# What's on the menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	food with thought FRIDAY
WEEK ONE	Butternut Squash Frittata	Taco Tuesday (Soft Taco)	Chickpea & Herb Veggie Balls	Pasta Arrabbiata with Spinach	Sweetcorn & Pepper Pizza
	(Egg, Milk)	Wheat Served with Chilli Beans (Kidney Beans)	Served in an Italian Style Tomato Sauce with Oven Baked Potato Wedges	Wheat (Cannellini) (Wholegrain/White) Served with Tomato & Basil Style Focaccia	Wheat, Milk (Wholemeal Base) with Chips
		& Rice (Wholegrain/White) or Smokey BBQ Style Beef	Will Oven Bakear blate weages	Wheat, Egg, Milk, Soybeans	or New Potatoes
	Macaroni Cheese	Sulphites	Chicken Sausage Roll with Gravy		Salmon Jambalaya
	Wheat, Milk with a Chefs Salad	Salad Bar Style Toppings	Wheat, Sulphites with Oven Baked Potato Wedges	Beef Cottage Pie	Fish, Mustard Served with Tomato Sauce & Chips or New Potatoes
		Sweet Potato & Bean Turnover (Borlotti)		Swede/ Peas	
	Carrots / Green Beans		Carrots / Savoy Cabbage		Baked Courgettes / Baked Beans
	Steamed Chocolate Sponge	Sweetcorn / Zesty Coleslaw			
	Wheat, Egg, Milk	Orange Traybake		Lemon Shortbread	Apple Flapjack
	Served with Chocolate Sauce	Wheat, Egg, Milk	Jelly with Fresh Fruit Wedges	Wheat	Wheat
	Milk			or Cinnamon & Chocolate Gram Flour Shortbread Both Served with Orange Wedges	
WEEK TWO	Tomato & Basil Pasta	Cheese & Leek Puff Pastry Pinwheel	Caribbean Style Vegetable Curry	Roasted Root Vegetable Cottage Pie	Courgette & Carrot Pakora (Chickpeas)
	Wheat (Borlotti) (Wholegrain/White) Served with a Rainbow Ribbon Salad	Wheat (Cannellini) Served with New Potatoes	Wheat, Soy Served with Rice		Served with Kachumber Salad & Chips
				Beef Bolognaise	or New Potatoes
			'Build Your Own' Beefburger	Served with Penne Pasta	
	Jacket Potato with Cheese	Piri Piri Style Chicken	Served in a Roll Soya, Wheat, Sulphites	Wheat or Rice (Wholegrain/White Pasta or Rice)	Battered Fish Wheat, Fish
	Milk	Served with Rice	with Seasoned Oven Roast Wedges	with Garlic & Herb Style Focaccia	Served with Tomato Sauce & Chips
	& Baked Beans	(Wholegrain/White)	5	Wheat, Egg, Milk, Soybeans	or New Potatoes
			Salad Bar Style Toppings		
	Butternut Squash / Broccoli	Carrots / Peas	Sweetcorn / Winter Coleslaw	Baked Courgettes & Tomatoes / Green Beans	Baked Beans / Peas
	Battomat oquadin, Brooodin		Egg, Milk, Mustard		Chocolate Shortbread
		Red Velvet Sponge		Wholemeal Carrot Cake	Wheat
	Forest Fruit Flapjack Wheat	Wheat, Egg, Milk Served with Custard	Ice Cream Milk	Wheat, Egg Served with Custard	with Apple Wedges or Lemon Gram Flour Shortbread
	Wheat	Milk	with Apple Compote	Milk	with Apple Wedges
WEEK THREE	Pizza Margherita	Jacket Potato with Cheese	Carrot & Leek Sausages Wheat (Cannellini)	Chinese Style Vegetable Curry Served with Rice	Oven Baked Falafel (Chickpeas) Served with Red Onion Chutney
	Wheat, Milk (Wholemeal Base) with Garlic & Herb Pasta Side	Milk	with a Smokey BBQ Style Relish	(Wholegrain/White)	& Chips
		& Baked Beans	& Oven Baked Potato Wedges	(Thorogram & Thinkoy	or New Potatoes
	Sweet Chilli Stir Fry			Beef, Tomato & Herb Pasta	
	(Borlotti) Served with Rice	Minced Beef & Vegetable Pie	Chicken Sausages with a Smokey BBQ Style Relish	with Cheese Crumb Topping Wheat, Milk	Battered Fish Wheat, Fish
	(Wholegrain/White)	Served with Parsley New Potatoes	& Oven Baked Potato Wedges	(Wholegrain/White)	Served with Tomato Sauce & Chips
			5		or New Potatoes
	Sweetcorn / Roasted Root Vegetables	Savoy Cabbage / Carrots	Oven Baked Courgettes / Sweetcorn	Green Beans / Carrots	Peas / Baked Beans
	Berry Swirl Sponge	Orange Shortbread	Marbled Sponge		reas / Dakeu Beans
	Wheat, Egg, Milk	Wheat	Wheat, Egg, Milk	Jelly with Peaches	Lemon Traybake
	with Custard	or Chocolate Gram Flour Shortbread	with Chocolate Sauce		Wheat, Egg, Milk
	Milk	Both Served with Orange Wedges			Served with Custard (Milk)
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		NAME .			

HALAL

Available daily

Please ask the catering manager for food allergen information

Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

## WEEK ONE

Weeks com – 2nd Sept, 23<sup>rd</sup> Sept, 21<sup>st</sup> Oct, 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar, 28<sup>th</sup> Apr, 19<sup>th</sup> May, 16<sup>th</sup> Jun, 7<sup>th</sup> Jul

## WEEK TWO Weeks com – 9<sup>th</sup> Sept, 7<sup>th</sup> Oct, 4<sup>th</sup> Nov, 25<sup>th</sup>

Weeks com – 9<sup>th</sup> Sept, 7<sup>th</sup> Oct, 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar, 5<sup>th</sup> May, 2<sup>nd</sup> Jun, 23<sup>rd</sup> Jun, 14<sup>th</sup> Jul

## WEEK THREE

Weeks com – 15<sup>th</sup> Sept,14<sup>th</sup> Oct, 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 5<sup>th</sup> Jan, 27<sup>th</sup> Jan, 24<sup>th</sup> Feb,17<sup>th</sup> Mar, 21<sup>st</sup> Apr, 12<sup>th</sup> May,9<sup>th</sup> Jun, 30<sup>th</sup> Jun, 21<sup>st</sup> Jul

Please see page 2 regarding allergen information provided on the menu.



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#### **About Your Catering Service**

We are delighted to be working in partnership with the London Borough of Wandsworth. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

#### What's on the Menu

Our approach, wherever possible, is to use quality, sustainably-sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry.

Our menus are created with local tastes, preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with organised additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

#### **Allergen Information**

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. For more information, please contact our Catering Manager.

#### **Talented Catering Team**

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well<sup>®</sup> training programme.

### Universal Infant Free School Meals (UIFSM)

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

#### Mayor of London - Free School Meal Funding 2023/24

Under the scheme introduced by The Mayor of London, Sadiq Khan, for the 2023/24 academic year, all primary school children in state-funded schools are entitled to free school meals.

#### We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

#### Learn more

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos and latest job opportunities, please visit <u>www.harrisoncatering.co.uk</u>

#### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with
  the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the
  counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.



Our very own company nutritionist, Dr Juliet Gray, advises on our menus!

