



Our Gospel Value

Respect



Respect



"So always treat others as you would like them to treat you; that is the Law and the Prophets."

Matthew 7:12

Welcome Back!

A very warm welcome back to all our pupils, families, and staff as we begin a new term. We hope you have had a restful and enjoyable break and are looking forward to the exciting opportunities the months ahead will bring.

Our SEND team is excited to continue working in partnership with families to support every child to thrive, achieve, and feel valued within our school community. In this newsletter, you'll find updates, useful information, celebrations, and resources to help support our children and young people throughout the term.

We look forward to another successful term together and wish everyone a positive and happy start to the school year.

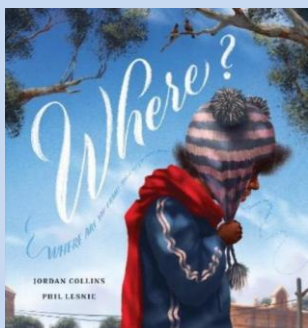
Best wishes, Mrs Mills



Book Recommendation

Where? By Jordan Collins

Follow Jordan's thoughts, fears and dreams in this book that invites readers to think about how we treat each other, how we feel about injustice and how we are all equal. It is imbued with awe and wonder and highly recommended for children across primary ages.





Parent Drop In

We operate an open-door policy and are always happy to talk about your child's special educational needs and how we can support their learning. No question or concern is too small, and I am always happy to listen, offer advice, or answer any questions you may have. I will be available on the playground each morning, so please feel free to come and have a chat. If you would prefer more time to talk, a longer appointment can be arranged through the school office, or you can email me directly: leanne.mills@sthelens.org.uk

We look forward to working in partnership with you to help your child thrive.



Fancy a Cuppa? Come to our SEND Coffee Morning

Our SEND Coffee Morning will be returning this term, and I would be delighted to welcome both familiar and new faces. To make these sessions more accessible, they will now be held in the morning, allowing you to join us for a chat after dropping your child off at school.

These informal gatherings provide a valuable opportunity to connect with other parents and carers, share experiences, ask questions, and learn more about the support available for children with SEND. Whether you are looking for advice, information, practical strategies, or simply an opportunity to meet others who understand the SEND journey, everyone is welcome.

I look forward to seeing you there and continuing to strengthen our supportive SEND community.

Tuesday 6th October 2026
9am – 10am



SEND Champions

Could you be a SEND Champion for our school?

As part of our ongoing commitment to developing and strengthening SEND provision, and as we work towards achieving the SEND Inclusion Award, I am looking to establish a small group of SEND Champions. This voluntary role is a wonderful opportunity for parents and carers to work in partnership with the school, helping to ensure that the voices of our families remain at the heart of our SEND journey.

SEND Champions would meet with me a few times throughout the year (at times to suit you) to share ideas, provide valuable feedback, and help shape and enhance our SEND provision. We are looking for parents and carers who would feel comfortable sharing their experiences of supporting a child with SEND, offering encouragement to families who may be at the beginning of their journey, and helping us to identify and remove barriers to learning and achievement for our pupils.

Whether you are new to the SEND journey or have a wealth of experience to share, your voice matters. I am committed to ensuring that the role is manageable and flexible around family commitments.

If you would like to find out more or express an interest in becoming a SEND Champion, please come and have a chat with me on the playground, speak to me at our SEND Coffee Morning, or email me at: leanne.mills@sthelens.org.uk.

As always, no question is too small, and I am always happy to help.

I look forward to working with you!





What is ADHD?

ADHD (Attention Deficit Hyperactivity Disorder) is a neurodevelopmental condition that affects attention, impulse control and activity levels. Children with ADHD may find it difficult to concentrate, stay organised, regulate their behaviour or manage their emotions. ADHD affects everyone differently, and many children with ADHD have strengths such as creativity, enthusiasm, problem-solving skills and energy.

It is important to remember that ADHD is not the result of poor parenting or a child choosing to misbehave. ADHD can affect a child's ability to regulate their attention, impulses and behaviour. While children with ADHD still need clear boundaries and expectations, they may require additional support and strategies to help them succeed.

What are possible symptoms?

- Daydreaming a lot
- Losing things and being very forgetful
- Constant fidgeting
- Excessive talking
- Making careless mistakes or taking unnecessary risks
- Difficulty following instructions
- Struggling to make friends
- Finding it difficult to share or take turns
- Difficulty sleeping at night
- Acting before thinking about consequences



How is ADHD diagnosed?

There is no single test to diagnose ADHD, and many other conditions, such as anxiety, depression and certain learning differences, can present with similar symptoms. Most cases are identified during childhood, often before the age of 12. If you have concerns about your child, please speak with their class teacher or myself as SENCo. Following discussion and a period of information gathering, referrals can be made to the relevant health professionals for assessment where appropriate.

For further information, please visit:

<https://kidshealth.org/en/parents/adhd.html>



Autumn Term 1

22nd September – SEND Parent Coffee Morning

October - ADHD Awareness Month

10th October – World Mental Health Day

18th – 24th October – Invisible Disabilities Week

22nd October – International Stammering Day

Autumn Term 2

13th November – World Kindness Day

14th November – World Diabetes Day

16th – 20th November – Anti-Bullying Week

20th November – World Children's Day

3rd December – International Day of Persons with Disabilities

