

Main Menu Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and Basil Pasta Bake	Chicken & Vegetable Stir Fry with Noodles	Roast Chicken Breast with Seasonal Vegetables and Gravy	Golden MSC Fish Fingers	Chicken Curry with Rice and Beans
Vegetarian Option				
Tomato and Basil Pasta Bake	Chinese Vegetable Stir Fry with Noodles	Roast Quorn Fillet served with Seasonal vegetables and Gravy	No Fish Fish Fingers with Chips and Peas	Cauliflower & Chick Pea Curry served with Rice and Beans
Deli Option				
Chicken Mayo Bap	Ham Wrap	Tuna Bap	Cheese Wrap	Cheese Bap
Salad Option				
Ham salad	Cheese salad	Tuna salad	Quorn salad	Chicken salad
Optional side salad				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain
Desert				
Cookies	Mixed Fresh Fruit Salad	Ice Cream Pots	Pip Organic Lolly	Watermelon Smiles
Optional fruit				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
Drinks				
Fresh Drinking Low fat/lactose reduced milk	Fresh Drinking Low fat/lactose reduced milk	Fresh Drinking Low fat/lactose reduced milk	Fresh Drinking Low fat/lactose reduced milk	Fresh Drinking Low fat/lactose reduced milk
KS2 extra items				
Garlic bread	Spring Roll	Yorkshire Pudding	Additional fish finger	Naan Bread

## Main Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese with Salad	Westcountry Sausages and Mash with Seasonal vegetables and Gravy	Roast Chicken Breast with Seasonal Vegetables and Gravy	100% Whole muscle Chicken Goujons served with Chips and Peas	Pasta Bolognese
<b>Vegetarian Option</b>				
Macaroni Cheese with Salad	Veggie Sausages and Mash served with Seasonal Vegetables and Gravy	Roast Quorn Fillet served with Seasonal Vegetables and Gravy	Plant Based Chicken Bites, chips and peas	Pasta Vegetarian Bolognese
<b>Deli Option</b>				
Chicken Mayo Bap	Ham Wrap	Tuna Bap	Cheese Wrap	Cheese Bap
<b>Salad Option</b>				
Ham salad	Cheese salad	Tuna salad	Quorn salad	Chicken salad
<b>Optional side salad</b>				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain
<b>Desert</b>				
Gingerbread Men	Mixed Fresh Fruit Salad	Ice Cream Pots	Mandarin Fruit Jelly	Strawberry Mousse
<b>Optional fruit</b>				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
<b>Drinks</b>				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk
<b>KS2 extra items</b>				
Garlic bread	Additional sausage	Yorkshire Pudding	Additional goujon	Garlic bread

## Dairy Free Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Meatballs in a Tomato Sauce served with Pasta	Chicken & Vegetable Stir Fry with Noodles	Roast Chicken Breast with Seasonal Vegetables and Gravy	Golden MSC Fish Fingers	Chicken Curry with Rice and Beans
Vegetarian Option				
Veggie Meatballs in a Tomato Sauce served with Pasta	Chinese Vegetable Stir Fry with Noodles	Roast Quorn Fillet served with Seasonal vegetables and Gravy	No Fish Fish Fingers with Chips and Peas	Cauliflower & Chick Pea Curry served with Rice and Beans
Deli Option				
DF Chicken Bap	Ham Wrap	DF Tuna Bap	Chicken Wrap	DF Ham Bap
Salad Option				
Ham salad	Chicken salad	Tuna salad	Ham salad	Chicken salad
Optional side salad				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Optional bread				
Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain
Desert				
Alpro Dessert	Mixed Fresh Fruit Salad	Pip Organic Lolly	Watermelon Smiles	Pip Organic Lolly
Optional fruit				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
Drinks				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
Soya Milk	Soya Milk	Soya Milk	Soya Milk	Soya Milk
KS2 extra items				
Garlic Bread	Spring Rolls	Larger portion	Additional fish finger	Larger portion

## Dairy Free Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with Tomato Sauce	Westcountry Sausages and Mash with Seasonal vegetables and Gravy	Roast Chicken Breast with Seasonal Vegetables and Gravy	100% Whole muscle Chicken Goujons served with Chips and Peas	Pasta Bolognaise
Vegetarian Option				
Pasta With Tomato Sauce	Veggie Sausages and Mash served with Seasonal Vegetables and Gravy	Roast Quorn Fillet served with Seasonal Vegetables and Gravy	Plant Based Chicken Bites, chips and peas	Pasta Vegan Bolognaise
Deli Option				
DF Chicken Bap	DF Ham Bap	DF Tuna Bap	DF Chicken Bap	Ham Wrap
Salad Option				
Ham Salad	Chicken salad	Tuna salad	Ham salad	Chicken salad
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Optional side salad				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Optional bread				
Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain
Desert				
Alpro Dessert	Mixed Fresh Fruit Salad	Pip Organic Lolly	Mixed Fresh Fruit Salad	Mandarin Fruit Jelly
Optional fruit				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
Drinks				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
Soya Milk	Soya Milk	Soya Milk	Soya Milk	Soya Milk
KS2 extra items				
Garlic Bread	Additional sausage	Larger Portion	Additional goujon	Garlic Bread

## Gluten Free Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
GF Veggie Meatballs in a Tomato Sauce served with Pasta	GF Chicken & Vegetable Stir Fry	GF Roast Chicken Breast with Seasonal Vegetables and Gravy	GF Golden MSC Fish Fingers with Chips and Peas	GF Chicken Curry with Rice and Beans
Vegetarian Option				
GF Veggie Meatballs in a Tomato Sauce served with Pasta	GF Chinese Vegetable & Quorn Stir Fry	Roast Quorn Fillet served with Seasonal vegetables and Gravy	Gluten Free Vegetable Burger with Chips and Peas	Cauliflower & Chick Pea Curry served with Rice and Beans
Deli Option				
Gluten Free Chicken Mayo Bap	Gluten Free Ham Bap	Gluten Free Tuna Bap	Gluten Free Cheese Bap	Gluten Free Cheese Bap
Salad Option				
Ham salad	Cheese salad	Tuna salad	Quorn salad	Chicken salad
Optional side salad				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Optional bread				
Gluten Free Roll	Gluten Free Roll	Gluten Free Roll	Gluten Free Roll	Gluten Free Roll
Desert				
Ice Cream Pots	Mixed Fresh Fruit Salad	Mango Sorbet	Pip Organic Lolly	Watermelon Smiles
Optional fruit				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
Drinks				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk
KS2 extra items				
Gluten Free Garlic Bread	Larger Portion	Larger Portion	Extra Fishfinger	Extra Rice

## Gluten Free Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Gluten Free Pasta with Tomato Sauce	Gluten Free Sausages and Mash with Seasonal vegetables and Gravy	GF Roast Chicken Breast with Seasonal Vegetables and Gravy	Gluten Free Chicken Goujons served with Chips and Peas	GF Pasta Bolognese
<b>Vegetarian Option</b>				
Gluten Free Pasta with Tomato Sauce	Veggie Sausages and Mash served with Seasonal Vegetables and Gravy	GF Roast Quorn Fillet served with Seasonal Vegetables and Gravy	Gluten Free Vegetable Burger with Chips and Peas	GF Vegan Pasta Bolognese
<b>Deli Option</b>				
Gluten Free Chicken Mayo Bap	Gluten Free Ham Bap	Gluten Free Tuna Bap	Gluten Free Cheese Bap	Gluten Free Cheese Bap
<b>Salad Option</b>				
Ham Salad	Cheese salad	Tuna salad	Quorn Salad	Chicken salad
<b>Optional side salad</b>				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
<b>Optional bread</b>				
Gluten Free Roll	Gluten Free Roll	Gluten Free Roll	Gluten Free Roll	Gluten Free Roll
<b>Desert</b>				
Individual fresh fruit - apple, banana, satsuma	Mixed Fresh Fruit Salad	Mango Sorbet	Fruit Yoghurt	Mandarin Fruit Jelly
<b>Optional fruit</b>				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
<b>Drinks</b>				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk	Low fat/lactose reduced milk
<b>KS2 extra items</b>				
Gluten Free Garlic Bread	Extra Sausage	Larger Portion	Extra Gougon	Gluten Free Garlic Bread

## Vegan Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Meatballs in a Tomato Sauce served with Pasta	Chinese Vegetable & Quorn Fillet Stir Fry	Roast Quorn Fillet served with Seasonal vegetables and Gravy	No Fish Fish Fingers with Chips and Peas	Cauliflower & Chick Pea Curry served with Rice and Beans
<b>Salad Option</b>				
Quorn Fillet salad	Vegan Cheese salad	Vegan Cheese salad	Quorn Fillet salad	Quorn Fillet salad
<b>Optional side salad</b>				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
<b>Optional bread</b>				
Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain
<b>Desert</b>				
Vegan Flapjack	Mixed Fresh Fruit Salad	Alpro Dessert	Pip Organic Lolly	Watermelon Smiles
<b>Optional fruit</b>				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
<b>Drinks</b>				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
soya Milk	soya Milk	soya Milk	soya Milk	soya Milk
<b>KS2 extra items</b>				
Homemade Garlic Bread	Spring roll	Yorkshire Pudding	Extra Finger	Mini Naan

## Vegan Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with Tomato Sauce	Vegan Sausages and Mash served with Seasonal Vegetables and Gravy	Roast Quorn Fillet served with Seasonal Vegetables and Gravy	Plant Based Chicken Bites, chips and Peas	Pasta Vegan Bolognese
Salad Option				
Quorn Fillet salad	Vegan Cheese Salad	Quorn Fillet salad	Quorn Fillet salad	Vegan Cheese Salad
Optional side salad				
Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber	Carrot sticks, tomatoes, sliced pepper, cucumber
Optional bread				
Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain	Multi-wheat or Brown Petit Pain
Desert				
Individual fresh fruit - apple, banana, satsuma	Mango Sorbet	Alpro Dessert	Vegan Flapjack	Mandarin Fruit Jelly
Optional fruit				
Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma	Individual fresh fruit - apple, banana, satsuma
Drinks				
Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water	Fresh Drinking Water
Soya Milk	Soya Milk	Soya Milk	Soya Milk	Soya Milk
KS2 extra items				
Homemade Garlic Bread	Extra Sausage	Yorkshire Pudding	Extra Bites	Homemade Garlic Bread