

PSHRE Curriculum Map

NURSERY			Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Bourton Meadow Nursery		Self-Regulation Children will separate from main carer to come into nursery.	Self-Regulation Begins to Show interest in the lives of people who are familiar to them	Self-Regulation Children will become confident with visitors in nursery.	Self-Regulation Takes practical action to reduce risk, showing their understanding that equipment and tools can be used safely	Self-Regulation Children will show confidence walking around our local area.	Self-Regulation Shows confidence & self-esteem through being outgoing towards people, taking risks & trying new things or social situations & being able to express their needs & asks adults for help

PSHRE Curriculum Map

Personal, Social and Emotional		Development Matters (3- years 4)	Managing Self Theme: Marvellous Me Theme: Growing together Children will know the expectations and routine of the nursery day Know everyone has the right to play & learn Children will know to wash and dry their hands before eating and after using the toilet	Managing Self Theme: Colour & Light Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family	Managing Self Theme: Around the World Know how to behave in different settings	Managing Self Theme: Fantastic Food and Keeping Healthy Make healthy choices about food, drink and activity Know that I grow and change	Managing Self Theme: Our Local Area Theme: People who help us & Superheroes Children will know to brush their teeth to be healthy. Know how it feels to belong to a community	Managing Self Theme: Transitions – starting school and leaving friends Children will know how to independently use the toilet. Talk about their feelings using words like ‘happy’, ‘sad’, ‘angry’ or ‘worried’ Understand gradually how others might be feeling.
			Building Relationships	Building Relationships	Building Relationships	Building Relationships	Building Relationships	Building Relationships

			Children will know how to play alongside each other	Play with one or more children, extending play experiences	Children will share resources and play in a group	Children will take turns whilst playing and waiting patiently to have a go.	Children will consider the feelings of others in stories or small group discussions/play	Children will know how to listen to a friend and agree a compromise.
--	--	--	---	--	---	---	--	--

PSHRE Curriculum Map

	Observational Checkpoint: Can children share and take turns with others, with adult guidance and understanding 'yours' and 'mine'? Can children settle at activities for a while? Can children play alongside others? Can children take part in pretend play, taking on a role such as Mummy or Daddy? Can children take part in pretend play with different roles such as the Gruffalo? Can children negotiate solutions to conflicts in their play?							

Reception	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
-----------	----------	----------	----------	----------	----------	----------

PSHRE Curriculum Map

Personal, Social and Emotional	Bourton Meadow Reception	Development Matters (3- years 4	Being in my world Developing relationships Understanding feelings Managing behaviour, using gentle words and hands	Celebrating differences Uniqueness – what makes me special Families and homes Making friends Anti-bullying week	Dreams and goals Never giving up Goal setting Overcoming obstacles Internet safety day	Relationships Making friends Dealing with falling out Being a good friend	Healthy me My body and exercise Food and teeth cleaning Sleep Stranger Danger Health Week	Transition Changes Coping with change Identifying emotions and introducing strategies
--------------------------------	--------------------------	---------------------------------	--	--	---	---	---	--

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
--	----------	----------	----------	----------	----------	----------

PSHRE Curriculum Map

Year 1	Curiosity Health and wellbeing. ☐ Friends and family	Compassion Living in a wider world. ☐ Keeping safe	Respect Living in wider world. ☐ Unique and differences	Independence Health and Wellbeing. ☐ How we have changed	Resilience Feeling and emotions. ☐ Feeling reactions	Integrity Feelings and emotions. ☐ What is fair	2 weeks Transition. Focus on values gaps and emotional regulation around change
Year 2	Respect Living in the wider world ☐ Respecting our differences	Independence Health and Wellbeing ☐ Physical health	Integrity Health and wellbeing ☐ Identifying risks	Curiosity Living in the wider world ☐ Different jobs and money	Resilience Feelings and emotions ☐ Good and bad feelings.	Compassion Feelings and emotions ☐ Resolving differences	2 weeks Transition. Focus on values gaps and emotional regulation around change

PSHRE Curriculum Map

--	--	--	--	--	--	--	--

Year 3	Curiosity Living in the wider world. ☐ Conflicting emotions	Compassion Feelings and emotions. ☐ Positive and negative effects on wellbeing	Respect Health and wellbeing ☐ Balance in life	Independence Feelings and emotions ☐ Controlling emotions	Resilience Living in the wider world ☐ Our strengths and weaknesses	Integrity Health and wellbeing ☐ Protecting our bodies	2 weeks Transition. Focus on values gaps and emotional regulation around change
--------	---	--	--	---	---	--	---

PSHRE Curriculum Map

Year 4	Curiosity	Integrity	Respect	Independence	Resilience	Compassion	2 weeks Transition. Focus on values gaps and emotional regulation around change
	<i>Health and wellbeing</i> ☐ Risk and assess	Feelings and emotions ☐ Independence in keeping safe.	Living in the wider world ☐ Equality and religion	Feelings and emotions ☐ Goals and setbacks.	Living in the wider world ☐ Express yourself	Health and wellbeing ☐ Change in our bodies (Medway Lessons)	
Year 5	Curiosity	Compassion	Respect	Integrity	Independence	Resilience	2 weeks Transition. Focus on values gaps and emotional regulation around change
	Living in the wider world ☐ Social media and risks	Health and wellbeing ☐ Personal identity.	Feelings and emotions ☐ Loving relationship	Living in the wider world ☐ Careers and spending	Health and wellbeing ☐ Substances	Feelings and emotions ☐ Changing and growing (Medway Lessons)	

PSHRE Curriculum Map

Year 6	Resilience Health and wellbeing ☐ Mental health	Independence Health and wellbeing ☐ Increasing independence	<i>Integrity</i> Living in the wider world ☐ Social media	Curiosity Living in the wider world ☐ Social media	Respect and Compassion Feelings and emotions ☐ Relationships and puberty	2 weeks Transition. Focus on values gaps and emotional regulation around change
--------	---	---	---	--	--	--

PSHRE Curriculum Map

--	--	--	--	--	--	--