

Year 12 BTEC Sport



	Cycle 1	Cycle 2	Cycle 3
Key concepts (Head/Heart/Hands)	Unit 1: Anatomy and Physiology	Unit 1: Anatomy and Physiology Unit 3: Professional development in the sports industry	Unit 3: Professional development in the sports industry
Practical (Procedural Knowledge)	Theory through practical teaching to show effects on body.	Theory through practical teaching to show effects on body.	Job interviews Performing as a leader within the sports industry.
Theory (Substantive/ Declarative Knowledge)	Unit 1: The effects of exercise and sports performance on the skeletal system The effects of exercise and sports performance on the muscular system The effects of exercise and sports performance on the respiratory system	Unit 1: The effects of sport and exercise performance on the cardiovascular system The effects of exercise and sports performance on the energy systems Unit 3: Careers within sport	Unit 3: Applying for jobs in the sports industry
Hinterland Knowledge (Cultural capital)	The impact this has on a variety of different sports. Giving sporting examples	The impact this has on a variety of different sports. Giving sporting examples	Structure of a CV/Covering letter and Session plan Pedagogy techniques for leadership session
Disciplinary Knowledge (how did we get the information)	Screening and research on latest screening/fitness testing procedures	Screening techniques on elite athletes	Research into job descriptions and job interview process
Assessment approach	Exam on content delivered (externally marked)	Exam on content delivered (externally marked) Assignment and research on careers in sport.	Assignment on jobs within sport. Practical assessment on delivery of a sports session.
Homework	Informed by KO's for each learning outcome.	Informed by KO's for each learning outcome.	Research based on job interviews and session planning.

