

Sacred Heart Newsletter



— 21st September 2026 —

This week at Sacred Heart...

Dear Parents,

This week we held our PTA Annual General Meeting. We would like to thank everyone who attended on Tuesday evening. It was lovely to see some new faces alongside our existing members, and we are grateful for the enthusiasm and support shown for our school community. Our PTA plays a vital role in helping to enrich the experiences of our children through fundraising events and community activities. We would love to welcome even more parents and carers to get involved. Whether you can offer regular support or help at occasional events, every contribution makes a difference. If you are interested in joining the PTA or finding out more about how you can support future events, please email shptaprimary@gmail.com

Together, we can continue to create wonderful opportunities for our children. Thank you to all our PTA volunteers for their ongoing dedication and commitment to our school. Their hard work is greatly appreciated by staff, pupils, and families alike.

Parking and One-Way System Reminder

We would like to remind all parents and carers to follow the one-way system on Herlwyn Avenue when dropping off and collecting children from school. This helps to keep traffic flowing safely and reduces congestion for everyone. We also ask that you park considerately and respectfully for our neighbours. Please avoid blocking driveways, parking on pavements, or stopping in areas that may cause inconvenience or create a safety hazard. By working together and showing consideration for local residents, we can help maintain positive relationships within our community and ensure a safer environment for all.

School Theme

Our overarching theme for the year has been taken from Matthew's gospel, 'Let your light shine before others, that they may see your good deeds'. In our collective worships and daily interactions we are encouraging everyone to look for ways that this scripture can be lived out.



We hope you have a lovely weekend.

Miss Morahan and Mrs Stockwell

Monday 21st

Running club Year 5 & 6
(Registered runners only 3.15– 4.15pm)
Year 1: PSD Multi-Sports (3.15–4.15pm)
Year 3: PSD Football (3.15–4.15pm)
Coding Club Year 1,2,3,4,5 & 6 (3.20–4.15pm)
Musical Theatre Club - KS2 (3.15– 4.15pm)

Tuesday 22nd

Year 2,3 &4 French Club (3.15–4.15pm)
Year 2 & 3: PSD Football (3.15–4.15pm)
Year 4, 5 & 6 PSD Netball (3.15–4.15pm)
Irish Dancing: Year 1–Year 6 (3.15–4.10pm)

Wednesday 23rd

Year 5 –Willow Tree

Year 2: PSD Multi-Sports (3.15–4.15pm)
Year 4: PSD Football (3.15–4.15pm)
Year 3,4, 5 & 6 Art Club (3.15– 4.15pm)
Year 1 – 4 : Ballet (3.15–4.15pm)

Thursday 24th

Year 2 – Iver Trip

Year 1 & 2: PSD Football (3.15–4.15pm)
Year 4,5,6: PSD Multi-Sports (3.15–4.15pm)
Dance Club – Miss S (3.15–4.15pm)
Spanish Club: Year 1– Year 4 (3.15– 4.15pm)
Irish Music Lessons: Year 2 (2.45–3.15pm)
Year 3 + (3.15 –4pm) Advanced (4–4.45pm)

Friday 25th

Year 3,4,5 & 6 Tennis (8.00–8.45am)
Year 1 & 2 Tennis (3.15–4.15pm)
Year 3 & 4: PSD Multi-Sports (3.15–4.15pm)
Year 5 & 6: PSD Football (3.15–4.15pm)
Year 1–Year 6 Street Dance (3.15– 4.15pm)
NB. ONLY FRUIT SNACKS ARE PERMITTED FOR ALL CLUBS (NO GRAPES)

SAFEGUARDING

*****If your child is unable to attend a SH or PSD club, please e-mail clubs@shpsruislip.org *****

Lunch Menu – Week 3

Uniform Policy

To support the health and wellbeing of all pupils, we would like to remind you of our school uniform policy regarding hair. Children with long hair are expected to wear it in plaits while at school.

Plant Donations

Any plants/compost for the Prayer Garden would be greatly received. Donations may be given to the school office.

Thank you
Eco Warriors



The Proud board is back! We can't wait to see the children's achievements and moments of joy outside of school.

Please send in your children's proud moments.

Built some great Lego.

Baked something yummy.

Created a wonderful piece of art work.

Learned a new skill.

Was brave and tried something new.

Did well in a sport.

What ever achievement/ mile stone your child is proud of.

Send an email to proud@shpsruislip.org with the photo of the proud moment, child's first name, class and a couple of sentences to go under the photograph. – Thank you!

Safeguarding at Sacred Heart Catholic Primary School

Safeguarding is everyone's responsibility at Sacred Heart.

The wellbeing of our children is of paramount importance to all staff. Should any person (parent or staff) have a concern regarding a child's wellbeing, please inform one of the school's designated safeguarding team. In cases where school staff have concerns, they have a duty to discuss the issue with Social Services to seek further advice. This is the statutory obligation of all schools.

Our Safeguarding team are:

Mr D Wright (Designated Safeguarding Lead)

Miss Morahan & Mrs Stockwell (Deputy Designated Safeguarding Leads)

Mrs C Wloch (Designated Safeguarding Governor)

SPORTS NEWS

Running club

Congratulations to our Runners of the Week –

Daniel (5SO) and Finley (5SO)

– great resilience & determination!

LOCAL EVENT

For any keen runners out there who is looking for a challenge over the weekend , see event link below:

MOOR PARK

JUNIOR FUN RUN START TIMES

- Start 11.45 – Under 15s Boys & Girls 3.9km– school years 8, 9 & 10
- Start 12.15 – Under 12s Girls 2.6km– School years 6&7
- Start 12.35 – Under 12s Boys 2.6km– School years 6&7
- Start 12.55 – Under 10s Girls 1.3km– School years 5, 4 & 3
- Start 1.10 – Under 10s Boys 1.3km– School years 5, 4 & 3
- Start 1.30 – Under 7s Girls 850m–School years 2 and under
- Start 1.40 – Under 7s Boys 850m–School years 2 and under

[Active Training World : Moor Park 10 and More](#)

[home | parkrun UK](#)

New Friends
New Skills
Big Adventures!

Ciao!

Language
Culture
Fun!

Would your child like to

LEARN ITALIAN?

We are exploring the possibility of starting
a weekly Italian language class at school!

Ciao
Amici!

Italia
è
fantastica!

Parliamo
italiano!



Learn useful
vocabulary and
conversation



Enjoy songs,
games and
fun activities



Discover Italian
culture, food
and traditions



Make new friends
and build
confidence



Pizza
Pasta
Gelato
and more!

INTERESTED?



Please contact:

Nadia
07701084105

to register your interest.



Include your child's name
and year group.



This is just to gauge interest at this stage.
If there is enough interest, we will then explore
arranging a suitable Italian teacher and holding
the sessions at school.

Grazie!

A whole new world awaits!

Tutti
insieme
è più
divertente!

ROME

FLORENCE

VENICE

MILAN

Buon
Appetito!



Family Fun CHARITY

Great prizes
• Good company •
A fun night out!
— ♥ —

BINGO EVENING



SAT 10TH OCTOBER 2026
Doors open 6:45pm



HESDIN HALL



TICKET COST
£10 adult | £5 child
or £25 family
(2 adults plus up to 4 children)



Bring your own refreshments –
tea, coffee and a tuckshop will be available.



**For Tickets,
please contact**

Email:
mshjubileetrust@rcdow.org.uk



All proceeds will be used to support
charity through our local charity
the **Jubilee trust.**

**Together
we can make
a difference!**
— ♥ —

SKANSKA



STRABAG

Working in
partnership with

HS2

Overnight monitoring at Herlwyn Recreation Ground, West Ruislip

HS2-SCS-26-2483

Location

Herlwyn Recreation Ground, West Ruislip

Duration

Overnight monitoring on 5 October and 14 October, working hours 11pm to 6am

What we are doing

There will be vibration testing inside the tunnel to inform the track design of the new railway and we'll be monitoring on the surface of the recreation ground at this time.

What to expect

You will see colleagues working at this location each night. The works will not be noisy. We'll use lighting during our works. We'll make sure lighting is facing away from properties. We'll keep noise levels to a minimum to avoid disturbing residents.

We are committed to keeping you informed about work on HS2. This includes ensuring you know what to expect and when to expect it, as well as how we can help you. Should you have any questions or concerns about our works you can contact us by:



Freephone **08081 434 434**



Minicom **08081 456 472**



Email **HS2enquiries@hs2.org.uk**



Writing to **FREEPOST
HS2 Community Engagement**



Website **www.hs2.org.uk**

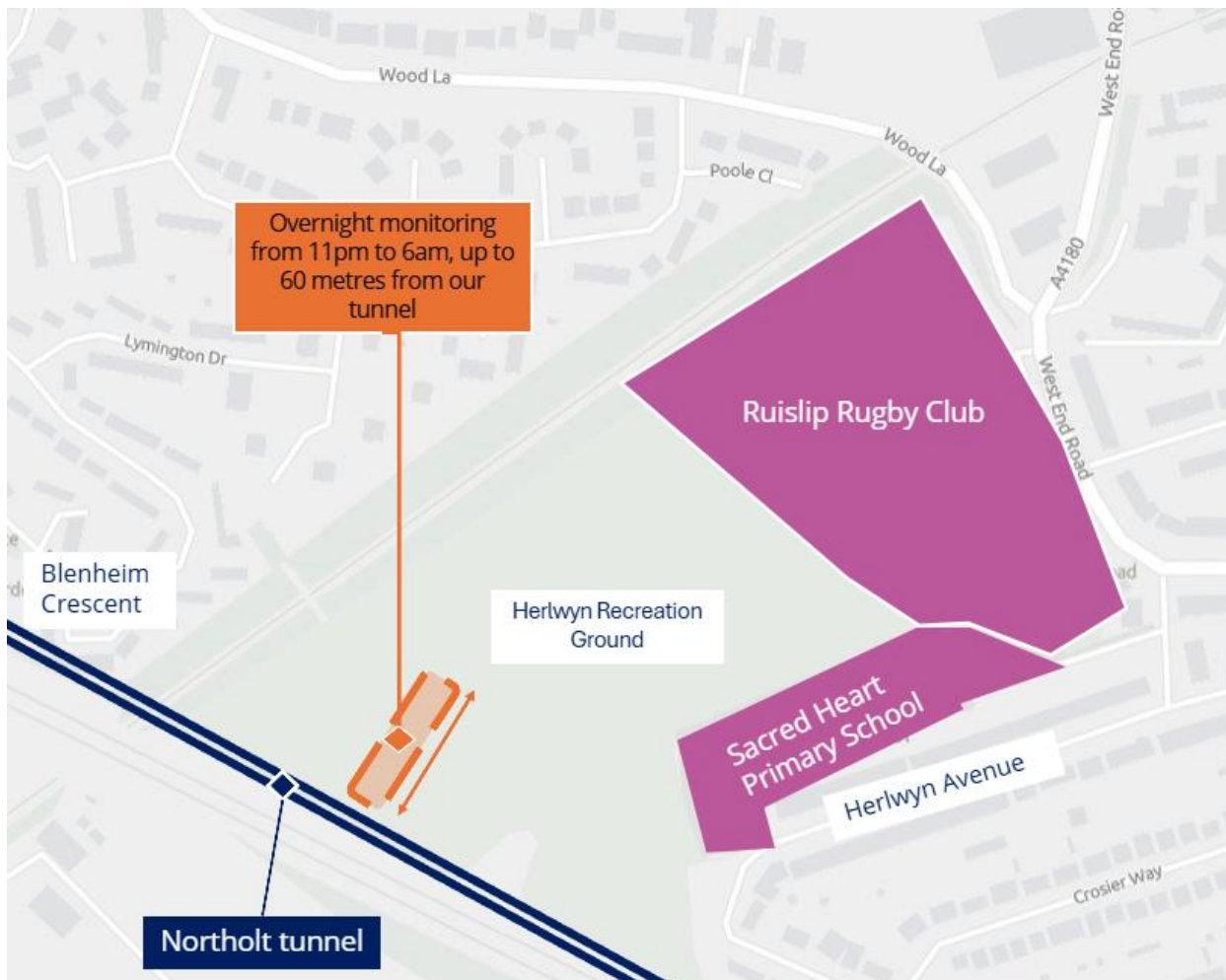
Keep up to date with what is happening in your local area at
**[www.hs2.org.uk/in-your-area/
in-your-area-map/](http://www.hs2.org.uk/in-your-area/in-your-area-map/)**

Additional information

We will carry out overnight monitoring to inform the track design of the new railway on 5 and 14 October at the recreation ground from 11pm to 6am. We will install monitoring equipment the evening before and will remove the equipment after we complete our overnight monitoring.

Where we will be working

Please see the map below showing the location of our works on Herlwyn Recreation Ground, West Ruislip.



Please contact us if you'd like a free copy of this document in large print, Braille, audio or 'easy read' format. You can also contact us for help and information in a different language.

Holding us to account

If you are unhappy for any reason, you can make a complaint by contacting our HS2 Helpdesk team. For more information, visit: www.hs2.org.uk/how-to-complain

We have an independent Residents' and Construction Commissioner who helps settle disputes and monitors the way in which we manage and respond to complaints about construction.

For more information visit: www.hs2.org.uk/independent-commissioner