

Blackawton Primary School

NEWSLETTER



Creative - Confident - Caring

Friday 21st November 2025

Dear Parent and Carers,

As we head deeper into the winter months, it seems as though every cough, cold, sniffle and mystery bug is determined to make its way through our community! We completely understand that this time of year can be challenging for families — the darker mornings don't help, and sometimes it feels like just making it out the front door deserves a medal.

With that said, we wanted to take a moment to highlight the importance of good attendance wherever possible. Every single day in school really does count. When children are present consistently, they're able to build strong learning habits, keep pace with the curriculum, and feel confident in what they are doing. Just as importantly, regular attendance helps them stay connected socially — friendships, routines, classroom belonging and that sense of being part of something all grow with being here each day.

Of course, there will always be times when children are genuinely too unwell to attend, and rest and recovery are absolutely the right priority. We trust you to make those judgements, and we know families are doing their very best during a season when bugs seem to circulate faster than Christmas cards! However, we do sometimes see children missing school when they could still attend, and even small dips in attendance can add up over weeks and months. Coming to school even on less-than-energetic days helps children maintain momentum, prevents gaps from widening, and keeps them engaged with their learning and peers. We are always here to support you in making those decisions.

If you are ever unsure whether your child is well enough for school, please do reach out — a quick call to the office can help guide you. Likewise, if you're finding attendance tricky for any reason (health, anxiety, mornings feeling overwhelming, or anything else at all), please talk to us. We will always listen, and we're here to help find solutions that work for your child and your family.

Thank you for everything you do — Your partnership makes such a difference.

Best wishes,

Liam Fielding and Charlotte Buckle
Headteacher Deputy Head



We educate children so they can lead great lives

Attendance to date	
Class 1	95%
Class 2	96%
Class 3	96%
Class 4	95%
Class 5	89%
National expectation	96%





Tuesday 25 November 2025	'Secondary school life' talk to Yr6
25, 26, 27 November 2025	Parents evening
Monday 8 December 2025	Wreath making evening (book your place via fobs.org.uk)
Monday 1 December 2025	INSET day (non-pupil day for whole school & Nursery)
Tuesday 9 December 2025	EYFS Christmas trip (please pay via fobs.org.uk)
Wednesday 10 December 2025	Whole school Christmas lunch
Wednesday 10 December 2025	Parent / Carer forum, 5:30pm
Thursday 11 December 2025	EYFS Christmas fun run
Friday 12 December 2025	Cake sale (Yellow House)
Tuesday 16 December 2025	Nursery and Reception nativity in the church, 2:15 to 3pm
Wednesday 17 December 2025	Panto trip (Yr1 to Yr6) (please pay via fobs.org.uk)
Thursday 18 December 2025	EYFS Christmas party
Thursday 18 December 2025	Open classroom, 2:30 to 3pm
Thursday 18 December 2025	Class 2, 3, 4 and 5 Candlelit Service in the church, 6pm (meet in school hall from 5:30pm, details tbc)
Friday 19 December 2025	Last day of term
Monday 5 January 2026	Back to school

Please note: new dates could be added after this version of the calendar is published and all dates are subject to cancellation / change.



CLASS 'SNAPPY' NEWS

“Blackawton explorers”

Nursery

This week we stepped into the world of Goldilocks and the three bears. The children loved exploring the story through lots of activities. We had great fun measuring, mixing and tasting our own porridge. The children created fabulous bear artwork and had fun playing in the messy oats and dressing up as bears and goldilocks, acting out the story.



Class 1

Class 1 had some special visitors on Thursday this week. Lucas and Reuben bought their quail chicks to school for the day and we enjoyed watching them eat, drink, scratch and snuggle under their heat lamp.



Class 2

Class 2 have been comparing in both English and maths.

In English we have written comparative sentences about the past and now.

In Maths we have been comparing numbers within 100 and ordering them. We have used compass points for cardinal directions and have developed ball control in netball and tag rugby.

Class 3

We have been learning about understanding our emotions and recognising the “inner animal” that represents how we feel and react. Whether our inner animal is calm like a tortoise or ready to roar like a tiger, we have been practising strategies to keep it steady and under control. Through discussion, role-play, and calming techniques such as deep breathing and positive self-talk, we are learning how to respond thoughtfully rather than react quickly. These skills are helping us become more confident, respectful, and resilient learners.

In PE, we have been exploring different positions in netball. We now understand the roles and areas of movement for positions. Working as a team to pass, intercept, and move into space has helped us build cooperation and tactical thinking. We are looking forward to putting our new skills into action in full games soon. It has been a busy and exciting week, and the progress the children are making—both academically and emotionally—is wonderful to see. We are proud of their effort, reflection, and enthusiasm for learning.

Class 4

Class 4 had a really fabulous day in London this week, packed with fun, curiosity and plenty of shared smiles.

The children loved exploring the Tower of London, spotting famous landmarks from the river during our boat trip and chatting together over breakfast on the train. Even the very *squished* tube journey turned into a moment of giggles and teamwork.

It was one of those days where you could really see the class supporting one another, strengthening friendships and creating memories we'll treasure for a long time.

Class 5

Class 5 have had the best week!

We started with a long walk to Washwalk farm. This was the second visit and was full of learning and fun once again. The children made soup from vegetables they harvested. They also lit fires and made their own charcoal. In the afternoon, they made Cob bricks and tried to build the tallest tower. It was muddy! On Tuesday, we had an amazing adventure to London and back. The children were an absolute delight to spend time with and we enjoyed learning about crime and punishment at The Tower of London. We discovered that the moat was used to grow vegetables during the war. After hopping aboard the Thames Clipper, seeing the sites and visiting the Leake Street Graffiti Tunnels, we were well and truly shattered.



In Other News

Forest School News

From Bug Hunts to Bread on the Fire – Forest School News

One of the joys of learning outdoors is embracing whatever the seasons bring, and this week certainly offered us plenty to explore. Our youngest adventurers set off on a bug hunt, discovering how many minibeasts slip into a dormant state as the cold weather arrives. Curled up beneath logs and tucked under leafy piles, the children found a whole hidden world preparing for winter.

As the winds picked up, other classes took advantage of the blustery weather by creating their own kites. Some even designed completely original models! Watching them run down the bank, kites dancing in the winter sun, was a simple but magical pleasure—made even more special by the delight on their faces.

With the season shifting, many children were eager to help care for our Forest School space. Together, they tackled overgrown brambles, cleared out the much-loved mud kitchen “cupboards,” and moved fallen branches to strengthen our dead hedge. Their teamwork and pride in their outdoor area were wonderful to see.

Towards the end of the week, the temperature dipped and frost glazed the ground—perfect conditions for a warming fire. We gathered to bake damper bread on sticks, a cosy and delicious way to keep the cold at bay and celebrate the joys of winter learning outdoors.

What a fantastic week in our ever-changing Forest School!





Blackawton Primary School Noticeboard



Eco News



School Celebrated in Devon Schools Publication for Leading the Way in Recycling

The spotlight has been shining brightly on Blackawton School this month, as we were proudly commended by Devon Resource Futures to be recognised by all Devon Schools, in a publication photoshoot for our outstanding commitment to recycling and sustainability. The recognition celebrates the hard work of our pupils and staff, who have embraced a proactive approach to caring for the environment and reducing waste.

Over the past year, our school has transformed the way we manage resources. One of our most successful initiatives has been composting green food waste from lunchtime. Instead of sending leftovers to landfill, the scraps now go straight to our compost bins, where they help to feed a thriving community of worms. This natural process produces rich compost that is used in our school gardens, teaching students about the full cycle of food and soil health.

We have also taken big steps in separating dry mixed recycling. Pupils have become experts at sorting paper, plastic, and cardboard, ensuring that as much material as possible is reused rather than thrown away. Carefully labelled recycling stations around the school make it easy for everyone to do their part.

Perhaps the most impactful achievement has been our work to minimise the amount of rubbish sent to the Energy-from-Waste plant. While this facility converts waste into energy, it still contributes to carbon emissions. By reducing our reliance on it, we are helping to cut down the school's carbon footprint and teaching pupils to think beyond the bin.

The recent photoshoot brought huge excitement—our children were thrilled to be recognised for their efforts and said they felt like celebrities. Their pride has grown alongside their understanding of how small actions can make a big difference to the planet.

We are incredibly proud to be leading the way in Devon and hope to inspire other schools to join us on the journey toward a cleaner, greener future. With passion, teamwork, and a shared sense of responsibility, our pupils have shown what true environmental leadership looks like.



We have purchased a new bird feeding station, to encourage different birds to our grounds ahead of Bird Watching Week 2026. If you have any feeders you would like to donate to the school, please do drop them into the school office.

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Yr5 and Yr6 day trip to London



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'The Tower' by Rosa Milner-Boehm, Yr5

The Tower

The day came in darkness, at quarter to 5 I woke up, the sky looked like ~~the~~ spilled ink and a few determined stars glinted out through the mass of clouds piling over our roof. I packed a few books in my bag as I waited for dad. Dad to wake up. At 20 past 6 he finally granted my wish and hurriedly got dressed as we dropped into the car. 25 minutes later we arrived at Totnes Station, I said goodbye to dad and me and my class jumbled onto the train. The air was alive with excitement and everyone bustled around, gossiping, playing, and laughing. Finally, we started moving, everyone settled down, and tucked into their breakfast. The excitement carried on for about 2 more hours until everyone started to get a slightly irritated. After what felt like years but was probably only about an hour and a half, we finally got off the train, we were in...

LONDON! I was so excited to be back again! We got on the tube and I impressed my friends by being able to hold the handlebars properly. After about 10 minutes we got off the train and walked through the center of London. We snapped a few pictures along the way as we walked, everything looked quite calm and composed but actually certainly it was quite hectic. I got to remember all the places I knew before I moved to NYC / Devon. Finally we got to the Tower of London! It was so fun even looking at it, the architecture was amazing, I pointed this out to Grace but she didn't see it. We went straight in without any security checks or anything which was a surprise. After that we met a really nice lady who was dressed up as Lady Katherine Grey from the tower. She was locked up for treason, her variety was that she got

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'The Tower' by Rosa Milner-Boehm, Yr5

engaged without the king's permission. We also looked at a man of whom was very famous because he escaped from the tower! He was in there for the crime of heresy which is when you practise a different religion to the monarch. Then we had to think of a way to help our tour guide escape. Me and Agatha thought of a funny one - to get loads of pigeons and to tie them to yourself and then get them to fly away! After our tour we went to see the ravens and the crown jewels! The ravens were actually quite interesting and I learned lots of facts about them like - did you know a raven's wingspan is 1 meter! The crown jewels were a bit disappointing as most of the gems were fake but it was still cool. Lunch was a great relief for everyone and I just ran in and just collapsed on the padded floor, I wolfed down my tapenade and tomato sandwich like a rabbit eating a carrot, and ate my leftover omelette from this morning. After lunch we went into a little room I wasn't sure about what it was about so I won't say much about it. After a few minutes in that room we went on a London Uber Boat. I was really excited to go on the top of the boat but apparently that was unsafe so we went inside which was a bit rubbish. Anyway, we got off at the London Eye and walked to the graffiti frame tunnels, it was a slightly long walk but ~~it~~ it was definitely worth it! It was so cool, I loved it, there were loads of drawings on the walls and I even noticed a drawing that one of my friends dad's definitely did! I was sad to leave the tunnel but it's better you leave something wanting more I guess. We walked to Westminster and

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'The Tower' by Rosa Milner-Boehm, Yr5

got the tube back to Paddington. The journey
back was similar to the way there but
it was a kind of strange one that was
for fizzing and popping in the air way.
I savoured my pasta and then,
we were home, my dad stood by
the gate to the station. At home I devoured a
snack while telling him about my
adventure. As I softly closed my eyes, the
determined stars twinkled softly in the cloudy
night sky.



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Yr 6 at Washwalk Farm



HEAD LICE

Please check your child's hair!



Head lice have been reported in school. It is important to regularly check your child's hair for head lice.

The best technique is to use a head lice comb when the hair is wet, leaving in conditioner and combing the hair in sections. When the hair is wet, head lice cannot move so they are easier to comb out. Please note that they do not jump or fly, you can only catch head lice from head to head contact. If you find head lice, please treat appropriately: the wet combing technique eradicates the lice and eggs. This should be done every 3 to 4 days over a 2-week period to break the life cycle.

If you require further information please have a look at [Head lice and nits - NHS](#)

Maths puzzle of the week – family fun

Try this mathematical thinking to get maths conversations happening at home

11. The river crossing problem:

A farmer is traveling with a fox, a goose, and a sack of beans. He comes across a river with a boat, but he can only take one item with him at a time.

If he leaves the goose with the fox, the fox will eat it. If he leaves the goose with the beans, the goose will eat them. How does he get everyone across safely?



Recommended Read:

Ghostlines is set on the island of Ayrie, where Tilda is at her happiest. She thrives in nature, loves exploring and breathes in every moment of the wilderness. Living in a small and tight-knit community, Tilda is intrigued when a new boy, Albie, arrives. Tilda spends all of her efforts showing him the hidden treasures of the island, but to no avail, as he misses living life in the city.

Despite his reluctance to be friendly, they explore a nearby haunted island and strike an unexpected friendship. Readers will find themselves absorbed in the cleverly crafted descriptions of the wild, while also rooting for the characters within. It is hard not to fall in love with Tilda and her determination to show everyone the importance of bonding with nature.



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SEND Signpost



Vicky Llewellyn
SENDCo

HAF Winter Delivery

We are delighted to let you know that our Winter 2025 Holiday Activities & Food Programme is now live and there are plenty of spaces available for children in Devon. This year we also have some opportunities for family pantomime tickets available to book via the booking system and, as always, a wide range of fantastic provision for all eligible families.

[We're now taking bookings for the Holiday Activities and Food Programme for this Winter - News](#)

Here is the link to the Booking System <https://eequ.org/devonhaf> please have a look - you can also view the schemes using a map as well.

Some schemes this year also include hampers, and all provide either a hot or cold nutritious meal, alongside a variety of physical activities.

I would be most grateful if you could spread the news far and wide within your teams and with those working directly with the families, so that as many eligible children can access schemes as possible.

If you have any questions, please get in touch via haf@devon.gov.uk

Free Energy Advice and Support



We can help you with:

- Making your home more energy efficient / lowering bills
- Grants to help you in hard times*
- Problems with energy companies/ bills/ meters
- Damp and condensation
- Funding to insulate your Home*
- Broken appliances*
- Boiler repairs*

*subject to eligibility criteria

Get in touch today for free and impartial help:
0800 112 3044

www.sdce.org.uk
Community Benefit Society Registration number 7353

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Road Safety Week

During Road Safety Week, our children have spent time learning how to keep themselves safe when travelling to and from school. We have practised important skills such as stopping, looking, listening and thinking before crossing the road, alongside discussing why it's safer to use crossings and walk on the inside of the pavement.

Children have also explored how to stay safe when cycling or scooting, including wearing a helmet and being aware of driveways and moving vehicles. In class, we have discussed how to spot potential dangers and make sensible choices.

You can support this learning at home by talking to your child about what they've learned, asking them to show you safe crossing techniques, and modelling good habits on your journeys together. Working as a team helps children build confidence and stay safe every day.

As always, thank you for your support.

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After School Club is available from Mondays to Thursdays for pupils in Reception to Year 6

3:20pm to 4:30pm: £6

3:20pm to 5:30pm: £8



TERM DATES

Monday 3 November 2025

to

Thursday 18 December 2025



Monday	Games Club
Tuesday	Film Club
Wednesday	Cooking Club
Thursday	Sports Club

To book your child (Reception to Yr6) in to after school club, please email
admin@blackawtonprimary.org.uk or call 01803 712363

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Blackawton Nursery Stay and Play

TUESDAY MORNINGS

FROM 10:00 to 11:00am



NURSERY HUT



at Blackawton Primary School

Playing / Arts & Crafts / Making Friends

A session of fun and educational activities for you and your child(ren).

Led by Jo Mitchell, our Nursery Leader

Refreshments provided for children and adults

£2 per family



Blackawton Primary School Noticeboard

Apply for a primary school place

Was your child born
between 1 September 2021
and 31 August 2022?



Apply online at:

devon.cc/admissionsonline

or scan the QR code. Applications open from
15 November 2025 to the **15 January 2026**

If you can't access the school admissions website you can get more information by emailing admissions@devon.gov.uk or call our Education Helpline on:

0345 155 1019



You must apply through the Admissions Team, even if you've already given details to a school. Applications made directly to schools or on their lists will not be accepted.

Devon
County Council 

Blackawton Primary School Noticeboard



FOPS Christmas Hamper Raffle!

PLEASE PROVIDE 1 ITEM FOR
YOUR CHILD'S CLASS HAMPER

*No nuts or perishables

Please donate all items to your child's
classroom by Weds 10th December

Raffle tickets £1 each available from
fops.org.uk

Raffle Tickets will be drawn at the
Christams Carol Concert



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FOBS Christmas wreath making workshop

You're invited to the Friends of
Blackawton School wreath-making
evening with Faye Luscombe

Monday, 8th December
at 6.30 pm

in Blackawton school hall

Tickets £35 per person, available from
FOBS.org.uk

1 glass of mulled wine included
Book early to avoid disappointment

Blackawton Primary School Noticeboard



*Having a pre Christmas clear out?
Looking for preloved gifts?*



Indoor Car Boot Sale

Saturday 22nd November

10am – 12 noon

(Sellers from 9am)

Blackawton Village Hall

£5 per table

Refreshments available

Email: denmark26fundraising@outlook.com to book

*Our Community Shop manager is leaving us at Christmas to pursue other ventures.
So we're looking for someone else!*

*The role would suit someone keen to engage with the community and looking for
part-time work in the village, adjustable to suit school hours.*



Blackawton Community Shop

IS RECRUITING for a new

SHOP MANAGER

to take over the running of our friendly village shop

**At the heart of the village, the Community Shop is a not-for-profit body run for the benefit
of the local community, with volunteer staff and led by a management committee.**

*Responsibility for ordering, pricing, stock management etc
Day-to-day running of the shop, supported by our volunteer team.*

**20 - 25 hours/week. Working pattern flexible
/negotiable to suit candidate (job-share could potentially be possible)
£14.50-£15.50/hour (overtime paid if needed), holiday entitlement.**

Applications, with brief CV, or further enquiries to:
shopsecretary@blackawtoncommunity.com
as soon as possible. We look forward to hearing from you!

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Sustainable Blackawton

Welcome
to
Blackawton
Community Composting Site

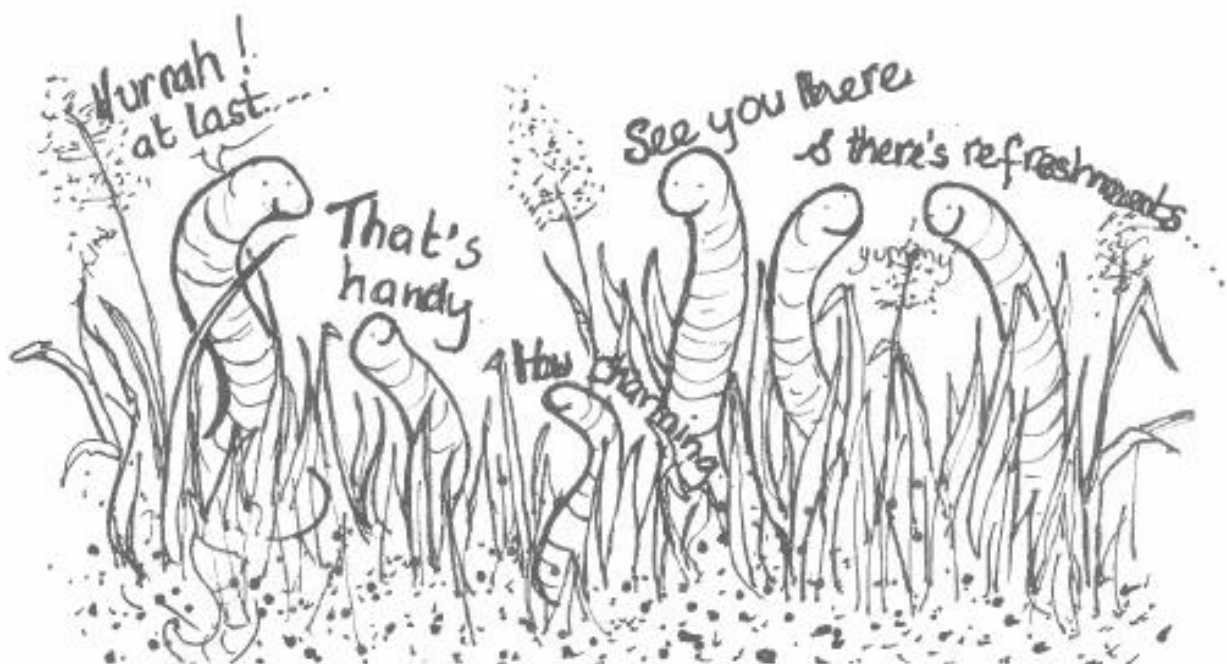
Sunday 7th December 2025

10am -1pm

Blackawton Village Hall

Come and find out all about it.

Refreshments



Blackawton Primary School Noticeboard

Darimouih
in
December

**28-29 November
Candlelit Dartmouth**

Friday 28th

10-8pm Market in Royal Avenue Gardens (RAG)
5.50pm Opening ceremony & lights switch on
6pm Santa arrives at RAG
Free parking Mayors Ave from 6pm

Saturday 29th

10-8pm Market in RAG
11-5pm Kids events & Music in RAG
5pm Lantern procession meet in The Old Market
5.30-6.15pm Lantern procession
Free parking Mayors Ave

**6 December
Santa Con**

2pm Santa pub crawl
7 drinks, 6 pubs and after party
Fancy dress compulsory
Scan for tickets

**9 December
Fat Stock Show**

10-3pm The Old Market
Celebrating the best
in local farming

**12 December
RNLI Crabpot
Lights**

6-8pm Stalls, Shanty band, refreshments
& Santa
6pm Switch on lights

**13 December
Tractor Festival**

10-6pm Farmers Fayre, at The Old
Market
Free parking Mayors Avenue

**24 December
Carols on the Cove**

5pm Carols on the Cove
Band and mince pies at
Dartmouth Arms

**31 December
NYE Fireworks**

Midnight on the harbour

Sponsored by:

The Holland Group, Dart Marina Hotel, The
Crab, The Seahorse, Rockfish, SHDC, Salcombe
Brewery, Dartmouth Rotary

Blackawton Primary School Noticeboard

SPORTIVA^{EVENTS}

TRAIL RUNNING RETURNS TO DARTINGTON

*Chip Timing / Professional photographs & friendly marshals /
Family-friendly atmosphere / Medals for all finishers / Well-marked courses
Free hot drink or beer when you finish + Food options at Green Table Cafe*

Friday 21st Nov, 9am-3pm

DART CHALLENGE

*Choose your challenge: run a marathon,
a 10K or as many 5K laps as you can
fit into six hours!*



Saturday 22nd Nov 5.30pm

THE DARK DART DASH

*Head torches on! Take on a thrilling night-time
trail run (10K, 5K & kids races) through
Dartington's beautiful grounds. Expect twisting
trails, glowing markers, and a post-race buzz
like no other. Podiums & Prizes including best
fancy dress!*



Location: Dartington Estate, Totnes, Devon, TQ9 6EE

Sign up online: sportivaevents.co.uk

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**THINGS
HAPPEN
HERE**


**DYNAMIC
ADVENTURES CIC**

SANTA FUN RUN 2025

Get your hats, your spirits, and your running shoes
ready for a jolly dash!

Saturday 13 December 2025

Sign-in from 1.30pm, Race begins at 2.00pm

Things Happen Here, Meadowbrook Community Centre,
Shinners Bridge, Dartington, TQ9 6JD



- A fun Santa Run/Walk for all ages and abilities
- Distance options – from 1 mile (1 lap) up to 5 mlaps)
- Kids up to age 10: FREE! Adults (10+): E10
- Fancy dress is most definitely encouraged (but pot co)
- Treat yourself to a pint and pizza at Things Happen Here
- Free toasted treats around the fire



Book now via Dynamic Adventures website

Father and Son weekend, 31 January - 1 February 2026:

[Father And Son Weekend — Dynamic Adventures](#)

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FULLY FUNDED
FOR ALL CHILDREN AGED 5-14
ELIGIBLE FOR BENEFIT RELATED
FREE SCHOOL MEALS
[£25 PER DAY FOR PUPILS NOT ELIGIBLE]

FESTIVE SPECIAL
10am - 3pm DAILY FOOTBALL
& MULTI-SPORT
ACTIVITIES

NUTRITIOUS COOKED
MEAL EVERY DAY

NUTRITION
GUIDES

MAGICIAN & ENTERTAINER

LOCAL TRIPS

CERTIFICATES, PRIZES
and much more!

ANIMAL
HQ VISIT

FOR LOCATIONS, DATES AND BOOKINGS PLEASE VISIT
SHEARSOCGER.CO.UK

OR FOR MORE INFORMATION CONTACT ADAM SHEARER 07967 124844

TOTNES | NEWTON ABBOT | DARTMOUTH



Blackawton Primary School Noticeboard



Free casual
swimming
included



SWIM HAPPY, SWIM WITH CONFIDENCE

Learn to swim with Fusion Lifestyle

- ✓ Preschool, junior & adult lessons available
- ✓ Kids swim for FREE* in general swim sessions
- ✓ Track your child's progress online



Scan the QR
code to find
out more

**Swim
School**

Following the
**Swim
England**

Learn to Swim
Programme

fusion

fusion-lifestyle.com/swimschool

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Available in school!



Piano lessons with Jess Heywood, available in school

(with option to work towards accredited piano exams)

Contact:

jess_h_heywood@yahoo.co.uk

Jess is the Director of the Youth Festival,
Dartmouth Music Festival
and is available for new bookings

Please book your child's place by contacting Jess directly
or get in touch with the school office.

Blackawton Primary School Noticeboard

Let's Keep Blackawton Clean and Beautiful

We all love walking our dogs around our lovely village, but please remember to always carry waste bags and clean up after your pets.

Dog mess left on paths, verges, and play areas **isn't just unpleasant** – it's a health risk, especially for children.

South Hams District Council is asking all dog owners to do their bit by **bagging and binning** their dog's waste responsibly.

Anyone caught not cleaning up after their dog could face a **£100 fine**.

If you notice dog mess or have information that could help identify repeat offenders, please report it on the South Hams District Council website – just search “**report dog fouling**”.

Together, we can keep Blackawton clean, safe, and a place we can all be proud of.

Bag it. Bin it.
Keep Blackawton beautiful!



**South Hams
District Council**

www.southhams.gov.uk/report-it

Blackawton Primary School Noticeboard

Making Christmas Manageable



Citizens Advice

Simple ways to enjoy the festive season without overspending

Christmas can be a great time to relax and spend time with family, but it often comes with extra costs and pressure to spend more than we'd like. With household budgets already stretched, a bit of planning can make a real difference.

1. Set a Realistic Budget

Work out what you can comfortably afford to spend and stick to it. It's easy for small extras to add up, so keep a list of what you need — and what you don't. If you can, set aside a small amount each week to spread the cost.

2. Keep Gifts Simple

Children often remember the fun and attention more than what's under the tree. Low-cost or homemade gifts, or pooling together for a "Secret Santa" within the family, can keep things fair and affordable for everyone.

3. Plan Food Carefully

Christmas dinner doesn't need to be over the top. Planning meals in advance helps avoid waste, and sharing the cooking with friends or relatives can save both time and money.

4. Make the Most of What's Local

There are plenty of free or low-cost events in Teignbridge over the festive period — from school fairs to community activities. These can be a great way to get into the Christmas spirit without spending much.

5. Don't Feel Pressured

It's fine to say no to things that stretch your budget. A walk to see the lights, a film night at home, or a board game with family can make just as good memories as anything that costs money.

Need a Bit of Advice?

If you're worried about money or would like some support with budgeting, benefits, or local services, the **Citizens Advice Schools Project** can help. You can speak to your school for a direct referral.

Blackawton Primary School Noticeboard



School aged vaccinations

Did you know children will be offered these routine vaccinations at school?

- ✓ FLU- Reception - Year 11
- ✓ MMR - Catch-up
- ✓ HPV- Year 8 - Year 11
- ✓ Meningitis ACWY- Year 9 - Year 11
- ✓ Diphtheria, Tetanus, Polio (DTP) Year 9 - Year 11

FLU

MMR

HPV

MENINGITIS
ACWY

DIPHTHERIA
TETANUS
POLIO (DTP)

Did you miss us?

We also have community clinics across Devon for:

- ✓ Home educated children
- ✓ Anxious children
- ✓ Children who missed the session at school

SCAN
HERE



For further information scan the QR code or please speak with a member of the team

Call us on

01392 342678

Kernowhealthcic.schoolimmsdevon@nhs.net



flu: 5 reasons to vaccinate your child



1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit
www.nhs.uk/child-flu

Flu  **mmunisation**
Helping to protect children, every winter

Blackawton Primary School Noticeboard



Staying Healthy

Illness

Feelings

Getting Help

A fun and interactive resource for learning about health



Games

Activities

Quizzes

www.healthforkids.co.uk

Psst! Parents!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.



www.healthforkids.co.uk/Devon

Follow us: Health for Kids: Grownups healthforkidsgrownups @HealthforKids1



Text a school nurse for confidential advice and support

07520 631721

Or scan the QR code for further service contact details:



Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.

Blackawton Primary School Noticeboard



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

Join our school on Classlist

Classlist is the parent app that brings you into the heart of our school community.

- ✓ Get in touch with parents in our school
- ✓ Ask questions to the parents in your child's class
- ✓ See what's coming up for you and your child
- ✓ Find like-minded friends in our community
- ✓ Organise meet-ups and birthday parties
- ✓ Buy event tickets & RSVP to invitations

I can ask the parents in my child's class questions

It helps me to see who's who at my school and see who lives nearby

I can organise my child's birthday party and see who's coming

I can stay in the loop with important school info & PTA events coming up

Now I know who my child is friends with, I can get in touch with their parents

Round-up emails help me keep up with what's going on even when I'm busy



Is Classlist moderated?

Yes! This keeps our community friendly, welcoming and useful.

How much information do I need to share?

You're in control! You decide how much information to share and what notifications you want.

Is Classlist safe?

Yes! It's fully GDPR-compliant, private and secure.

Sign up today! It's easy and completely free

1 Download the Classlist app on iOS or Android

2 Select our school and sign up



Classlist

Smarter together.

www.classlist.com