# East Allington Primary School NEWSLETTER

Active - Bold - Caring



### Friday 21st November 2025

Dear Parent and Carers,

As we head deeper into the winter months, it seems as though every cough, cold, sniffle and mystery bug is determined to make its way through our community! We completely understand that this time of year can be challenging for families — the darker mornings don't help, and sometimes it feels like just making it out the front door deserves a medal.

Attendance to date		
Beech	94%	
Hazel	93%	
Willow	93%	
National expectation	96%	

With that said, we wanted to take a moment to highlight the importance of good attendance wherever possible. Every single day in school really does count. When children are present consistently, they're able to build strong learning habits, keep pace with the curriculum, and feel confident in what they are doing. Just as importantly, regular attendance helps them stay connected socially — friendships,

routines, classroom belonging and that sense of being part of something all grow with being here each

day.

Of course, there will always be times when children are genuinely too unwell to attend, and rest and recovery are absolutely the right priority. We trust you to make those judgements, and we know families are doing their very best during a season when bugs seem to circulate faster than Christmas cards! However, we do sometimes see children missing school when they could still attend, and even small dips in attendance can add up over weeks and months. Coming to school even on less-than-energetic days helps children maintain momentum, prevents gaps from widening, and keeps them engaged with their

If you are ever unsure whether your child is well enough for school, please do reach out — a quick call to the office can help guide you. Likewise, if you're finding attendance tricky for any reason (health, anxiety, mornings feeling overwhelming, or anything else at all), please talk to us. We will always listen, and we're here to help find solutions that work for your child and your family.

Thank you for everything you do — Your partnership makes such a difference.

learning and peers. We are always here to support you in making those decisions.

Best wishes.

Liam Fielding **Headteacher** 







We educate children so they can lead great lives



Monday 1st December 2025	NON PUPIL DAY
Wednesday 3rd December 2025	Nature Makes
Monday 8th December 2025	Open Parent and Carer Forum 5:30 - 6:30pm
Tuesday 9th December 2025	Table decoration making with Julie
Wednesday 10th December 2025	Christmas Dinner (whole school)
Friday 12th December 2025	PTFA Christmas Faye @ 2:00pm
Tuesday 16th December 2025	KS1 and KS2 Panto trips
Wednesday 17th December 2025	Reception and Nursery Nativity in the Church @ 9:30am
Wednesday 17th December 2025	Candlelit Service in the Church
Thursday 18th December 2025	Open Classroom @ 2:30pm
Friday 19th December 2025	Pyjama day
Friday 19th December 2025	Saplings Christmas Performance—9am
Friday 19th December 2025	Last day of school



# CLASS 'SNAPPY' NEWS

# "I spy with my little eye!"

# **Saplings**

This week we have been busy looking at shapes and learning about keeping safe on the roads for road safety week. The children spotted circles, squares and triangles around the room and on traffic signs, then enjoyed building and creating shape pictures .

Outside the children practised stopping at the red light, using the 'zebra crossing' and learning how important it is to Stop, Look, Listen and hold an adults hand to keep safe.



# **Beech**

This week, in Beech, the Year One children have been learning about making two short, simple sentences into one compound sentence using the words 'and' and 'but'. The Reception children have been concentrating on the digraph, 'ck'.

We are busy practising the songs and dances for our Nativity-I am particularly enjoying 'Away in a Manger'.

Please look in your child's bookbag to find some history-related questions. These questions have been thought of by the class and require a parent of Grandparent to talk through the answersthank you.

In PE, we have been travelling with a ball in different ways, such as balancing the ball on body parts, bouncing and rolling.

# Hazel

Hazel class had an exciting start to the week visiting the round-house on Dartmoor as part of their history learning about the Stone Age and Bronze Age. The weather was beautiful and the day was filled with hands-on learning, teamwork and collaboration. A huge thank you to the PTA for their contribution towards the trip and for the amazing parents - and community - who helped get us there, despite breaking down 5 minutes away from school. (You couldn't make it up!).

Later in the week, the children wrote about their practical experiences on the moors and completed their own version of Little Red Riding Hood. In maths, the children used counters to partition numbers in order to practise mental methods of addition. In computing the children have started to look at digital photography including landscape and portrait images.



# **Willow**

Willow Class have thoroughly enjoyed exploring more about the planets this week, discovering how they orbit around the Sun — they even created a real-life model to bring their learning to life!

In maths, we are now moving on to adding and subtracting fractions, building on our growing confidence with fraction work.

We have also begun looking at the vocabulary from a new poem we'll be working on... but the poem itself remains a mystery for now. All will be revealed next week!

Handbell practice for the Christmas show is well underway, and the children are sounding fantastic already.

An amazing week all round!





# In Other Version

# Forest School Update

Forest School Update Mud, Makers & Magical Lanterns!

A brilliant mix of messy play, careful craftsmanship and creative construction filled our Forest

- Beech Class embraced the outdoors with enthusiasm, creating their very own mud slide and School sessions this week: having a first go at using the jewellery-making tools — a fun introduction to shaping and forming metal.
- Hazel Class focused on construction work, building the structures for their willow lanterns. Their teamwork and attention to detail are setting the stage for beautiful finished pieces.
- Willow Class continued their jewellery projects, moving on to more advanced techniques. This week they used a torch and solder to join their pieces — a huge step in their metalworking skills. The children continue to amaze us with their creativity, resilience and growing confidence in using tools safely and with confidence.
- □ Next week... we'll be adding light, colour and winter magic to our projects.















# Hazel Class trip to Dartmoor to see a Round-house!



























# Maths puzzle of the week - family fun

Try this mathematical thinking to get maths conversations happening at home

### 11. The river crossing problem:

A farmer is traveling with a fox, a goose, and a sack of beans. He comes across a river with a boat, but he can only take one item with him at a time.

If he leaves the goose with the fox, the fox will eat it. If he leaves the goose with the beans, the goose will eat them. How does he get everyone across safely?



## Recommended Read:

Ghostlines is set on the island of Ayrie, where Tilda is at her happiest. She thrives in nature, loves exploring and breathes in every moment of the wilderness. Living in a small and tight-knit community, Tilda is intrigued when a new boy, Albie, arrives. Tilda spends all of her efforts showing him the hidden treasures of the island, but to no avail, as he misses living life in the city.

Despite his reluctance to be friendly, they explore a nearby haunted island and strike an unexpected friendship.

Readers will find themselves absorbed in the cleverly crafted descriptions of the wild, while also rooting for the characters within. It is hard not to fall in love with Tilda and her determination to show everyone the importance of bonding with nature.



# East Allington Primary School SEND signpost

# **HAF Winter Delivery**

We are delighted to let you know that our Winter 2025 Holiday Activities & Food Programme is now live and there are plenty of spaces available for children in Devon. This year we also have some opportunities for family pantomime tickets available to book via the booking system and, as always, a wide range of fantastic provision for all eligible families.

We're now taking bookings for the Holiday Activities and Food Programme for this Winter - News

Here is the link to the Booking System <a href="https://eequ.org/devonhaf">https://eequ.org/devonhaf</a> please have a look - you can also view the schemes using a map as well.

Some schemes this year also include hampers, and all provide either a hot or cold nutritious meal, alongside a variety of physical activities.

I would be most grateful if you could spread the news far and wide within your teams and with those working directly with the families, so that as many eligible children can access schemes as possible.

If you have any questions, please get in touch via <a href="mailto:haf@devon.gov.uk">haf@devon.gov.uk</a>





Do you like to sing? Would you like the chance to perform?

Are you in Year 2-6?

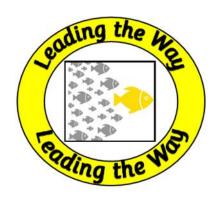
Then you might like to join our new...

# Choir Club

Every Tuesday lunchtime 12.45-1.05pm in Hazel Class

We will be working towards some Christmas performances.

No experience needed - just enthusiasm.















Beech Class are on the look-out for role-play items. Please let Mrs Partridge know if you can source any of these from family or friends:

Scarves
Hats
Jewellery
Pots/pans







# **East Allington Primary School PTFA**



# **East Allington Primary School PTFA**

# UNIFORM SWAP SHOP

Held on the last Thursday of every half term \*





Bring in clean uniform which is too small and swap for larger sizes



or buy items for a donation

**EAST ALLINGTON**PRIMARY SCHOOL





# Piano lessons with Jess Heywood, available in school

(with option to work towards accredited piano exams)

# Contact: jess\_h\_heywood@yahoo.co.uk

Jess is the Director of the Youth Festival,
Dartmouth Music Festival
and is available for new bookings

Please book your child's place by contacting Jess directly or get in touch with the school office.

# **Apply for a primary** school place

Was your child born between 1 September 2021 and 31 August 2022?

Apply online at: devon.cc/admissionsonline

or scan the QR code. Applications open from 15 November 2025 to the 15 January 2026

If you can't access the school admissions website you can get more information by emailing admissions@devon.gov.uk or call our Education Helpline on:

0345 155 1019



You must apply through the Admissions Team, even if you've already given details to a school. Applications made directly to schools or on their lists will not be accepted. County Council





# SWIM HAPPY, SWIM WITH CONFIDENCE

Learn to swim with Fusion Lifestyle

- Preschool, junior & adult lessons available
- Kids swim for FREE\* in general swim sessions
- ✓ Track your child's progress online



Scan the QR code to find out more

Swim School







fusion-lifestyle.com/swimschool

# SPORTIVAS TRAIL RUNNING RETURNS TO TOARTINGTON

Chip Timing / Professional photographs & friendly marshals / Family-friendly atmosphere / Medals for all finishers / Well-marked courses
Free hot drink or beer when you finish + food options at Green Table Cafe

Friday 21st Nov, 9am-3pm

# DART CHALLENGE

Choose your challenge: run a marathon, a 10K or as many 5K laps as you can fit into six hours!



Saturday 22nd Nov 5.30pm



Head torches on! Take on a thrilling night-time trail run (10K, 5K & kids races) through Dartington's beautiful grounds. Expect twisting trails, glowing markers, and a post-race buzz like no other. Podiums & Prizes including best fancy dress!



Location: Dartington Estate, Totnes, Devon, TQ9 6EE

Sign up online: sportivaevents.co.uk



Get your hats, your spirits, and your running shoes ready for a jolly dash!

# Saturday 13 December 2025

Sign-in from 1.30pm, Race begins at 2.00pm

Things Happen Here, Meadowbrook Community Centre, Shinners Bridge, Dartington, TQ9 6JD



- A fun Santa Run/Walk for all ages and abilities
- Distance options from 1 mile (1 lap) up to 5 mlaps)
- Kids up to age 10: FREE! Adults (10+): E10
- Fancy dress is most definitely encouraged (but pot co)
- Treat yourself to a pint and pizza at Things Happen Here
- Free toasted treats around the fire

Book now via Dynamic Adventures website





# Junior Hockey Years 4 to 9

Tuesday's 5.00pm - 5.50pm

KCC AWP

Girls & Boys

# Starting Tuesday 16th September



You will need to wear trainers, shin pads and a mouth guard. Hockey sticks can be provided. Please bring a drink.

Cost is £25.00 subscription for the year and £30.00 for 12 sessions, from September to December.

If you would like more information, please email Sarah Budgen at slb1.home@outlook.com

# Making Christmas Manageable

# Citizens Advice



# Simple ways to enjoy the festive season without overspending

Christmas can be a great time to relax and spend time with family, but it often comes with extra costs and pressure to spend more than we'd like. With household budgets already stretched, a bit of planning can make a real difference.

### 1. Set a Realistic Budget

Work out what you can comfortably afford to spend and stick to it. It's easy for small extras to add up, so keep a list of what you need — and what you don't. If you can, set aside a small amount each week to spread the cost.

### 2. Keep Gifts Simple

Children often remember the fun and attention more than what's under the tree. Lowcost or homemade <u>gifts</u>, <u>or</u> pooling together for a "Secret Santa" within the family, can keep things fair and affordable for everyone.

### 3. Plan Food Carefully

Christmas dinner doesn't need to be over the top. Planning meals in advance helps avoid waste, and sharing the cooking with friends or relatives can save both time and money.

### 4. Make the Most of What's Local

There are plenty of free or low-cost events in Teignbridge over the festive period — from school fairs to community activities. These can be a great way to get into the Christmas spirit without spending much.

### 5. Don't Feel Pressured

It's fine to say no to things that stretch your budget. A walk to see the lights, a film night at home, or a board game with family can make just as good memories as anything that costs money.

### Need a Bit of Advice?

If you're worried about money or would like some support with budgeting, benefits, or local services, the Citizens Advice Schools Project can help. You can speak to your school for a direct referral.



The Warmth & Wellbeing Service

# HOME ENERGY ADVICE

Better Housing Better Health (BHBH) is a charity working locally to improve your warmth & wellbeing. In a preventative approach, our free helpline provides you with a single point of contact for services, advice and financial support in order to help improve the energy efficiency of your property.

# BETTER HOUSING BETTER HEALTH CAN HELP WITH:

ENERGY BILL SUPPORT



HOME ENERGY VISITS

FINANCIAL SUPPORT

PRIORITY SERVICES REGISTER





**CALL US FOR FREE** 

0800 107 0044

OR VISIT: WWW.BHBH.ORG.UK

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# School aged vaccinations

Did you know children will be offered these routine vaccinations at school?



- MMR Catch-up
- HPV- Year 8 Year 11
- Meningitis ACWY Year 9 Year 11
- Diphtheria, Tetanus, Polio (DTP) Year 9 - Year 11

MENINGITIS ACWY

# Did you miss us?

We also have community clinics across Devon for:



Anxious children

Children who missed the session at school DIPHTHERIA TETANUS POLIO (DTP)

SCAN



For further information scan the QR code or please speak with a member of the team

Call us on

01392 342678

Kernowhealthcic.schoolimmsdevon@nhs.net



# flu: 5 reasons to vaccinate your child



# 1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

# 2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

# 3. No injection needed

The nasal spray is painless and easy to have

# 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

# Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine). For more information visit www.nhs.uk/child-flu





Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. If you need help before you hear back from us, please contact your GP, nearest waik-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.





# Should I keep my

# child off school?

# Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics



# but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek





# Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://grco.de/minfec.