

Forest School Planning Binley Wood Primary School

Year 3 – Spring Term 1

Each session is 'true' Forest School, where sessions follow the forest school child led ethos, which sparks impromptu conversations and learning opportunities. Children are encouraged to have imaginative play and practitioners will support any projects and ideas that the children have in the area.

Each lesson, a craft activity is planned and offered to the children depending on the season, natural resources availability and interest.

Having fun during the sessions and getting involved with the children's games is also a big factor as this helps to support their wellbeing and self esteem.

<u>Activities (not in date order)</u>	<u>Skills</u>
Tree and fungus identification	Looked at the identifying features. Holly, silver birch, cherry, oak, alder, jelly ear, turkey tail
Games	Orange, Apple, Banana to help with fire circle safety reinforcing to go around the outside of fire circle. Sticky elbows for recall
Holly ID	Discussed plant adaptations - Why are holly leaves only spiky at the bottom?
Arts and crafts resources	Creativity to make nature art, leaf mobiles or other imaginative art (eg a worm catcher)
Magic Wands/creative play	Creative skills leading to imaginative play
Hammocks	Turn taking, mindfulness, motor skills, reflection
Bird spotting, binoculars	Study birds/species, being able to see further away, feeling of connection
Dens	Using surroundings to build dens/shelters. Use of clips, pegs and mallets, tarpaulins and ropes. Imagination, gross motor skills. Knot skills
Slack line	Balancing, helping each other, gross motor skills, exploration and active challenge, encouragement
Whittling willow people	Discussion around suitable woods to use, safely using tools (potato peeler) - always down and away – links to safe knife use
Impromptu rope swing	Child led and tested. Leave no trace - removed at end of session
Fire	Popcorn on the fire. Fire safety, hygiene, turn taking
Alphabet scavenger hunt	English and writing skills, identifying and naming things in nature, working as a team, group discussions