

Sacred Heart Newsletter



— 28th September 2026 —

Monday 28th

Running club Year 5 & 6
(Registered runners only 3.15– 4.15pm)
Year 1: PSD Multi-Sports (3.15–4.15pm)
Year 3: PSD Football (3.15–4.15pm)
Coding Club Year 1,2,3,4,5 & 6 (3.20–4.15pm)
Musical Theatre Club - KS2 (3.15– 4.15pm)

Tuesday 29th

Year 3 – Hertfordshire Zoo

Year 2,3 &4 French Club (3.15–4.15pm)
Year 2 & 3: PSD Football (3.15–4.15pm)
Year 4, 5 & 6 PSD Netball (3.15–4.15pm)
Irish Dancing: Year 1–Year 6 (3.15–4.10pm)

Wednesday 30th

Year 2: PSD Multi-Sports (3.15–4.15pm)
Year 4: PSD Football (3.15–4.15pm)
Year 3,4, 5 & 6 Art Club (3.15– 4.15pm)
Year 1 – 4 : Ballet (3.15–4.15pm)

Thursday 1st

Year 1 & 2: PSD Football (3.15–4.15pm)
Year 4,5,6: PSD Multi-Sports (3.15–4.15pm)
Dance Club – Miss S (3.15–4.15pm)
Spanish Club: Year 1– Year 4 (3.15– 4.15pm)
Irish Music Lessons: Year 2 (2.45–3.15pm)
Year 3 + (3.15 –4pm) Advanced (4–4.45pm)

Friday 2nd

Year 3,4,5 & 6 Tennis (8.00–8.45am)
Year 1 & 2 Tennis (3.15–4.15pm)
Year 3 & 4: PSD Multi-Sports (3.15–4.15pm)
Year 5 & 6: PSD Football (3.15–4.15pm)
Year 1–Year 6 Street Dance (3.15– 4.15pm)

NB. ONLY FRUIT SNACKS ARE PERMITTED FOR ALL CLUBS (NO GRAPES)

SAFEGUARDING

***If your child is unable to attend a **SH** or **PSD** club, please e-mail clubs@shpsruislip.org ***

Lunch Menu – Week 1

This week at Sacred Heart...

Dear Parents,

This week, we came together as a school family for our whole school collective worship to reflect on our theme for the year: **"Be a Light for All to See."**

We explored how every member of our community has unique gifts, talents and qualities, and how sharing these with others can make a positive difference. The children thoughtfully considered how kindness, perseverance, courage and respect are all ways of letting their light shine. As we begin this new school year, we are excited to see every child embrace new opportunities, grow in confidence and use their strengths to inspire others.

"Let your light shine before others." (Matthew 5:16)

Year 2 and Year 5 Trips

This week our Year 2 pupils enjoyed a trip to the Iver Environment Centre and our Year 5 pupils visited Willow Tree, Harefield. Both visits provided a wonderful opportunity for the children to explore and learn about the natural world through a range of engaging activities and experiences. The trips were enjoyed by all, and on their return, the children were eager to share the many exciting things they had seen, discovered and experienced throughout the day. We are grateful to the staff and volunteers who helped make these trips such a memorable experience.

Gold School Travel Accreditation

We are incredibly proud to announce that our school has been awarded Gold Accreditation for our School Travel Plan.

The award recognises the hard work, commitment and dedication shown by our staff, pupils and families in promoting safe, active and sustainable travel to and from school. Achieving Gold status is a fantastic accomplishment and reflects the collective effort of our whole school community.

The assessors commented:

"Congratulations on achieving Gold accreditation! It's a fantastic achievement and a true reflection of all the hard work and dedication you've put into your school travel plan. Well deserved!"

We would like to thank, in particular Mr Hawkins and everyone who has supported our travel initiatives and helped us reach this important milestone.

Wishing you a lovely weekend,

Miss Morahan and Mrs Stockwell

Girls' Football



The Year 6 girls had their first games of the year on Wednesday. They drew three (0.0 v Whiteheath A, 0.0 v Deanesfield, 1.1 v Newnham) and won one (2.0 v Whiteheath B). 3 goals came from Emily, Sienna and Nancy.

The girls showed great teamwork and support for each other, and I was incredibly proud of how they represented our school.

Mrs Stockwell

Safeguarding at Sacred Heart Catholic Primary School

Safeguarding is everyone's responsibility at Sacred Heart.

The wellbeing of our children is of paramount importance to all staff. Should any person (parent or staff) have a concern regarding a child's wellbeing, please inform one of the school's designated safeguarding team. In cases where school staff have concerns, they have a duty to discuss the issue with Social Services to seek further advice. This is the statutory obligation of all schools.

Our Safeguarding team are:

Mr D Wright (Designated Safeguarding Lead)

Miss Morahan & Mrs Stockwell (Deputy Designated Safeguarding Leads)

Mrs C Wloch (Designated Safeguarding Governor)



RUISLIP RFC MINIS

Building fun, friendship and teamwork for
girls & boys aged 5+

All welcome in a safe and
inclusive environment



Sunday mornings
September - May



10am
1-2 hour sessions



Ruislip RFC
West End Road, HA4 6D



CONTACT: MINIS@RUISLIPRFC.CO.UK

SKANSKA



STRABAG

Working in
partnership with

HS2

Overnight monitoring at Herlwyn Recreation Ground, West Ruislip

HS2-SCS-26-2483

Location

Herlwyn Recreation Ground, West Ruislip

Duration

Overnight monitoring on 5 October and 14 October, working hours 11pm to 6am

What we are doing

There will be vibration testing inside the tunnel to inform the track design of the new railway and we'll be monitoring on the surface of the recreation ground at this time.

What to expect

You will see colleagues working at this location each night. The works will not be noisy. We'll use lighting during our works. We'll make sure lighting is facing away from properties. We'll keep noise levels to a minimum to avoid disturbing residents.

We are committed to keeping you informed about work on HS2. This includes ensuring you know what to expect and when to expect it, as well as how we can help you. Should you have any questions or concerns about our works you can contact us by:



Freephone **08081 434 434**



Minicom **08081 456 472**



Email **HS2enquiries@hs2.org.uk**



Writing to **FREEPOST
HS2 Community Engagement**



Website **www.hs2.org.uk**

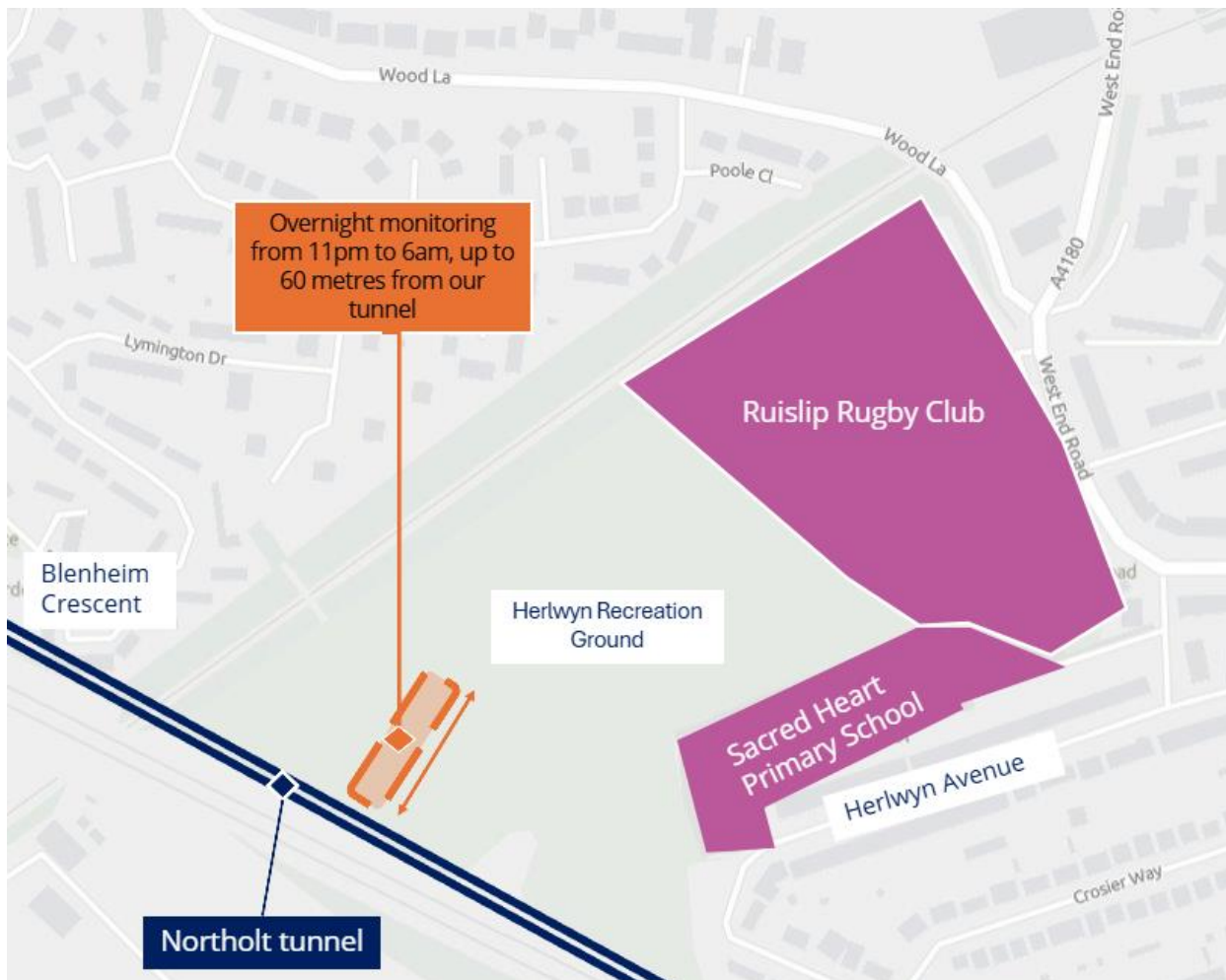
Keep up to date with what is happening in your local area at
**[www.hs2.org.uk/in-your-area/
in-your-area-map/](http://www.hs2.org.uk/in-your-area/in-your-area-map/)**

Additional information

We will carry out overnight monitoring to inform the track design of the new railway on 5 and 14 October at the recreation ground from 11pm to 6am. We will install monitoring equipment the evening before and will remove the equipment after we complete our overnight monitoring.

Where we will be working

Please see the map below showing the location of our works on Herlwyn Recreation Ground, West Ruislip.



Please contact us if you'd like a free copy of this document in large print, Braille, audio or 'easy read' format. You can also contact us for help and information in a different language.

Holding us to account

If you are unhappy for any reason, you can make a complaint by contacting our HS2 Helpdesk team. For more information, visit: www.hs2.org.uk/how-to-complain

We have an independent Residents' and Construction Commissioner who helps settle disputes and monitors the way in which we manage and respond to complaints about construction.

For more information visit: www.hs2.org.uk/independent-commissioner