

Sacred Heart Newsletter



— 14th September 2026 —

Monday 14th

Running club Year 5 & 6
(Registered runners only 3.15– 4.15pm)
Year 1: PSD Multi-Sports (3.15–4.15pm)
Year 3: PSD Football (3.15–4.15pm)
Coding Club Year 1,2,3,4,5 & 6
Musical Theatre Club - KS2 (3.15– 4.15pm)

Tuesday 15th

PTA AGM – School Hall 7.30pm

Year 2,3 &4 French Club
Year 2 & 3: PSD Football (3.15-4.15pm)
Year 4, 5 & 6 PSD Netball (3.15-4.15pm)
Irish Dancing: Year 1–Year 6 (3.15–4.10pm)

Wednesday 16th

Year 5 – Outdoor Pedestrian Training

Year 2: PSD Multi-Sports (3;15-4:15pm)
Year 4: PSD Football (3.15-4.15pm)
Year 3,4, 5 & 6 Art Club (3.15– 4.15pm)
Rec– Year 2: Ballet (3.15-4.15pm)

Thursday 17th

Year 1 & 2: PSD Football (3.15-4.15pm)
Year 4,5,6: PSD Multi-Sports (3.15-4.15pm)
Dance Club – Miss S (3.15-4.15pm)
Spanish Club: Year 1– Year 4 (3.15– 4.15pm)
Irish Music Lessons: Year 2 (2.45–3.15pm)
Year 3 + (3.15 –4pm) Advanced (4–4.45pm)

Friday 18th

Year 3,4,5 & 6 Tennis (8.00-8.45am)
Year 1 & 2 Tennis (3.15-4.15pm)
Year 3 & 4: Multi-Sports (3.15-4.15)
Year 5 & 6: Football (3.15-4.15pm)
Rec–Year 6 Street Dance (3.15– 4.15pm)

NB. ONLY FRUIT SNACKS ARE PERMITTED FOR ALL CLUBS (NO GRAPES)

SAFEGUARDING

***If your child is unable to attend a **SH** or **PSD** club, please e-mail clubs@shpsruislip.org ***

Lunch Menu – Week 2

This week at Sacred Heart...

Dear Parents,

It has been lovely to see the children settle into their routines during our first full week back at school.

Thank you to all the parents who were able to attend our Meet the Teacher meetings. We hope you found them useful and informative, and that they gave you a good insight into the year ahead.

The children have been very excited to enjoy the new equipment in our Adventure Playground. This has been made possible through the fantastic fundraising efforts of our PTA, together with the generous support of you, our parents. We have also purchased additional freestanding equipment and building blocks for our younger children to enjoy on their playground. Thank you for your continued support in helping us to provide such wonderful resources for the children.

Our Nursery and Reception children are now settling in beautifully, and we are delighted to welcome them and their families to our school community.

A reminder, please, to use the designated entrance and exit gates for your child's year group. Your support with this is really important as it helps to reduce overcrowding in the Rugby Club car park and prevents bottlenecks around the school grounds. Most importantly, it helps us to keep everyone safe.

Children in Years 3, 4, 5 and 6 should now be walking to their classrooms independently in the mornings. This encourages their independence and helps them to develop the confidence and responsibility they need as they move through the school.

Thank you, as always, for your continued support and cooperation.

We hope you have a lovely weekend.

Miss Morahan and Mrs Stockwell

Reminder : School Closing at 1.30pm on Thursday 12th November for Parental Consultations.

ALLERGIES

As a school, all staff receive annual training in Anaphylaxis and on how to support children with allergies. As parents, we ask that you are mindful about any food which you send in with your child and ask that you **do not** send your child with **any foods containing any form of nuts.**

New Equipment from the PTA



Sacred Heart School Hall Available for Long-Term Let (Weekends)

Sacred Heart School is pleased to offer its spacious school hall for long-term hire to established community groups, clubs, organisations, and activity providers.

The hall is available during term time, with the potential for additional access during school holidays, subject to agreement and school requirements.

The facility is ideal for:

- Sports and fitness classes
- Dance and performing arts groups
- Community organisations
- Educational and enrichment activities
- Youth groups and clubs

We are seeking reliable, long-term tenants who can commit to regular weekly usage and who share our commitment to providing safe and positive activities for the community.

For further information, availability, and hire rates, please contact Helen Wildgust, Business Manager
tel. 01895 633240

Safeguarding at Sacred Heart Catholic Primary School

Safeguarding is everyone's responsibility at Sacred Heart.

The wellbeing of our children is of paramount importance to all staff. Should any person (parent or staff) have a concern regarding a child's wellbeing, please inform one of the school's designated safeguarding team. In cases where school staff have concerns, they have a duty to discuss the issue with Social Services to seek further advice. This is the statutory obligation of all schools.

Our Safeguarding team are:

Mr D Wright (Designated Safeguarding Lead)

Miss Morahan & Mrs Stockwell (Deputy Designated Safeguarding Leads)

Mrs C Wloch (Designated Safeguarding Governor)



AGM MEETING

Parents and Teachers Association (PTA)

Please join us for our Annual General Meeting,
a chance to meet PTA committee members including
school's senior leadership, celebrate what was
achieved last year and help create a plan for 2026/2027.



When: Tuesday 15th September



Time: 7:30pm - 8:30pm



Where: School Hall

Your voice is important!

SACRED HEART/ Y1-Y3

CREATIVE COMPUTING

After School Club

Children will learn coding & computing skills through puzzles, coding challenges, rational thinking and problem solving. They will learn how to break problems into smaller logical steps and build on key concepts.

DATES :

14/09, 21/09, 28/09, 05/10, 12/10, 19/10

TIME :

EVERY MONDAY 15.20 to 16.15

PRICE :

6 WEEKS OF FUN FOR JUST £58.50!

BOOK HERE : <https://portal.jamcoding.franscape.io/class-overview/6414>

Click the link above to view course details OR visit our website and head to the booking tab. Enter your postcode in the locations field and click search to view courses. Then select the school or venue you require.

N.B. You can only attend courses held at the school that your child attends. You can also search by the school postcode.

For more information, contact your Area Manager on:

london.nw@jamcoding.co.uk | 01895590224

WIN A FREE PLACE!

Follow us on social media for the chance to win a free place.



www.jamcoding.co.uk



WEALDSTONE YOUTH FC

SOCCER **SCHOOL**

FOR CHILDREN AGED 4 - 5 (RECEPTION)
2026/2027 SEASON

SCAN TO BOOK!

**SIGN UP NOW AND GET
50% OFF SEPTEMBER**



SATURDAYS | 10AM - 11AM

**SUMMER @WEALDSTONE FC
WINTER @ GOALS RUISLIP**

**FOR ALL ENQUIRIES PLEASE EMAIL
SOCCER.SCHOOL@WEALDSTONEYOUTHFC.CO.UK**



WEALDSTONE YOUTH FC

SEND SOCCER SCHOOL

**FOR CHILDREN WITH SPECIAL
EDUCATIONAL NEEDS AND DISABILITIES**

**ALL PLAYERS ARE SUPPORTED BY OUR
CARING & EXPERIENCED FA QUALIFIED
COACHES**

FOR CHILDREN AGED 4 - 8 (RECEPTION - YEAR 3)

SCAN TO BOOK



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SCHOOL**

FOR CHILDREN AGED 8 - 12 (YEAR 4 - 7)

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