



Ski Trip Montreal, Canada (Feb 2025) Suggested Clothing List

For the slopes (Feb Canada temperatures -3° to -11°)

- Ski jacket
- Salopettes
- 2 or 3 base-layer tops (not cotton)
- 1 or 2 base-layer long johns
- 3 pairs of ski socks or tubes
- 1 or 2 mid-layer fleece tops
- Ski gloves
- Inner gloves
- Goggles (and sunglasses if desired)
- Warm hat (must be thin if it is to be worn under the helmet)
- Snood/ balaclava
- Sunblock and lip screen (Factor 35+)

[Parents – Ski kit can be obtained relatively inexpensively from outlets such as TK Maxx, Sport Direct, Lidl, Aldi or even Vinted for good quality used items. Also look on websites after Christmas for sale items. Skis/ski boots/poles and helmets will be provided for all students in resort.]

For the Trip

- Normal changes of underwear, socks for seven days
- Clothes for seven days including warm tops for evening activities
- Nightwear
- Swimwear (only to be used for Hot Tub)
- Wallet or purse
- Wash kit
- 'Normal' sturdy footwear (for walking around the resort/ Toronto/ evening activities) e.g. trainers
- Bin liner/s – for dirty kit!
- Suitcase/bag (Max 23kg full)
- Small rucksack / bag as hand luggage for the coach/ flight/ slope.
- All personal items should be named
- Please remember - we will be skiing, not attending a fashion show!
You only have 23kg of baggage and may want to bring presents back!