

GCSE PE Programme of Learning Y11 2024-25

Term	Topic	Homework
Autumn Term 1 AEP 10% Final Grade	<ul style="list-style-type: none"> • ANALYSISNG & EVALUATING PERFORMANCE (COURSEWORK) 14 Hours Total - Under Supervision • 3-4 Hours Importance of Components of Fitness (continued from Y10), Overview of Key Skills, Assess Strengths/Weaknesses • 1-2 Hours Movement Analysis and Skill Classification • 4-5 Hours Produce an Action Plan to Improve Performance 	Independent Research into Topics. Can Only be Typed Under Supervision.
Autumn Term 2 Socio Cultural	TRENDS & BARRIERS TO PARTICIPATION <ul style="list-style-type: none"> • Current Trends in Participation • Factors Affecting Participation • Reasons for Participation • Strategies to Increase Participation • Roles & Responsibilities of Sports Organisations 	Educake Exam Questions: Popular Sports/Data Analysis Factors Affecting Participation Effect of Environment/Climate on Participation Strategies to Increase Female Participation
Spring Term 1 Socio Cultural	COMMERCIALISATION, ETHICS, VALUES, DRUGS <ul style="list-style-type: none"> • Commercialisation of Sport • Ethics and Values (recap as covered in Y10) • Drugs and Violence in Sport INJURY PREVENTION & DIET <ul style="list-style-type: none"> • Prevention of Injury (Risk Assessments & Hazards) • Diet & Nutrition • Health, Fitness & Wellbeing 	Educake & Exam Questions: Role of the Media in Raising Participation in Sport Sportsmanship Deviance Educake & Exam Questions Minimising risk of Injury Hazards Nutrient Analysis Meal Planning Hydration
Spring Term 2	See lesson by lesson revision plan & lesson detail	Educake & Exam Questions on Revision Areas
Summer Term 1	See lesson by lesson revision plan & lesson detail	Educake & Exam Questions on Revision Areas