

Take and Eat

Take and eat; take and eat:

this is my body given up for you.

Take and drink; take and drink:

this is my blood given up for you.

I am the Word that spoke and light was made;

I am the seed that died to be reborn;

I am the bread that comes from heav'n above;

I am the vine that fills your cup with joy.

Take and eat; take and eat:

this is my body given up for you.

Take and drink; take and drink:

this is my blood given up for you.

Disciples and Jesus only

You are the way that leads the exile home;

You are the truth that sets the captive free;

You are the life that raises up the dead;

You are our peace, true peace your gift to us.

Disciples (x6)

Take and eat; take and eat:

this is my body given up for you.

Take and drink; take and drink:

this is my blood given up for you.

Whole Class

You are the light that came into the world;

You are the light that darkness cannot hide;

You are the morning star that never sets;

Lift up our face, in us your light will shine.

Disciples (x6)

Take and eat; take and eat:

this is my body given up for you.

Take and drink; take and drink:

this is my blood given up for you.

Whole Class