



## PSHE: Intent, Implementation & Impact

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### Curriculum Intent

At Maulden Lower School, in their PSHE lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.

### Curriculum Implementation

At Maulden Lower School we use the Twinkl Life's PSHE scheme of work which is delivered weekly through Years 1 -4. In the Early Years the ELG's for Personal, Social and Emotional Development Self-Regulation, Building Relationships and Managing Self are covered each half term.

The Twinkl Life Scheme consists of six lessons per theme and is taught in a spiral curriculum that revisits each theme every two years. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Lessons also signpost key words, building a rich vocabulary to develop understanding.

Twinkl Life's PSHE units are delivered in a creative manner, using many approaches such as role play, discussion and games with groups of various sizes. These activities enable children to build confidence and resilience. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon their learning. We also provide PSHE opportunities for learning to be consolidated and extended at home and these are featured on our homework menus.

Children are introduced to British Values in lots of ways. They use democracy in choosing, for example, encouraging the children to use a voting system in the class to decide which reward they would like when they have achieved all their values tokens. Children are also introduced to individual liberty throughout PSHE using the Twinkl Life scheme to develop an understanding of their rights. Children learn more about tolerance of other faiths and begin to look deeper into different faiths. Children are constantly developing their mutual respect through interactions with adults and children. Children are introduced to the school behaviour system from the start of

school, so they develop an awareness of right and wrong, allowing children to learn about the rule of law.

## Curriculum Impact

Twinkl Life's PSHE scheme of work provides schools with an effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part.

Twinkl Life's PSHE scheme of work supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them. Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem.

Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face. The Twinkl Life PSHE and Citizenship scheme of work is used as a whole-school approach to positively impact wellbeing, safeguarding and SMSC outcomes. This ensures that all children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.