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PSHE, Citizenship and Relationships Education

Dear Parents/Carers,

This September, Relationships Education became statutory in all primary schools. To deliver this effectively, we have implemented a new scheme of work, which combines Relationships, Citizenship and PSHE education, allowing these areas to run alongside each other and intertwine during learning.

PSHE has 3 core themes:-

- Health and Wellbeing - *Nurturing learners to help them develop the knowledge and skills they need for positive mental, emotional, social and physical wellbeing at school, in their everyday lives which will be sustained into adult life.'*
- Living in the Wider World (Including British Values, Citizenship, Economic Wellbeing and aspects of Careers Education) - *They learn skills to develop effective relationships, assume greater personal responsibility and keep themselves safe.*
- Relationships – *To equip children with the understanding, knowledge and life skills they will need to communicate and interact with others effectively. It covers all relationships we, as humans, have with others.*

PSHE education aims to teach children the knowledge and skills they need to stay safe and be happy and healthy, while also preparing them for life, both in the present and future. Importantly, it equips children with the skills they need to live successfully as citizens of the communities to which they belong. PSHE education encourages children to develop positive mental health and emotional wellbeing. This is achieved by empowering them with the knowledge and understanding of why this is important and how it can be achieved. More

information about why PSHE is taught, can be found on our website under 'curriculum' and 'PSHE'.

Relationships education is considered most effective in terms of safeguarding pupils when it is taught as part of a Relationships and Sex Education (RSE) programme. (Please see the document titled 'What will my child learn about Relationships?'). This document gives an overview of the content covered in the Early Years and Key stages 1 and 2. There are, however, elements of sex education that are not included in the statutory guidance and parents will still have the right to request that their child be withdrawn from these lessons. Parents will receive a letter towards the end of Autumn term B, stating these lessons and their content, before they are delivered during Spring term A. Any parents then, wishing to withdraw their child from any or all of these lessons have time to come into school and speak to the class teacher. These children will have separate work to do, outside of the classroom.

Parents do not have the right to request that their child be withdrawn from the relationships education.

As this is a new scheme of work, it will be continuously monitored and reviewed to ensure teachers are happy with the content and it is catering for the needs of every child in school. This may mean that teachers plan and deliver some separate lessons away from this scheme to cover PSHE education that is more catered for the needs of their class at the time.

If you have any questions, please do not hesitate to speak to myself or Mr Skelcher.

Thank you for your continued support,

Miss Johnson