whole		Menu - November 2024 - March 2025		
meals		Week One	Week Two	Week Three
REAL FOOD FOR REAL ENERGY		04/11,25/11,06/01,27/01,24/02,17/03	11/11,02/12,13/01,03/02,03/0324/03	18/11,09/11,20/01,10/02,10/03,31/03
	Option 1	Home-made Pizza	Mac n Cheese (Pea & Basil Pesto Pasta
	Option 2	Tomato Pasta	Pasta Provencale	Tomato Pasta
9	served with	Pasta	Garlic Dough Balls	Garlic Flatbread
0		Peas & Sweetcorn	Peas & Sweetcorn	Peas & Sweetcorn
Monday	0-11 2	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
5	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans (4)
	Dessert	Frozen Dessert	Frozen Dessert	Frozen Dessert
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
	Option 1	Beef Burger	Breaded Chicken Steak	Mild Chicken Curry
	Option 2	Quorn Sausage	Veggie Nuggets	Veggie Bolognese with Pasta
2		Harla Sirad Barra		
0	served with	Herby Diced Potatoes Baked Beans & Sweetcorn	Jacket Wedges Baked Beans & Sweetcorn	Rice Carrots & Green Beans
S			baked beans & Sweetcom	Carrots & Green Beans
_uesday	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
-	Dessert	Marble Sponge & Custard	Fruit Crumble & Custard	Chocolate Cake & Chocolate Sauce
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
	Ontion 1	Chieken Die 9 Crous	Causana with Varlahira Dud 9 Carre	
>	Option 1 Option 2	Chicken Pie & Gravy Veggie Pie	Sausages with Yorkshire Pud & Gravy Quorn Sausage & Gravy	Roast Pork with Gravy Winter Vegetable Bake
0	Option 2	veggie i ie	Quoti Sausage & Gravy	Willer vegetable bake
Si	served with	Roast Potatoes	Roast Potatoes	Roast Potatoes
76		Local Seasonal Vegetables & Cooks Choice	Local Seasonal Vegetables & Cooks Choice	Local Seasonal Vegetables & Cooks Choice
Wednesday	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans 🏻 🤒
× ×	Dessert	Cookie	Cookie	Cookie
1		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
	Option 1	Pork Meatballs	Lasagne	Sausage Roll Slice & Gravy
	Option 2	Meatless Meatballs	Veggie Burritos	Quorn Sausage Roll
9	served with	Pasta	Carlia Danad	
00	Served with	Carrots & Green Beans	Garlic Bread Peas & Cauliflower	Mash Peas & Carrots
ILS		carrots & Green Beans		reas & Carrots
Thursday	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans (
	Dessert	Raspberry Buns	Krispie Cake	Lemon Drizzle Cake
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
	Option 1	Fish Fingers 🔷	Fish Fingers	Fish Fingers
	Option 2	*Cheese Puff	Curried Veggie Pasty	*Pizza Whirl
>	served with	Chips/Pasta	Chips/Pasta	Chips/Pasta
TO		Baked Beans & Sweetcorn	Baked Beans & Sweetcorn	Baked Beans & Sweetcorn
Friday	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dossort	Cooks Chairs of Days	Cooks Chalanat Day	Coole Children
	Dessert	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly
		Tresh truly selly	Trestitroity 5	Fresh Fruit/Jelly
Suitable for Vegetarians		tarians	All items are subject to availability	
			•	
Suitable for Vegans & Vegetarians		ns & Vegetarians	All Items with * can be made Vegan Friendly	
To the state of th				
Contains Fish				
Contains Fish		www.wholeschoolmeals.co.uk		
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