

Relationships and sex education (RSE) statement

At Oaklands, we believe it is vital to teach our pupils to understand the importance of stable and loving relationships, respect, love and care in family life. We strive to provide our pupils with the skills to keep themselves safe, healthy and happy as well as promote positive beliefs, values and attitudes. Our intent is to ensure all our pupils are taught how to be healthy and safe in their lives and the choices they make. Our Relationships and Sex Education and Health Education (RSHE) curriculum aims to help our pupils deal with the real-life issues they face as they grow up. Their learning will support them both online and offline, to make informed choices about their safety, physical and mental health, enabling them to live positive and fulfilled lives.

Our whole school and curriculum provision aim to respond to the diversity of all pupil's cultures, faiths, sexuality and family backgrounds. We will strive to ensure that all pupils are treated fairly, without discrimination or bullying on the grounds of race, religion, colour, language, culture, social circumstances, appearance, sexuality, ability or disability. We teach much of our relationships, sex and health education during bespoke RSHE lessons. Our RSHE curriculum has been developed around three main themes:

- Respectful Relationships
- Feelings & Attitudes
- Families & Growing Up.

We have designed our curriculum content to be age appropriate and adapted for the needs of our pupils. The PSHE Programme and Science National Curriculum are taught in every year group alongside RSHE lessons.

The intended impact of our curriculum is that we prepare students for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgments and behaviour
- Have the confidence and self-esteem to value themselves and others and have the skills to judge what kind of relationship they want
- Understand the consequences of their actions and behave responsibly within sexual and pastoral relationships
- Avoid being exploited or exploiting others or being pressured into unwanted or unprotected sex
- Communicate effectively by developing appropriate terminology for sex and relationship issues
- Develop awareness of their sexuality and understand human sexuality; challenge sexism and prejudice, and promote equality and diversity
- Understand the arguments for delaying sexual activity
- Understand the reasons for having protected sex
- Have sufficient information and skills to protect themselves and, where they have one, their partner from uninvited/unwanted conceptions and sexually transmitted infections including HIV
- Be aware of sources of help and acquire the skills and confidence to access confidential health advice, support and treatment if necessary

- Know how the law applies to sexual relationships

Please see our RSHE policy for more information.