

Dear Parents and Carers,

On Wednesday and Thursday, our school was partially open. Thanks to our parents and carers for their understanding in relation to this.

## RED NOSE DAY

Today is Red Nose Day. Children were welcome to wear red or their own clothes. Noses can be painted red and if red noses are worn they must not be shared! Voluntary donations of £1 are welcome.



We also would like to invite all mothers and carers after school for a cup of tea to say thank you for all you do for the children. All are welcome in the atrium from 3:15pm, immediately after school today. There will be refreshments and the choir will be busking to raise funds for a trip to see the English National Opera perform.

Thanks to Christian Daly for kindly fixing the water butt stand and shed in our playground- without charge to the school. Your generosity is appreciated!

We hope our children enjoyed our assemblies this week. Lots of learning and fun.



Lastly, some reminders and requests:

- We will shortly be recruiting for **Co-opted Governors** (non-parent, non-staff but members of the wider community.) Please speak to me if you know someone interested in this role and I can direct them to our Chair, Vice Chair or Clerk who can provide more information. Full information will be provided when nominations open.
- Please can we remind parents of children with long hair that it needs to be tied up when at school. This is for safety (during PE, playtimes and science) and to prevent head lice outbreaks.
- When dropping off or picking up from school, please be aware that there are traffic wardens operating in the area.

- Please may we remind parents again to park safely (not on the yellow zig-zags) when dropping off or picking up as this could cause a serious accident.



- If any of our families are experiencing financial difficulty at the moment, please contact the school as we may be able to signpost you to local support.
- School uniform- please let us know if you need any support with uniform. <https://www.wynstreamprimary.org.uk/school-uniform>
- Unwanted uniform- given the current economic and environmental situation, we want to recycle and reuse uniforms as much as possible. If you have any school uniform or PE kits that are no longer needed by your child/ren please give it to the office. Our PTFA are keen to share this with the wider community.

Stay warm over the weekend and see you on Monday.



Elise Redman, Headteacher.



## Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Online safety presentation - Do you know how to keep children safe online and identify any risks that social media present? During the wider parents evening we will be hosting a 30 minute guide on how to answer these questions.

**Tuesday 28<sup>th</sup> March 3.30pm & 4.15pm**

**Wednesday 29<sup>th</sup> March 3.30pm & 4.15pm**

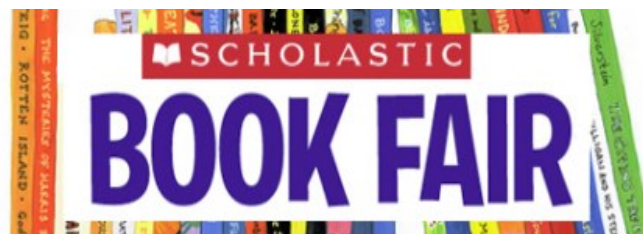
Parents that attend will be put into a raffle to win a £20 Smyths toy store voucher, one voucher for each day to be won.

For more information take a look at the information poster on the last page of the newsletter or school noticeboards.

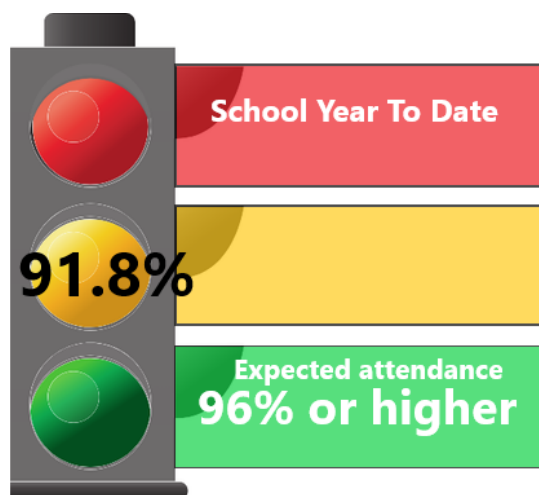
**Book Fair.** A massive thank you to everyone who bought something from our book fair last week. We made a very impressive

**£739.81**

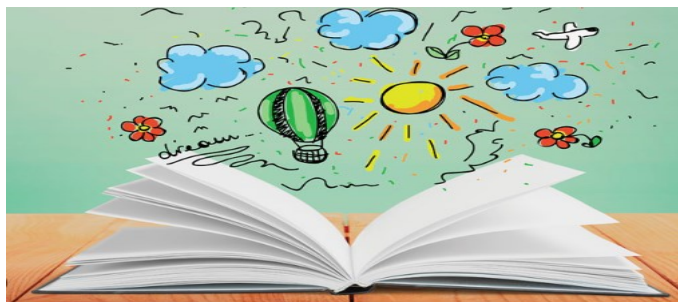
and we get half of that back in books for the school library. The children should get their books in class today or on Monday.



## School Attendance - Ongoing Reporting



The information above shows that whole school attendance for the dates between 6th September 2022 and 16th March 2023 is currently **91.8%**. This is **static** versus the 91.8% attendance information reported last time.



**Wynstream Home Reading Champions (EYFS—Year 3)** Children being read with, or listened to read at home is one of the most important jobs a parent or carer does. Children who are read with regularly at home learn to read much faster, have a love of reading and do significantly better in all areas of their learning. We are celebrating children who have read at home by giving them a shout out. **Please record all home reading in your child's yellow reading diary (Reception to Year 3).**



#LetGirlsPlay—Following on from the success of our #Letgirlsplay Girls football event last Wednesday, we have compiled a list of local girl's football teams. We have also provided a list of other local football teams as a lot of teams will train girls and boys in mixed teams. Most Girls only football teams start at U12 (Year 7).

Exeter City Girls development centre  
<https://exetercct.org/courses-events/girls-development-centre-2/>

Central FC Wildcats - Wednesdays  
 Contact - jendixon@centralfc.co.uk  
<https://find.englishfootball.com/provider/2311p1204304>

Whipton Youth - Thursdays  
 Contact - davidsherriff81@gmail.com  
<https://find.englishfootball.com/provider/409p30007915>

Weetabix wildcats  
<https://www.devonfa.com/players/youth/weetabix-wildcats>

Other local teams

Exeter Panthers – [https://  
www.exeterpanthers.co.uk/](https://www.exeterpanthers.co.uk/)

Heavitree Youth – [https://  
www.heavitreeyfc.co.uk/](https://www.heavitreeyfc.co.uk/)

Central - [https://www.centralfc.co.uk/  
Home](https://www.centralfc.co.uk/Home)

Stoke Hill – [https://  
www.stokehilljuniorsafc.co.uk/](https://www.stokehilljuniorsafc.co.uk/)

Whipton – [https://  
www.whiptonyouthfc.co.uk/](https://www.whiptonyouthfc.co.uk/)

Alphinton – [https://  
www.alphingtonafc.com/](https://www.alphingtonafc.com/)

West Exe – [http://  
www.westexeyouthfootball.org.uk](http://www.westexeyouthfootball.org.uk)

Broadclyst – [http://  
www.broadclystfootballclub.com/](http://www.broadclystfootballclub.com/)

Cranbrook – [https://  
cranbrookunitedyouth.co.uk/](https://cranbrookunitedyouth.co.uk/)

Many thanks, PE Team.



**SEND News.** We will be holding another coffee morning for parents of pupils with additional needs, this time on Friday 24<sup>th</sup> March at 10am. We will be joined by a visitor from DIAS (Devon Information Advice and Support), an organisation that provides advice to parents of pupils with additional needs.

Mr Westley, our SENDCO, is looking for people who work in hospital or in the sciences to come into school to talk about their work with selected pupils. If you are interested, please drop Mr Westley a message on ClassDojo or pass on a message through the school office. Thank you.

**Forthcoming workshop.** Come and join us for a 'Make A Bag with your child' workshop on Tuesday 9th May. The workshop will be hosted in school and your Wynstream child can join you in the workshop (just 1 child please per parent/carer.)

Thanks to the parents who have already signed up! 6 family places available so book soon via the office on 01392 284990. Deadline for booking a space is 25<sup>th</sup> April. We look forward to seeing your creations.



Year 5 lunches will take place on Wednesday 22nd March. Booking is essential- maximum 10 parents each session, please see the office for more details. Cost is £3.50 per adult.



### Group A

TABLE	GP	W	D	L	GF	GA	GD	PTS
Wynstream Blue	10	9	0	1	47	2	45	27
Wynstream Red	10	8	0	2	20	6	14	24
Stoke Hill	10	5	1	4	12	12	0	16
Woodwater	10	4	2	4	7	13	-6	14
Trinity	10	2	1	7	7	27	-20	7
Willowbrook	10	0	0	10	2	35	-33	0

**Gameweek 5** —What a turn up for the books! After Wynstream Blue beat Trinity 6-0 and Wynstream Red beat Willowbrook the two teams faced each other.

Wynstream Blue went into the game as favourites as they won 3-0 in the previous fixture between the two but that didn't mean anything to Reds. A determined performance and some super goal keeping from Kobie Armstrong saw the Reds come out on top with a 1-0 victory thanks to Jessie Clark's goal. This result left both Wynstream teams joint top of the table with two games left to play.

**Gameweek 6** —Wynstream Blue bounced back from the defeat against the Reds to comfortably win 6-0 & 3-0 against Willowbrook & Stoke Hill. While the Reds were disappointed to lose 3-0 to Stoke Hill but showed great resilience to turn it around and win 4-0 against Trinity!

Both teams have qualified for the knock-out competition, due to be played on Monday 24th April.

Well done to all of the children who have represented the school in the Exeter Primary Football League this season!

**Well done Nate!** Last week, Nathaniel completed the library Secret Book Quest, having read and talked about 50 books. Well done Nate, an excellent achievement.



**Photograph Appeal.** We have been contacted by Dave Westcott who is trying to put together a book about Burnthouse Lane and in particular the Church. Back in the 1930's the Burnthouse Lane Mission was on this school site and Dave enquires if any of our families would have any old photographs of this. Please bring any photographs to the school office, we can copy them straight away and send on to Mr Westcott. Thank you.



## Headteacher's Award

As we work through celebrating our 5 school values and nominated British Values, our teachers this week have nominated a pupil in their class who has demonstrated any one of our 5 values.

Congratulations to the children who have been nominated.

For more information about our school values, vision and ethos please visit our website or click [here](#).

### Congratulations to:

#### EYFS

Leo Morphey & Tobi Agbi-Martin.

#### Year 1

Logan Thompson & Raphael Elope.

#### Year 2

Hamna Lodhi & Joey-John McDonald.

#### Year 3

Angel Morphey & Jacob Stone.

#### Year 4

Harmony Seatherton & Maisie Densham.

#### Year 5

Isabelle Dennis-Lee & Declyn Davies.

#### Year 6

Katie Stewart & Reuben Gibbins.



**Congratulations**, and really well done to everyone. Examples of some of the nominations this week include:

### Resilience & Aspiration

*This pupil has taken challenges in his stride this week, both in school and out.*

*Having an important exam outside of school earlier in the week caused him to feel a bit nervous. However, after a conversation around how we can tackle feeling anxious and turn it into something positive - he showed resilience to turn it around. He came in the next day with a beaming smile and an aspirational attitude towards his learning.*

*Well done!*

### Curiosity

*This pupil has been fascinated by the things that are growing and changing in EYFS. The first thing he does when he comes into school is check the tadpoles and butterflies. He draws what he notices in the class observation book. He is waiting patiently for his sunflower seed and broad bean to grow. He is a very curious Ladybird!*



## Key School Dates;

Mothers Day thankyou refreshments. Friday 17th March. 3.15pm in the Atrium.

SEND Coffee morning. Friday 24th March, 10am. Atrium space.

PTFA Easter Trail— Friday 24th March, 3:15—4:30pm. Lower Playground.

Year 5 Parent Lunches—Wednesday 22nd March.

Year 3 Cake sale—Friday 24th March.

NHS Height & Weight Measurements—Opt in by parents, Monday 27th March.

Parents Evenings. 28th March & 29th March, 3:30-5:30. Booking information was sent via email earlier this week, with slots going live on 17th March.

Online safety briefings @ Parent Evenings

- Tuesday 28<sup>th</sup> March 3.30pm & 4.15pm.
- Wednesday 29<sup>th</sup> March 3.30pm & 4.15pm.

Governors Assembly. Friday 31st March.

Easter Vacation. Last day of school is Friday 31st March, school re-opens again

## Page 7 Diary Dates

Make A Bag with your child workshop. Tuesday 9th May, 1:30pm—3pm.

PTFA Year 4 Cake Sale— Friday 12th May.

PTFA School Disco—Friday 19th May.

May Half Term. Last day of school is Friday 26th May. School re-opens Mon 5th June.

PTFA Year 5 Cake Sale— Friday 23rd June.

Year 6 Residential in Okehampton—Wed 19th July to Thurs 20th July 2023

Summer holiday—Last day of school is Thursday 20th July 2023. School re-opens on Wednesday 6th September 2023

Wynstream Primary School Term dates for 2023-24 can be found by clicking [here](#).



**LOST:** Black Nike Coat, Age 8-9 with 'Max' written inside.

**LOST:** Blue, grey, white chew necklace.

**FOUND:** Several silver coloured rings and earrings have been found in playgrounds.

**FOUND:** Medium size key.

Please contact the school office in relation to any of the above items. Thanks.

You're invited to the Wynstream PTFA's  
**Easter Trail**



Friday 24th March  
3:15-4:30pm

Wynstream's Lower  
Playground



£1 entry - Buy your map from  
your class teacher and you can  
win Easter chocolate!

Additional Online Safety: For further information regarding parents, carers and school staff, please visit the National Online Safety website for further guidance, facts and tips for schools.

# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has to reach going on in their lives, and that includes children. From exams and deadlines to anxiety and mental health struggles, it's quite easy to feel overwhelmed, make plans and work on how about the things that irritate us, but when was the last time you – or your child – took a moment to think something kind or positive. In fact, when did you last stop and think about your family, or your friends, or the things that make you feel good? In fact, when did you last stop and think about your family, or your friends, or the things that make you feel good? In fact, when did you last stop and think about your family, or your friends, or the things that make you feel good?

## WHAT IS DIGITAL RESILIENCE?

Digital resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times. It's how we respond and adapt to these situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES

- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND

- Try to factor in regular breaks online and away from your screen – ideally go outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT

- If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- Follow people on social media who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST

- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD

- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

## Meet Our Expert

Dr. Lucy Morgan is a digital resilience expert with Digital Literacy Professionals. She is a qualified teacher and has been working in education for over 10 years. She is a member of the Digital Literacy Professionals network and has been involved in many projects to improve digital literacy skills in schools.



**National Online Safety**

#WakeUpWednesday