

Monday



Beef Bolognese (G.D)

or



(vg) Garden Vegetable Fingers (G)

or

Jacket Potatoes Every Day



(v) Cheese/Beans D.

or

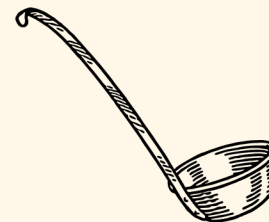


(v) Cheese D.

or



Tuna Mayonnaise F.E.



Tuesday



(v) Rustic Pizza (G.D.SB)

or



(v) Sweet Potato & Lentil Curry (D)

Wednesday



Roast Chicken Fillet (G)

or



(VG) Vegan 'Meat' Loaf

Thursday



Pork Meatballs in Tomato Sauce (G)

or



(v) Pastry Crown (G.E.D)

Friday



Fish Fillet Fingers (F.G)

or



(v) Golden Macaroni Cheese (D.G)

Week 3 Dessert Menu

Monday

(v)(h) Zesty Orange Cookie (G)

Tuesday

(v)(h) Vanilla Cookie with Fruit Slice (G)

Wednesday

(v)(h) Syrup Sponge with Custard (D.G.E.)

(v) Frozen Swirl Mousse (D)

Thursday

(v)(h) Winter Berry Muffin (D.G.E)

(VG) Jelly with Fruit

Friday

(v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Allergen Key

VG-Vegan, V-Vegetarian, H-Homemade, G-Gluten/Wheat, C-Celery, S-Sesame, F-Fish, M-Mustard, SU-Sulphites, D-Dairy, E-Eggs, SB-Soyabean.

