



Abbey Park Schools Federation

Personal Development Overview

Year 4



At Abbey Park Federation pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

Italics = British Values

Bold = Protected Characteristics

PSHE

Personal, Social, Health and Economic Education	To recognise personal qualities and individuality.	To support pupils in identifying positive ways to approach team games.	To understand how feelings change over time.	To describe the male and female body parts and explain what these are for.	To understand how everyday choices can affect the environment.	To learn about risks in everyday situations.
Relationships, sex and health education	To learn what it means to have self-esteem.	To understand how people's behaviour affects themselves and others.	To understand the importance of expressing feelings and how they can be expressed in different ways.	To describe how boys' bodies will change as they go through puberty.	To understand how to show care and concern for animals.	To learn about risk in relation to gambling.
	To develop self-worth by identifying positive things about myself.	To begin to understand the United Nations Convention on the Rights of the Child.	To understand how to respond and manage feelings in different circumstances.	To describe how girls' bodies will change as they go through puberty.	To understand what people, buy can affect others.	To learn about keeping safe near canals and rivers.
	To identify personal goals and suggest actions I can take to achieve them.	To learn about the difference between discrimination and inclusion.	To explore strategies to cope with feelings at times of loss, grief and change.	To describe the feelings that some people experience as they grown up.	To explain some of the ways people can help each other.	To learn about the risk of flooding.
	To understand how to manage when there are set-backs from achieving a goal.		To know how to access advice and support to help			To learn about the safe use of medicines and household Products.
						To learn that caffeine, cigarettes, e-cigarettes/vaping and alcohol can affect people's health



		To recognise when someone is upset, hurt or angry online To explain why people, need to think carefully about how content they post might affect others.	manage their own or others' feelings using Childline.			
Fundamental British Values						
British Values: <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> Protected characteristics: Age Race Religion or belief Disability Sex	Topic – Invaders and Settlers <i>Rule of Law</i> Religion or belief Class text – How to Train Your Dragon <i>Democracy</i> <i>Rule of Law</i> Religion or belief Disability Race	Topic – I'm a Year 4 get me out of here! <i>Mutual Respect</i> Race Class Text – The Woleb <i>Democracy</i> <i>Individual Liberty</i> Age	Topic – Terrible Tudors <i>Rule of Law</i> Religion or belief Sex Class Text – The Woleb <i>Democracy</i> <i>Individual Liberty</i> Age	Topic – Oh I do want to be beside the seaside <i>Mutual Respect</i> Disability Class Text -		
Assemblies (Picture News)						
Enrichment Opportunities and offsite visits						



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Enrichment Opportunities and offsite visits	Into the Film Cinema Visit – visit to Number 8 cinema to watch Asterix		Litter Warriors Workshop – links with looking after the environment		Bellboating regatta	
	Visit to Bishops Wood		Young Voices Concert – Birmingham		Evesham Velodrome – key children	
			Rainforest workshop		Pershore Cricket Club	
			Monk workshop at Pershore Abbey		Visit to Weston-Super-Mare	
			Travelling theatre group – Pantomime		Transition morning	
					Thrills Day	
					Commonwealth Day	
					Interhouse Athletics afternoon	
					Author visit – B.Ware	
	Extra-curricular clubs					
	Young voices	Young voices	Taekwondo	Lego	Music	Music
	Lego	Lego	Netball	Football	Bookie Bounce	Football
	Cooking	Cooking	Cooking	Rainbow room		
	Multi Sports	Multi Sports				
Parental Engagement						
	Harvest Assembly	Christmas Performance at the	Mother’s Day	Music Concert	Father’s Day	Year 4 Leavers Assembly



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		Topic Fair				