

## GCSE PE Programme of Learning Y11 2024-25

| Term   | Topic   | Homework   |
|--|---|--|
| <b>Autumn Term 1</b><br><b>AEP</b><br><b>10% Final Grade</b> | <ul style="list-style-type: none"> <li><b>ANALYSING &amp; EVALUATING PERFORMANCE (COURSEWORK)</b> 14 Hours Total - Under Supervision</li> <li>3-4 Hours Importance of Components of Fitness (continued from Y10), Overview of Key Skills, Assess Strengths/Weaknesses</li> <li>1-2 Hours Movement Analysis and Skill Classification</li> <li>4-5 Hours Produce an Action Plan to Improve Performance</li> </ul>                           | <b>Independent Research into Topics.</b><br><b>Can Only be Typed Under Supervision.</b>  |
| <b>Autumn Term 2</b><br><b>Socio Cultural</b>                | <b>TRENDS &amp; BARRIERS TO PARTICIPATION</b> <ul style="list-style-type: none"> <li>Current Trends in Participation</li> <li>Factors Affecting Participation</li> <li>Reasons for Participation</li> <li>Strategies to Increase Participation</li> <li>Roles &amp; Responsibilities of Sports Organisations</li> </ul>   | <b>Educake</b><br><b>Exam Questions:</b><br>Popular Sports/Data Analysis<br>Factors Affecting Participation<br>Effect of Environment/Climate on Participation<br>Strategies to Increase Female Participation   |
| <b>Spring Term 1</b><br><b>Socio Cultural</b>                | <b>COMMERCIALISATION, ETHICS, VALUES, DRUGS</b> <ul style="list-style-type: none"> <li>Commercialisation of Sport</li> <li>Ethics and Values (recap as covered in Y10)</li> <li>Drugs and Violence in Sport</li> </ul> <b>INJURY PREVENTION &amp; DIET</b> <ul style="list-style-type: none"> <li>Prevention of Injury (Risk Assessments &amp; Hazards)</li> <li>Diet &amp; Nutrition</li> <li>Health, Fitness &amp; Wellbeing</li> </ul> | <b>Educake &amp; Exam Questions:</b><br>Role of the Media in Raising Participation in Sport<br>Sportsmanship<br>Deviance<br><b>Educake &amp; Exam Questions</b><br>Minimising risk of Injury<br>Hazards<br>Nutrient Analysis<br>Meal Planning<br>Hydration |
| <b>Spring Term 2</b>   | See lesson by lesson revision plan & lesson detail  | <b>Educake &amp; Exam Questions on Revision Areas</b>  |
| <b>Summer Term 1</b>   | See lesson by lesson revision plan & lesson detail  | <b>Educake &amp; Exam Questions on Revision Areas</b>  |