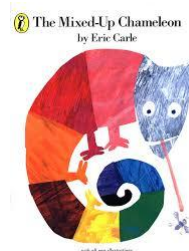
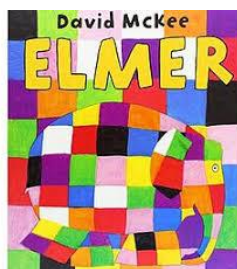
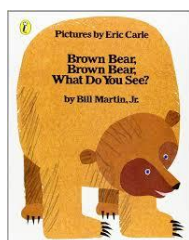
Please check the ReachMoreParents app regularly for updates on educational visits with your child's mainstream class.

How to support your child at home...

Here are some fun activities to support your child's learning about **colours** this half term:

- **Colour matching** – Match objects of the same colour, such as toys, clothes, or household items.
- **Colour exploration** – Explore different coloured objects through play, paint, and sensory activities.
- **Making choices** – Encourage your child to choose between different coloured toys, clothes, or objects using their preferred form of communication.
- **Counting** – Count everyday objects during play and daily routines.
- **Independence skills** – Encourage your child to take part in dressing routines, such as choosing clothes and putting on shoes or coats.

Some of the texts we'll be looking at:



OUR CURRICULUM

Personal, Social and Emotional Development

we will be focusing on getting to know our new friends and building positive relationships through turn-taking games and group activities. We will continue to develop our independence by encouraging the children to make their own choices and complete simple self-help tasks, while also learning to recognise and talk about their own feelings and those of others.

Sensory Story

In our Sensory Story sessions, the children will be exploring our core texts, including *Brown Bear, Brown Bear, What Do You See?*, through a range of exciting props, colourful resources and sensory experiences. These activities will help bring the stories to life while developing the children's communication, attention and engagement.

Fun with Food

This half term, we will be exploring a variety of food textures through sensory play. The children will have opportunities to investigate foods using their hands and simple tools, helping them to become more confident and curious when exploring new textures.

Messy Play

This half term they will be exploring a variety of textures through activities with water, sand, playdough and natural materials. These experiences will help the children become more confident in exploring different textures and smells while developing their curiosity through sensory play.

Busy Hands

The children will be developing their fine motor skills by practising how to move, manipulate, and grip a range of different objects. They will also explore mark making using a variety of materials, helping to strengthen hand control, coordination, and confidence in early writing skills.