

Our learning in Nursery: Autumn Term 1, 2026

What makes me, me?

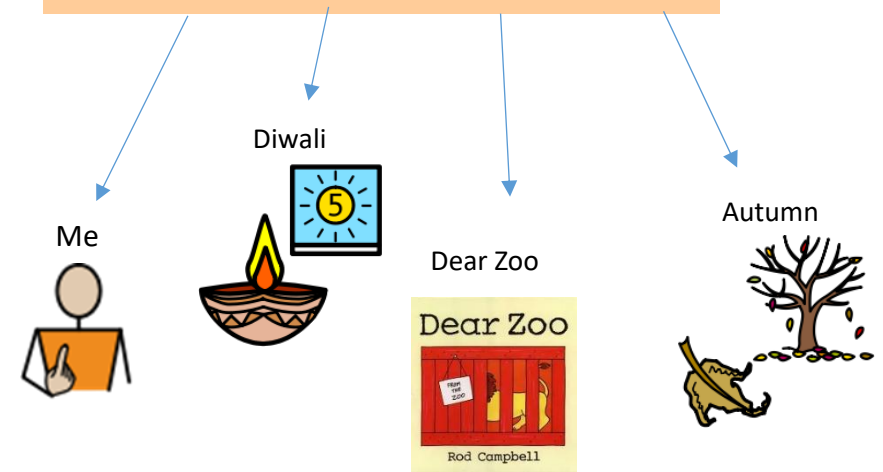
Personal, Social and Emotional Development



We will learn...

- To begin to recognise our emotions and know if we are happy or sad
- To use the toilet independently and why it is important to wash our hands
- Our classroom rules and how to share the classroom resources
- How to take turns and when to wait for a turn
- Where to keep my belongings in school
- I have friends at school and what some of their names are

Possible lines of enquiry/interest



Encourage me to find and carry my own coat and bag. Allow me to try and put on my own coat and clothes and know I will ask you if I need help

Talk with me positively about school and help me to name my teachers and my friends

Encourage me to be independent in using the toilet and washing my hands



Communication and Language

We will learn...

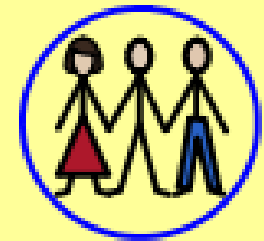
- How to follow our good listening rules “good sitting, good looking, good listening”
- How to follow our class ‘visual timetable’ by linking pictures with actions and routines
- New words related to our everyday routines – carpet, inside, outside, snack time, lining up, home time, cleaning teeth time, lunch time
- To talk about ourselves and the things we can do
- To begin to talk about our families and people who are special to us
- To join in with singing familiar nursery rhymes and other songs we sing in school

You can help me by...

Talk with me every day about things I experience

Ask me open ended questions such as who, where, what, when, how and why

Sing with me to help me learn familiar songs really well



Physical Development

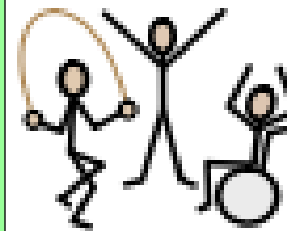
We will learn...

- Some safety rules for using the equipment and resources in school
- To move in different ways such as walking, running, jumping, clapping, waving, crawling and hopping
- To use our hands and fingers to squash, roll, pat, squeeze malleable materials such as playdough, sand and cornflour

You can help me by...

Taking me to the park and encouraging me to climb and move my body in different ways over, under and around the equipment

Encourage me to dress and undress independently and to walk, scoot or cycle as much as possible to help my muscles strengthen



Literacy



We will learn ...

- To listen to short stories
- To listen to and begin to join in with songs, rhymes and poems
- To join in with actions to familiar songs, rhymes and daily routines
- How to care for books. How to hold them the correct way up and turn pages one at a time
- Notice familiar letters and logos for example spotting the beginning letter in their name or noticing signs and logos they recognise in the environment around them
- Develop a small number of favourite books and begin to join in with repeated phrases from these books
- To hear and identify sounds in the environment around us
- To listen carefully to sounds and hear the differences between similar sounds
- Use their voice and whole body to make different noises such whoosh, grrr, ssss, pop

You can help me by...

Singing with me! Sing familiar songs and rhymes with me and change the word, speed or volume to keep it interesting

Share picture books with me every day and talk about what we see, who is in the story, what might happen next etc. encourage children to notice new vocabulary they may not have heard before

Mathematics

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We will learn to...

- Say number names in order and be able to say what number comes next up to 5
- Represent numbers 1 and 2 using objects such as 2 sticks or 1 Duplo brick
- Use fingers to show numbers up to 5
- Begin to count out loud to 10
- Use marks and symbols to record numbers 1 and 2
- Recognise groups of 1 or 2 quickly without having to count them – we call this subitising
- Compare two sets of vastly different quantities and be able to say which group has more
- Talk about and name some simple shapes

You can help me by...

“Thinking out loud” simple number problems such as “There are 3 people here, I wonder how many cups I need?”

Make mistakes when counting out loud or counting objects and encourage your child to correct you. How do they know that they are correct?

Point out numbers you see when out and about

Go on a number hunt and look for 1 of as many things as you can e.g. 1 leaf, 1 stone

Understanding the world

We will learn ...

- That there are different days of the week and the names for some of the days
- What we mean by “yesterday” when talking about the immediate past and “tomorrow” when talking about the immediate future
- Know that some routines happen at the same time each day – breakfast time, arriving at school, carpet time, home time, lunch time, bedtime.
- To parts of the body – head, leg, arm, hands, eyes, mouth
- To talk about some of the changes we see in the weather – clouds in the sky, rainy weather, we need to wear a jacket/coat, wind
- Explore water and Know that water feels different and use some words to describe it – wet, cold, warm
- Notice that we can collect, pour, tip, splash, swirl water with our hands or bodies

You can help me by...

Talking with me about the changes we see in the weather

Talking about our routine and explain what is happening now and what will happen next



Expressive Arts and Design

We will learn ...

- To name some colours and to paint, print and draw using different colours
- To 'make believe' using objects and materials I find
- To listen to music and begin to move my whole body in response to music I hear
- Use paint, pens and other materials to make a picture of something I choose
- To use glue to fix things together

You can help me by...

Playing along with me when I make believe or tell a story

Sing and dance with me to familiar rhymes or other songs we enjoy

Talk with me about the things I make and design

