



# Abbey Park Schools Federation

## Personal Development Overview

### Year 6

At Abbey Park Primary School pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

*Italics* = British Values

**Bold** = Protected Characteristics

#### PSHE

Personal, Social, Health and Economic Education  Relationships, sex and health education  <b>Protected characteristics:</b> Age Race	Zones of regulation  Understanding of how mental and physical health are linked  The importance of positive friendships  Understanding that choices support a	Keeping safe around bonfires  Managing the risks of medicines  Managing the risks of legal and illegal drugs  Managing influences and peer pressure	How does media influence our ideas?  Using social media responsibly to protect the health, wellbeing and rights of all  How can text and images be manipulated or invented and	How the media play a powerful role in shaping ideas about girls and boys  Age rating systems for films and other media  What to do in risky everyday situations	People have different kinds of relationships in their lives, including romantic or intimate relationships  People who are attracted to and love each other can be of any gender, ethnicity or faith; the way	How puberty relates to growing from childhood to adulthood  The reproductive organs and process - how babies are conceived and born and how they need to be cared for  <b>Sex</b>
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Religion or belief Disability Sex	healthy balanced lifestyle  The importance of dental health routines  The importance of good sleep	Understanding of mental health and keeping well	strategies to recognise this  How to evaluate the reliability of online content and recognise unsafe or suspicious content	Risks associated with gambling	couples care for one another  <b>Race</b>  Adults can choose to be part of a committed relationship or not, including marriage or civil partnership  <b>Religion or belief</b>	Growing up and becoming more independent comes with increased opportunities and responsibilities  How friendships may change as they grow and how to manage this  How to manage change, including moving to year 7
Fundamental British Values						
<b>British Values:</b> Democracy Rule of Law Individual Liberty	Topic - Ancient Greece Democracy Rule of Law	Topic - The Victorians Democracy Rule of Law	Topic - Savage Earth Individual Liberty Disability	Topic - Driving to be Green Democracy Rule of Law	Topic - Passport to the World Democracy Rule of Law	Topic - Passport to the World Democracy Rule of Law



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<p><i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Protected characteristics: Age Race Religion or belief Disability Sex</p>	<p><i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Age Race</p> <p>Literacy Tree Texts - The Lights that Dance in the Night, The invention of Hugo Cabret, A World Full of Journeys and Migrations</p> <p><i>Individual Liberty</i> <i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Race</p>	<p><i>Individual Liberty</i> Age Religion or belief Sex</p> <p>Literacy Tree Texts - Can we Save the Tiger? The Last Bear, The Little Match Girl Strikes Back, Darwin's Voyage of Discovery</p> <p><i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Age</p>	<p>Literacy Tree Texts - Suffragette: The Battle for Equality, Resist, Beetle Boy, Politics for Beginners</p> <p><i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Age Race Religion or belief Disability Sex</p>	<p><i>Individual Liberty</i> <i>Mutual Respect</i> Age Race</p> <p>Literacy Tree Texts - Boy in the Tower, Caged Bird, The Three Little Pigs Project, The Wolves of Willoughby Chase</p> <p><i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Religion or belief Disability</p>	<p><i>Individual Liberty</i> <i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Age Race Religion or belief Disability Sex</p> <p>Literacy Tree Texts - Grimm Tales for Young for Young and Old, Rain Player, The Explorer</p> <p><i>Rule of Law</i> <i>Individual Liberty</i> Religion or belief</p>	<p><i>Individual Liberty</i> <i>Mutual Respect</i> Tolerance of those with different faiths and beliefs</p> <p>Age Race Religion or belief Disability Sex</p> <p>Literacy Tree Texts - The Unforgotten Coat, Night Mail, Poetry for Young People: Langston Hughes, Incredible Journeys</p> <p><i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i></p>
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	Religion or belief	Sex Disability		Race		Tolerance of those with different faiths and beliefs Age Race Religion or belief
Assemblies (Picture News)						
	<p>What do you think makes something a wonder of the world? <i>Democracy</i> <i>Religion or belief</i></p> <p>Why do we vote? <i>Democracy</i> <i>Age</i></p> <p>Can sport bring people closer together? <i>Individual Liberty</i></p>	<p>What are the qualities that make a good leader? <i>Democracy</i> <i>Sex</i></p> <p>How can our hopes and dreams help us to succeed? <i>Individual Liberty</i> <i>Age</i></p> <p>What impact can bullying have on a community?</p>	<p>Is it our responsibility to protect local wildlife? <i>Rule of Law</i> <i>Race</i></p> <p>Should you be allowed to build homes anywhere? <i>Democracy</i> <i>Age</i></p> <p>Who should be involved in key</p>	<p>Why do we judge people based on their appearance? <i>Mutual Respect and Tolerance</i> <i>Sex</i></p> <p>Is it important to feel proud of where you come from? <i>Mutual Respect and Tolerance</i> <i>Race</i></p>	<p>Should music be part of every school day? <i>Democracy</i> <i>Disability</i></p> <p>Whose job is it to keep our local places clean and tidy? <i>Mutual Respect</i> <i>Sex</i></p> <p>What makes somewhere special to visit? <i>Individual Liberty</i></p>	<p>What are some special or meaningful ways to remember someone? <i>Democracy</i> <i>Religion or Belief</i></p> <p>How does it feel to be the first to do something? <i>Individual Liberty</i> <i>Sex</i></p>



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	<p><b>Disability</b></p> <p>What can we learn from people who prove others wrong?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><b>Disability</b></p> <p>Should everyone have an identity card?</p> <p><i>Rule of Law</i></p> <p><b>Race</b></p>	<p><i>Mutual Respect and Tolerance</i></p> <p><b>All</b></p> <p>Why is discovery important?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><b>Race</b></p> <p>How can we raise awareness of important issues?</p> <p><i>Democracy</i></p> <p><b>Religion or Belief</b></p> <p>What does it mean to feel included?</p> <p><i>Individual Liberty</i></p> <p><b>Disability</b></p>	<p>decisions for the world?</p> <p><i>Democracy</i></p> <p><b>Race</b></p> <p>Do you need to feel under pressure to achieve great things?</p> <p><i>Individual Liberty</i></p> <p><b>Age</b></p> <p>Should we be allowed to travel anywhere we like?</p> <p><i>Mutual Respect &amp; Tolerance</i></p> <p><b>Religion or Belief</b></p>	<p>How can we make connections with others?</p> <p><i>Individual Liberty</i></p> <p><b>Religion or Belief</b></p> <p>Is it important to have a morning routine?</p> <p><i>Rule of Law</i></p> <p><b>Age</b></p> <p>Do world leaders have a duty to help other countries?</p> <p><i>Democracy</i></p> <p><b>Race</b></p> <p>Should stadiums be used for more than just football?</p> <p><i>Democracy</i></p> <p><b>Sex</b></p>	<p><b>Disability</b></p> <p>What everyday items could be changed to help others?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><b>Age</b></p> <p>Can donating something important be a powerful way to show you care?</p> <p><i>Individual Liberty</i></p> <p><b>Religion or Belief</b></p> <p>What do animals need to be happy and healthy in zoos?</p> <p><i>Rule of Law</i></p> <p><b>Disability</b></p> <p>What can we learn from people who communicate in different ways?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><b>Disability</b></p> <p>Why do people explore the past?</p> <p><i>Individual Liberty</i></p> <p><b>Race</b></p> <p>What makes somewhere a good place to live?</p>
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						<i>Mutual Respect and Tolerance Race</i>
Enrichment Opportunities and offsite visits						
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					Commonwealth Day	
					Interhouse Athletics afternoon	
Extra-curricular clubs						
	<u>PE:</u> Football (G&B)  <u>Alternative</u> Cookery (G&B)	<u>PE:</u> Football (G&B)  <u>Alternative</u> Cookery (G&B)	<u>PE:</u> Dodgeball  <u>Alternative:</u> Rainbow Room	<u>PE:</u> Boogie Bounce  <u>PE:</u> Boogie Bounce	<u>Alternative:</u> Cooking	<u>PE:</u> Dodgeball  <u>Alternative:</u> Cooking  <u>PE:</u> Boogie Bounce
Parental Engagement						
	Parents Evening  Harvest Service (in school)	Christmas Service at the Abbey		Y5,6,7 - Dance performance	Parents Evening  Noah and Chloe performed in a music concert	



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