

## Introduction

**The 1decision resources have been created to provide schools with the flexibility to deliver PSHE lessons in line with the needs of your students. The needs of your students will vary depending on geographical location, local community, and social issues.**

It is important that teaching staff understand our delivery guides are only a suggestion and to tailor our resources to the needs of their students and community.

Topics can be delivered as standalone PSHE lessons, or filtered into other areas of the curriculum. *For example: our 'In-app Purchases' topic could form a maths lesson.*

Within this document, you will find our suggested cycle plans and individual year-by-year plans. This order of delivery is the most commonly used, and the one we suggest to most schools.

**Please see alternative delivery plans in the [Teacher Area](#).**

*If you require any further assistance with the delivery of our resources, please do not hesitate to contact us at [info@1decision.co.uk](mailto:info@1decision.co.uk).*

## Using the Baseline Assessments

A baseline assessment is provided for each module and is suggested for Year 1 and Year 4. The baseline activities will enable you to gain an understanding of your pupils' current knowledge and support your long-term assessment of pupils' knowledge and skills.

In an ideal world, we would all be introducing 1decision in Year 1 and following the delivery plan until the children leave in Year 6.

However, this may not be the case if you are introducing 1decision from years 2-6.

If you are starting in Year 2 or 3, we would still suggest that you start at the baseline assessment and work your way through the topics in the same sequence, removing any topics you have covered previously.

Alternatively, if you were starting in Year 5 or 6, you would start at the baseline suggested for Year 4. It will typically take a school around one academic year to catch up.

Some baselines are very brief and some, when used in detail, could form a lesson and sometimes even two. This really will depend on the amount of time you give to discussions.

5-8 MODULES	YEAR ONE		YEAR TWO			YEAR THREE	
Feelings & Emotions	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Jealousy</u>	Topic: <u>Worry</u>		Topic: <u>Anger</u>	Topic: <u>Grief</u>	Long-Term Assessment: <u>Summative</u>
Keeping/ Staying Safe	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Road Safety</u>	Topic: <u>Tying Shoelaces</u>		Topic: <u>Staying Safe</u>	Topic: <u>Leaning Out of Windows</u>	Long-Term Assessment: <u>Summative</u>
Keeping/ Staying Healthy	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Washing Hands</u>	Topic: <u>Healthy Eating</u>	Topic: <u>Brushing Teeth</u>	Topic: <u>Medicine</u>	Long-Term Assessment: <u>Summative</u>	
Relationships	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Friendship</u>	Topic: <u>Bullying</u>	Topic: <u>Body Language</u>	Topic: <u>Touch</u>	Long-Term Assessment: <u>Summative</u>	
Computer Safety	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Online Bullying</u>	Topic: <u>Image Sharing</u>	Topic: <u>Computer Safety Documentary</u>	Topic: <u>Making Friends Online</u>	Long-Term Assessment: <u>Summative</u>	
Being Responsible	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Water Spillage</u>	Topic: <u>Practice Makes Perfect</u>	Topic: <u>Helping Someone in Need</u>	Topic: <u>Stealing</u>	Long-Term Assessment: <u>Summative</u>	
Our World	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Growing in Our World</u>	Topic: <u>Living in Our World</u>	Topic: <u>Working in Our World</u>	Topic: <u>Looking After Our World</u>	Long-Term Assessment: <u>Summative</u>	
Fire Safety SPECIAL*	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Hoax Calling</u>	Topic: <u>Petty Arson</u>	Topic: <u>Texting Whilst Driving</u>	Topic: <u>Enya &amp; Deedee Visit the Fire Station</u>	Long-Term Assessment: <u>Summative</u>	
Hazard Watch <i>(This module will soon be replaced)</i>	Long-Term Baseline Assessment Is it safe to eat or drink? Is it safe to play with? Long-Term Summative Assessment						

*\*Please note: Although the Fire Safety module features our young character Deedee, you may find that the lesson content is also suitable for older children.*

8-11 MODULES	YEAR FOUR		YEAR FIVE		YEAR SIX		
Feelings & Emotions	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Jealousy</u>	Topic: <u>Anger</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>Worry</u>	Long-Term Assessment: <u>Summative</u>	
Keeping/ Staying Safe	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Cycle Safety</u>	Topic: <u>Peer Pressure</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>Water Safety</u>	Long-Term Assessment: <u>Summative</u>	
Keeping/ Staying Healthy	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Healthy Living</u>	Topic: <u>Smoking</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>Alcohol</u>	Long-Term Assessment: <u>Summative</u>	
Growing & Changing	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Appropriate Touch (Relationships)</u>	Topic: <u>Puberty</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>Conception</u>	Long-Term Assessment: <u>Summative</u>	
Computer Safety	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Online Bullying</u>	Topic: <u>Image Sharing</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>Making Friends Online</u>	Long-Term Assessment: <u>Summative</u>	
Being Responsible	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Coming Home on Time</u>	Topic: <u>Looking Out for Others</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>Stealing</u>	Long-Term Assessment: <u>Summative</u>	
The Working World	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Chores at Home</u>	Topic: <u>Enterprise</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>In-App Purchases</u>	Long-Term Assessment: <u>Summative</u>	
A World Without Judgement	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Breaking Down Barriers</u>	Topic: <u>Inclusion &amp; Acceptance</u>	Topic: <u>Adults' &amp; Children's Views</u>	Topic: <u>British Values</u>	Long-Term Assessment: <u>Summative</u>	
First Aid SPECIAL	Long-Term Assessment: <u>Baseline</u>	Topic: <u>First Aid Year 4</u>	Topic: <u>First Aid Year 5</u>		Topic: <u>First Aid Year 6 (Part 1)</u>	Topic: <u>First Aid Year 6 (Part 2)</u>	Long-Term Assessment: <u>Summative</u>

5-8 MODULES	YEAR ONE	
Feelings & Emotions	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Jealousy</u>
Keeping/Staying Safe	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Road Safety</u>
Keeping/Staying Healthy	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Washing Hands</u>
Relationships	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Friendship</u>
Computer Safety	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Online Bullying</u>
Being Responsible	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Water Spillage</u>
Our World	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Growing in Our World</u>
Fire Safety SPECIAL*	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Hoax Calling</u>
Hazard Watch (This module will soon be replaced)	Long-Term Baseline Assessment Is it safe to eat or drink? Is it safe to play with? Long-Term Summative Assessment	

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5-8 MODULES		YEAR TWO	
Feelings & Emotions	Topic: <u>Worry</u>		Topic: <u>Anger</u>
Keeping/Staying Safe	Topic: <u>Tying Shoelaces</u>		
Keeping/Staying Healthy	Topic: <u>Healthy Eating</u>	Topic: <u>Brushing Teeth</u>	
Relationships	Topic: <u>Bullying</u>	Topic: <u>Body Language</u>	
Computer Safety	Topic: <u>Image Sharing</u>	Topic: <u>Computer Safety Documentary</u>	
Being Responsible	Topic: <u>Practice Makes Perfect</u>	Topic: <u>Helping Someone in Need</u>	
Our World	Topic: <u>Living in Our World</u>	Topic: <u>Working in Our World</u>	
Fire Safety SPECIAL*	Topic: <u>Petty Arson</u>	Topic: <u>Texting Whilst Driving</u>	
Hazard Watch <i>(This module will soon be replaced)</i>	Long-Term Baseline Assessment Is it safe to eat or drink? Is it safe to play with? Long-Term Summative Assessment		

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5-8 MODULES	YEAR THREE		
Feelings & Emotions	Topic: <u>Grief</u>	Long-Term Assessment: <u>Summative</u>	
Keeping/Staying Safe	Topic: <u>Staying Safe</u>	Topic: <u>Leaning Out of Windows</u>	Long-Term Assessment: <u>Summative</u>
Keeping/Staying Healthy	Topic: <u>Medicine</u>	Long-Term Assessment: <u>Summative</u>	
Relationships	Topic: <u>Touch</u>	Long-Term Assessment: <u>Summative</u>	
Computer Safety	Topic: <u>Making Friends Online</u>	Long-Term Assessment: <u>Summative</u>	
Being Responsible	Topic: <u>Stealing</u>	Long-Term Assessment: <u>Summative</u>	
Our World	Topic: <u>Looking After Our World</u>	Long-Term Assessment: <u>Summative</u>	
Fire Safety SPECIAL*	Topic: <u>Enya &amp; Deedee Visit the Fire Station</u>	Long-Term Assessment: <u>Summative</u>	
Hazard Watch (This module will soon be replaced)	Long-Term Baseline Assessment Is it safe to eat or drink? Is it safe to play with? Long-Term Summative Assessment		

*\*Please note: Although the Fire Safety module features our young character Deedee, you may find that the lesson content is also suitable for older children.*

8-11 MODULES	YEAR FOUR	
Feelings & Emotions	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Jealousy</u>
Keeping/Staying Safe	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Cycle Safety</u>
Keeping/Staying Healthy	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Healthy Living</u>
Growing & Changing	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Appropriate Touch (Relationships)</u>
Computer Safety	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Online Bullying</u>
Being Responsible	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Coming Home on Time</u>
The Working World	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Chores at Home</u>
A World Without Judgement	Long-Term Assessment: <u>Baseline</u>	Topic: <u>Breaking Down Barriers</u>
First Aid SPECIAL	Long-Term Assessment: <u>Baseline</u>	Topic: <u>First Aid Year 4</u>

8-11 MODULES	YEAR FIVE	
Feelings & Emotions	Topic: <u>Anger</u>	Topic: <u>Adults' &amp; Children's Views</u>
Keeping/Staying Safe	Topic: <u>Peer Pressure</u>	Topic: <u>Adults' &amp; Children's Views</u>
Keeping/Staying Healthy	Topic: <u>Smoking</u>	Topic: <u>Adults' &amp; Children's Views</u>
Growing & Changing	Topic: <u>Puberty</u>	Topic: <u>Adults' &amp; Children's Views</u>
Computer Safety	Topic: <u>Image Sharing</u>	Topic: <u>Adults' &amp; Children's Views</u>
Being Responsible	Topic: <u>Looking Out for Others</u>	Topic: <u>Adults' &amp; Children's Views</u>
The Working World	Topic: <u>Enterprise</u>	Topic: <u>Adults' &amp; Children's Views</u>
A World Without Judgement	Topic: <u>Inclusion &amp; Acceptance</u>	Topic: <u>Adults' &amp; Children's Views</u>
First Aid SPECIAL	Topic: <u>First Aid Year 5</u>	



8-11 MODULES	YEAR SIX		
Feelings & Emotions	Topic: <u>Worry</u>		Long-Term Assessment: <u>Summative</u>
Keeping/Staying Safe	Topic: <u>Water Safety</u>		Long-Term Assessment: <u>Summative</u>
Keeping/Staying Healthy	Topic: <u>Alcohol</u>		Long-Term Assessment: <u>Summative</u>
Growing & Changing	Topic: <u>Conception</u>		Long-Term Assessment: <u>Summative</u>
Computer Safety	Topic: <u>Making Friends Online</u>		Long-Term Assessment: <u>Summative</u>
Being Responsible	Topic: <u>Stealing</u>		Long-Term Assessment: <u>Summative</u>
The Working World	Topic: <u>In-App Purchases</u>		Long-Term Assessment: <u>Summative</u>
A World Without Judgement	Topic: <u>British Values</u>		Long-Term Assessment: <u>Summative</u>
First Aid SPECIAL	Topic: <u>First Aid Year 6 (Part 1)</u>	Topic: <u>First Aid Year 6 (Part 2)</u>	Long-Term Assessment: <u>Summative</u>