

Adventures in faith - Feeding the Hungry



Hi families,

Welcome to our next 'Adventures in Faith' resource - Feeding the Hungry

I hope this resource inspires you to bring the story of the 'feeding of the 5000' to life at home, and chat about it as you make and engage in these activities, bringing faith alive in everyday life.

Please head on down to our new Youtube channel <https://www.youtube.com/channel/UCe3BIPwldoXgGCKl7Fi4lbw> where you will find live streaming on Sundays and a place to store clips for families as we explore producing those. These resources link to the Feeding the hungry/ feeding 5000 clip.

Sharon

As we unpick this story of Jesus feeding the 5000 we notice His compassion and His care of people. At this time when things are unsettled for all of us and we can feel alone and fearful of provision it is good to remind ourselves that God will provide.

It is important too to give children the opportunity to voice their fears in a safe place. Children often choose to share when they feel calm and safe and activities such as cutting and sticking can provide just such an environment to come alongside and raise the questions. Some questions you may want to use to allow your children to talk if they want or need to.

- The disciples were worried the people were getting hungry. I wonder if you're worried about getting hungry or not having enough food?
- Jesus showed He really cared for the people in this story. I wonder if you think He still cares for us now?
- I wondered if there's something you are worried about that we could talk to Jesus about or something you would like to ask Him for?

Feeding 5000 - Unpicking the story.

This story is one of very few to appear in all 4 gospels. It can be found in Matthew 14:13-21; Mark 6:30-44; Luke 9:10-17; and John 6:1-15

The 'Saddleback church' have some great youtube clips for children to watch, including one on feeding the 5000. Do google it and watch it together or put in this link... <https://www.youtube.com/watch?v=S6rj9cAJrWE>

For the older children you may wish to read through the different accounts and see what each adds to the story.

For the younger children why not act it out with teddy bears and toy fish and pieces of bread. I have done this very effectively with younger ones with a basket set up as per the photo with multiple 'loaves and fishes' under the cloth. It does take some preparation in advance but it brings it home when suddenly there are far more fish and bread in the basket than they first saw. Of course we need to explain to the children that this was just done my being clever

with the cloth and we can't really make more food appear so how amazing that Jesus could and that's what made it a miracle.

Encourage the children to retell the story in drama, cartoon or drawing or tell another family member, maybe over video call as that will help them to work through the elements of the story.

I love this necklace too with items to help remember the story, you could make it as a prayer response.



Activity idea - Make a spinner and retell the story.

Below is a template for the spinner and the pictorial instructions

More details and full instructions can be found at

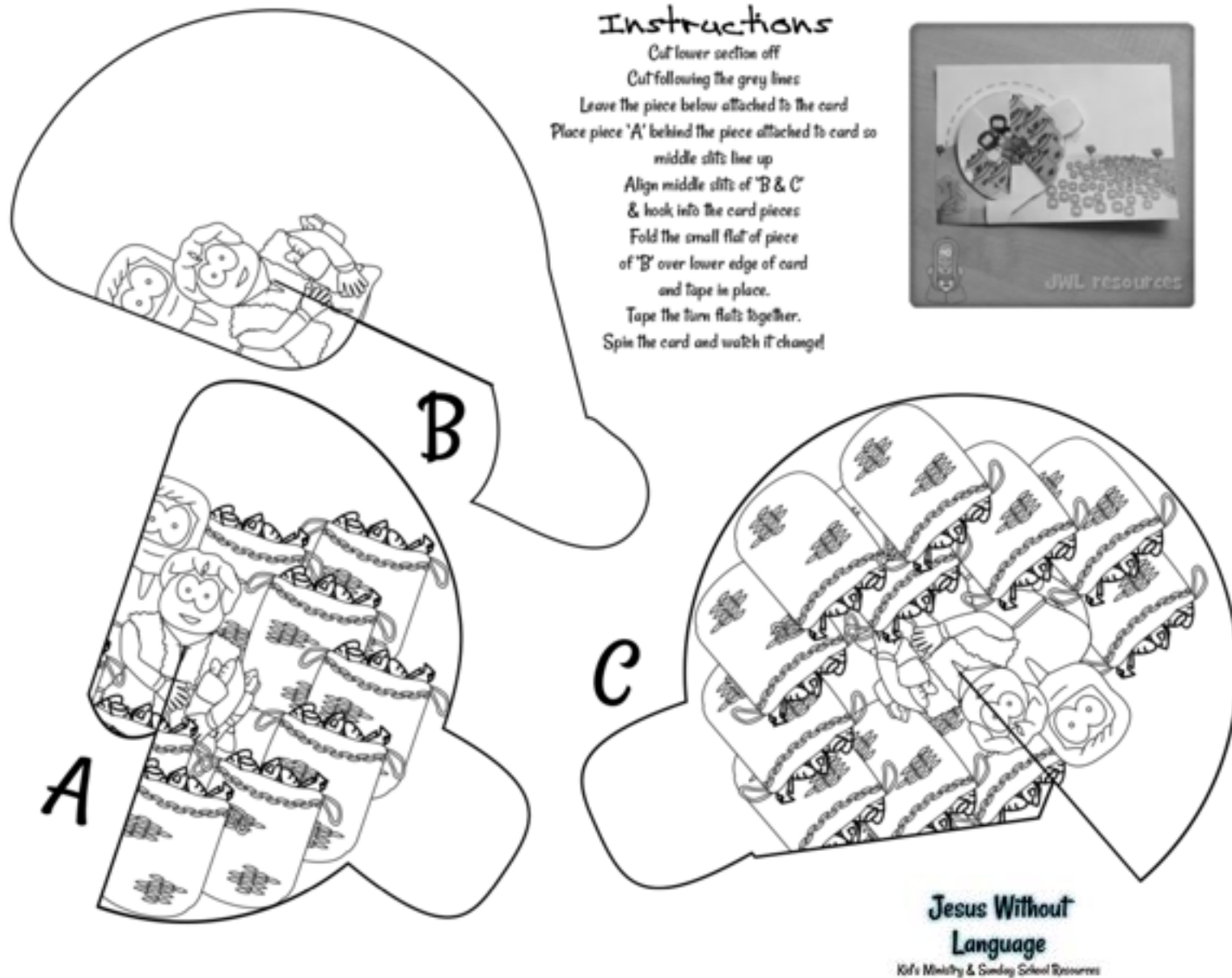
<https://www.jesus-without-language.net/feeding-5000-john-6-make-2/>

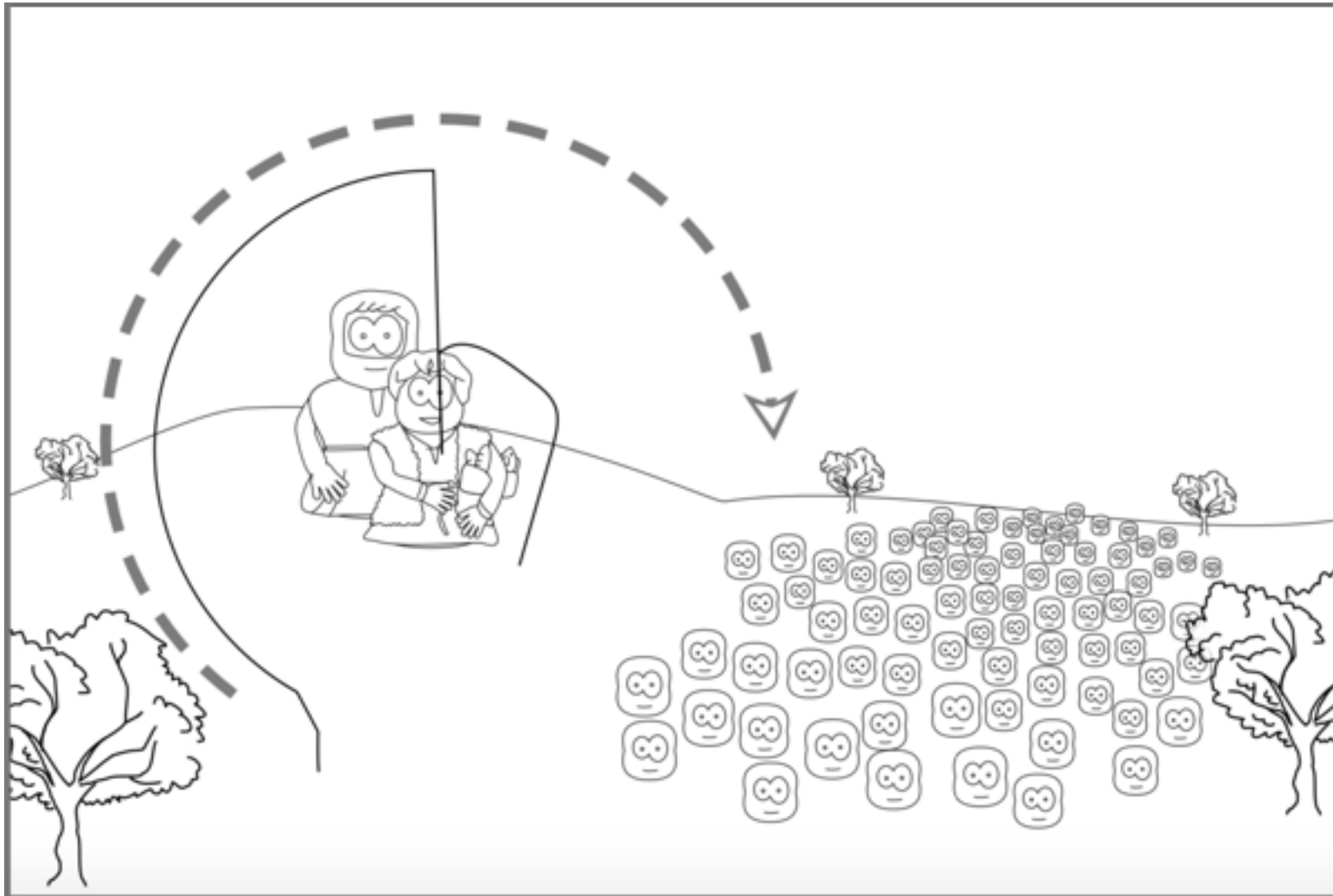
This is all created by a lovely lady who doesn't charge for her resources but if you are able you may wish to think about if you can support her with a small donation.

**Jesus Without
Language**
Kids Ministry & Sunday School Resources



Spinner template







Spinner part 2

You also need to secure the 2 big turning flaps together, they should be the same size so glue or tape these. It shouldn't be able to come apart now, and you can have fun spinning it round and round revealing the two images.

Add any additional decorations now if you wish!



Activity idea - Make a basket of loaves and fishes and retell the story.

Below are the pictures to colour and cut out for this and the pictorial instructions

More details and full instructions can be found at

<https://www.jesus-without-language.net/feeding-5000-john-6-make/>

This is all created by a lovely lady who doesn't charge for her resources but if you are able you may wish to think about if you can support her with a small donation.

**Jesus Without
Language**
Kids Ministry & Sunday School Resources

Feeding 5000 (John 6) | Make 1

The feeding of the 5000 is an iconic story and the standard craft is to make a picnic box with the boy's lunch... and that's what this is, a very quick craft to execute that gives you a shallow 'box' with the five loaves and 2 fish.

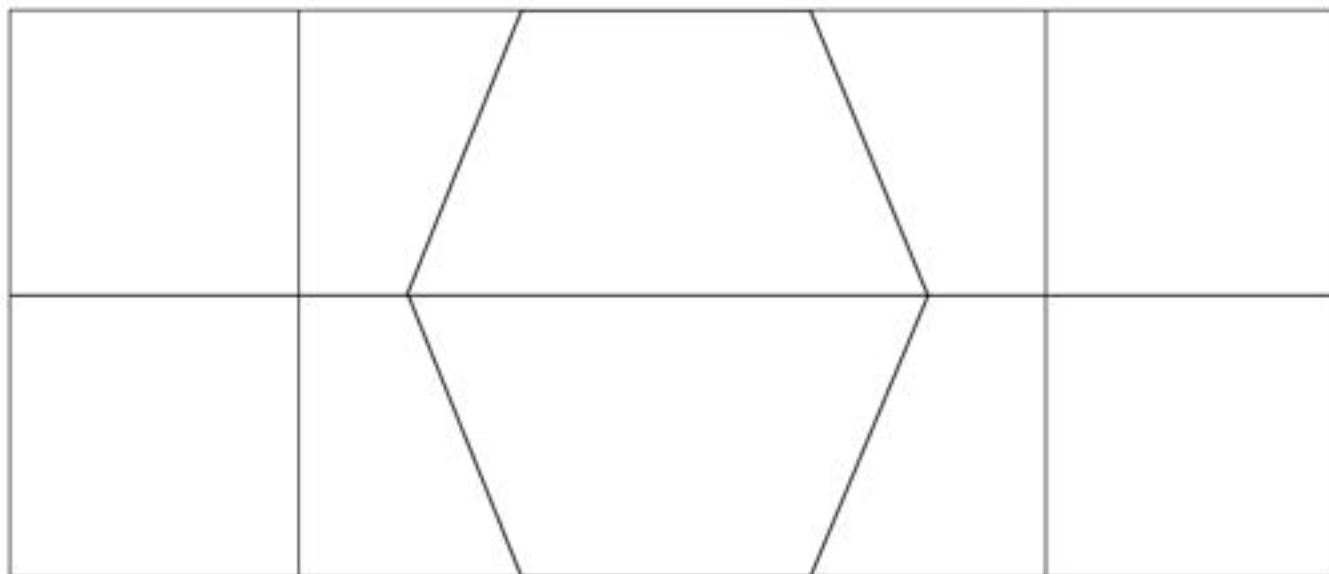
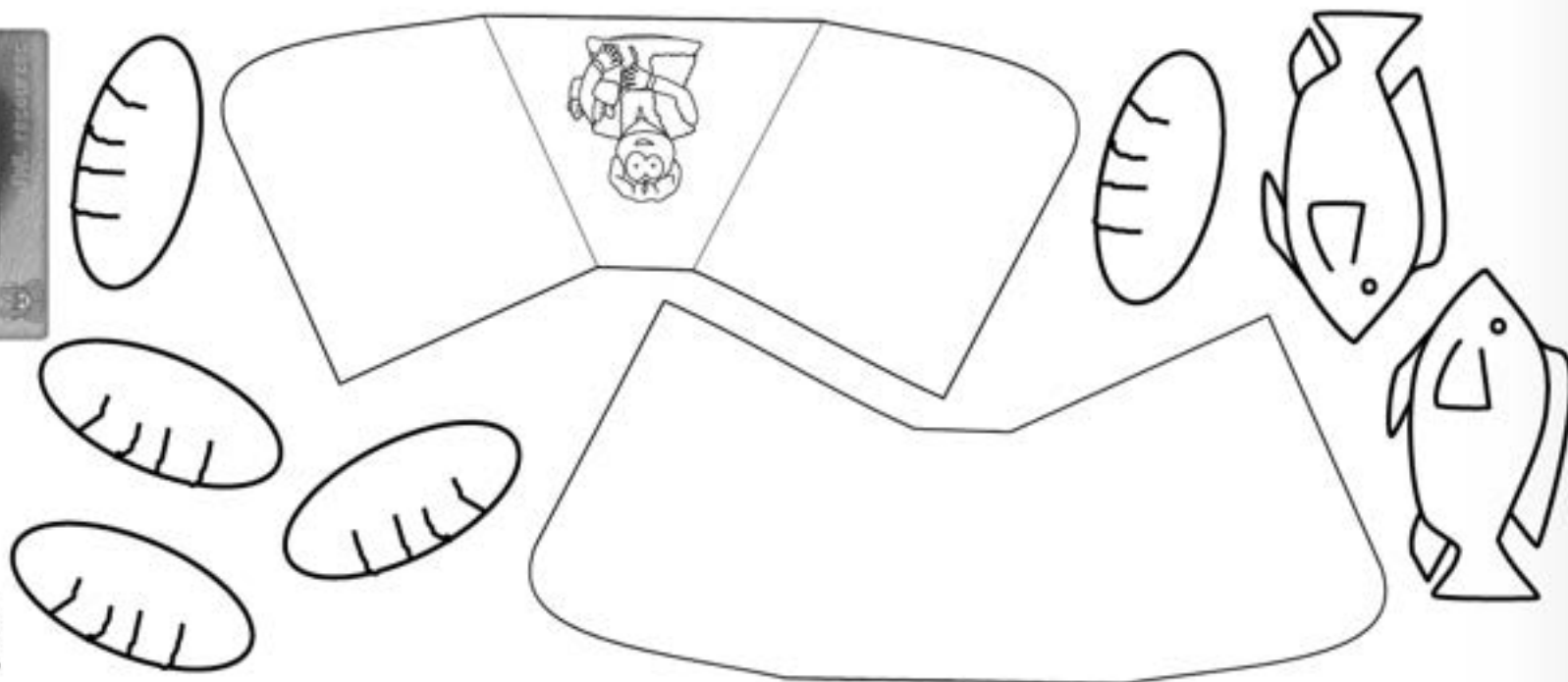
If while telling the story of the 5000 you wish to 'hide' extra food Jesus will 'create' there is space in this craft to do so.





Instructions

Cut out. Fold the rectangle along the middle then along all the folds both ways. Open out and fold into a standing shape. Fold and attach sides and either pile of food of individual pieces.



Make a basket of loaves and fishes part 1



Colour if needed then cut out the base, the sides, and either the pile of food or the individual pieces. (If you are in a rush only one of the sides is needed!)



Start with the large rectangle and fold in half along the line so the 'colour' is on the outside.

If you want to make this craft easier for little hands score lightly before handing them out!

Make a basket of loaves and fishes part 2



Fold along all the other lines working the fold both ways then open out the rectangle.



We need the centre fold to go the opposite way between the end squares and the middle shape. Begin by folding the end squares behind to get them out of the way. Now lightly push at the intersecting points while folding the edge towards the middle. It's easier to do than to explain!



Make a basket of loaves and fishes part 3



Once we have the base shape we can stick on the sides and the food. The sides are first folded along the dotted lines then attached to the end squares. Attach the back for a more solid shape!



The food is really simple, add a drop of glue and position where you wish. If you are working with individual pieces start by attaching to the base then glue later pieces to the back of the food items to give height.



Activity Idea - Playdough Prayer Reflection

Prayer mat from

<http://flamecreativekids.blogspot.com/2014/08/feeding-5000-play-dough-prayer-mat-to.html>

Print out the hands play mat on the next page or make your own. If you are able to laminate it it will help it to last longer.

Use play dough to make little rolls of bread and fish shapes. (playdough recipe later in document)

Retell the story placing the loaves and fishes into the hands at appropriate parts of the story.

After the story reflect on Jesus' provision and use the mat for prayer - here are some ideas

- *Thank you - what do we want to say thank you for that we have at this time? Make items out of play dough and place into the hands. Point to them and say together "Thank you God for..."*
- *Please - if the children are worried about provision at this time also use this as a way of asking God for what we need - making an item and placing it into the hands of Jesus as a way of asking and trusting him for our needs*
- *For others - thinking that there may be others struggling at this time make items or people to place into God's hands and ask Him to help them and send other people to help*



Feeding The 500

Use play dough to make loaves, fish or your favourite kind of food.

Put the food into the hands and pray for people who are hungry and don't have enough food.





<https://theimaginationtree.com/best-ever-no-cook-play-dough->

BEST EVER NO-COOK PLAY DOUGH RECIPE

You need:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- few drops glycerine (my secret ingredient for stretch and shine!)

Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right

Notes:

We use these Wilton Gel colours as they are much more vibrant and take only a tiny amount to colour the dough. We also use them in all our other sensory play activities to and they last for ever!

You can store this play dough in an air tight container for at least 6 months. If you live in a humid climate you might need to store it in the fridge and out of sunlight.

Play dough recipes

No salt play dough recipe

This recipe is all natural. It uses taste-safe ingredients. You can adapt it to make a gluten-free version. You can bake it and eat it, so there's no waste at all.

Know what it is?

It's bread! Old-school, easy-peasy, tastes delicious, bread.

No Salt Play Dough

taste-safe :: all natural
no waste :: gluten-free



Place all the ingredients in a bowl and mix it up.

When it comes together to form a dough, tip it out onto the table and have the children help you to knead.

Add a little extra flour or water if needed – flour is a natural material, so it may require slightly less water or a bit more flour to get the right consistency.

You can use your hands to model the dough, or use cookie cutters.

When you are finished, place your dough on an oiled baking sheet and bake in the oven at around Gas 7 / 220C / 425F. For how long depends on how big your bread shapes are – we usually bake for 10-15 minutes.

When it's done it should have risen and been a bit golden on top. Give your bread a tap on the underneath side using your knuckle. If it sounds hollow it should be ready, and if not, pop it back in the oven for a little bit longer.

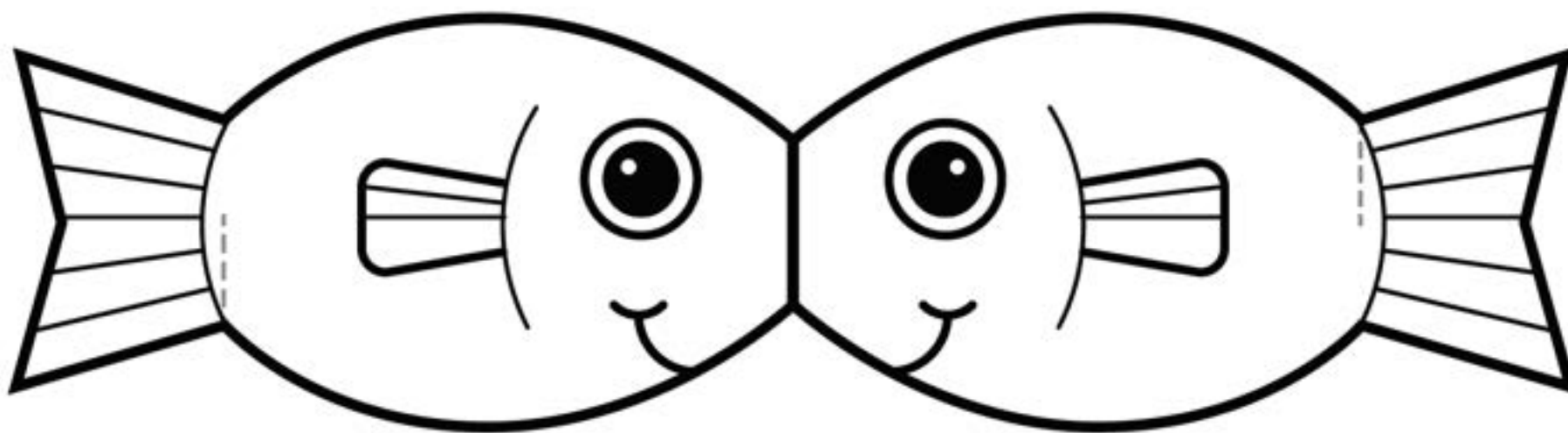
I have made this recipe before for use in church. It is great as it won't harm the children if they eat it and it can be cooked and then eaten.

It works particularly well with making edible bread rolls.

Twirly fish to fill your baskets with

Twirly Fish

Color and decorate the fish as you like and then cut out. Make two cuts on the dotted lines near the tail being careful to only cut half-way not all the way through! Then slip the two ends together. Now you can drop your fish to watch it twirl or attach some string and dangle it from a stick.



BibleWise

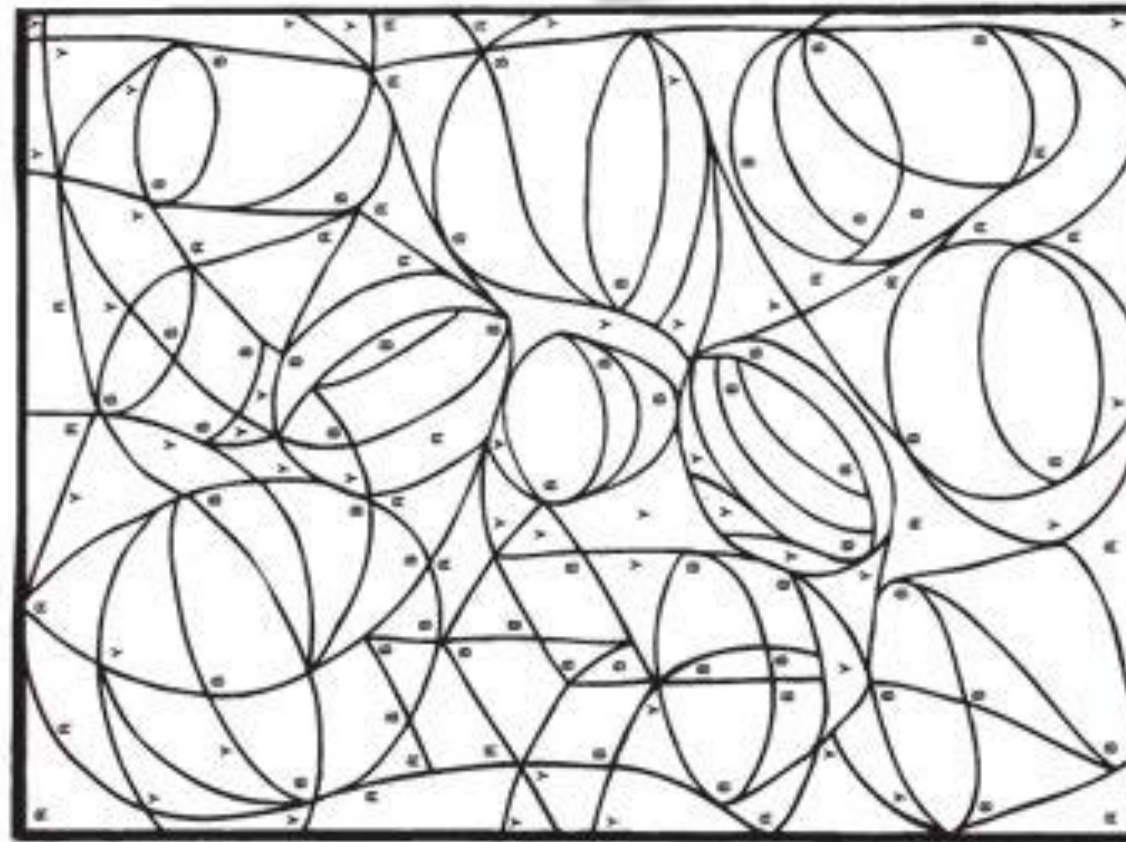


More Than Enough

**Jesus Feeds
5,000**
—John 6

When Jesus fed the great crowd of people starting with only two little fish and five loaves of barley bread, God provided more than enough food. After everyone had eaten all that they wanted, Jesus' followers gathered up the leftovers. How much extra food was there?

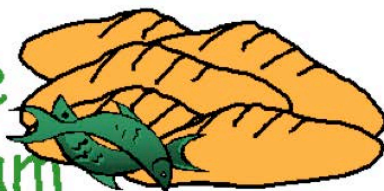
Color each space that contains a "y" yellow. Color each space that contains a "b" brown. Color each space that contains a "r" red. Count how many baskets full of food were left over.



Used by permission: Bible Puzzles for Kids Ages 6-8, Cincinnati: Standard Publishing Group, © 2006

'Feeding the hungry' family resources
Unscramble the letters to find the words in our

Jesus Feeds Five Thousand Anagram



aceilmr _____

cdorw _____

ghnruy _____

eprsu _____

fhis _____

abder _____

abeksst _____

eeltvw _____

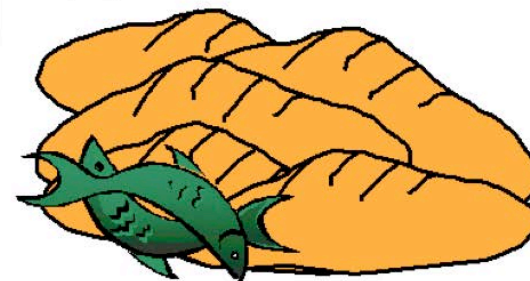
aceghint _____

adhnosstu _____

Jesus Feeds 5000 Crossword

Word List:

baskets boat
disciples boy
bread healed
hungry miracle
thousand twelve



Across

3. Jesus used this person's small lunch to feed five thousand.
5. Jesus performed this on the boy's lunch and still does them today.
8. This is how many baskets of food were left over.
9. One of the other miracles Jesus did that day was that he _____ people.

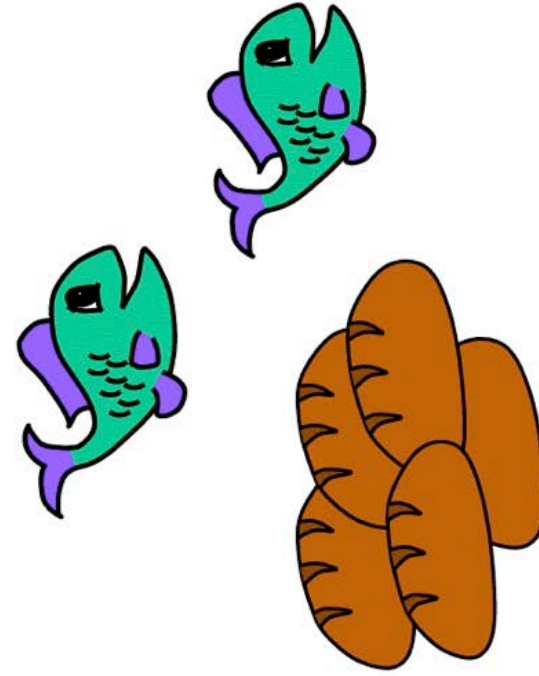
Down

1. Five _____ people followed Jesus just to listen to Him and be healed.
2. Jesus filled enough of these to feed all the people.
4. The _____ doubted how they would feed all the people.
6. This was Jesus and the disciples' transportation that day.
7. The boy had 2 small fish and 5 pieces of _____ in his lunch.
9. Everyone was _____ that's why Jesus performed the miracle.

Puzzles and quizzes

Jesus Feeds 5000 Word Search

L U N C H J F O
J U M Y O B I W
S U P P E R S T
D W O R C Y H T

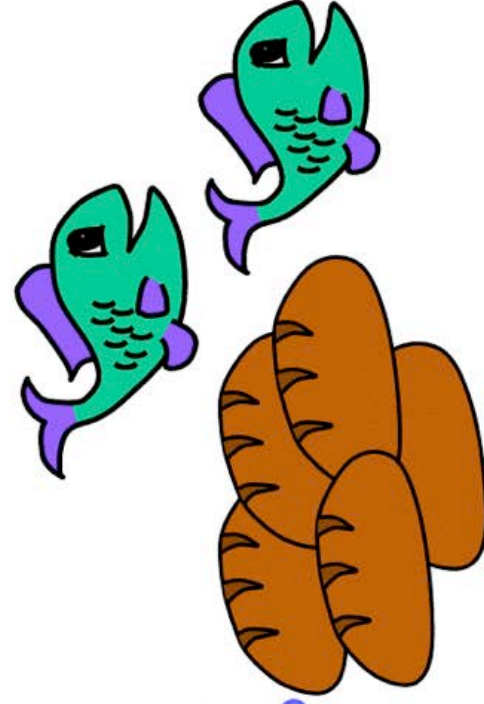


BOY
CROWD
FISH
LUNCH
SUPPER
TWO

Jesus Feeds 5000 Word Search

F I V E W S W A R T X E T D S
T T J M X D R O O U C H H E O
R G E S Z Q T X L H V B O L B
E L C A R I M W O L A B U A R
K D I S C I P L E S O Y S E E
B I N V M H C H K L R F A H A
S U P P E R I E C G V H N T D
K B N H O T T N N S E D A T
P G O W P S T T U G I U A V O W
N F D Y K R R H G F L P L T B O

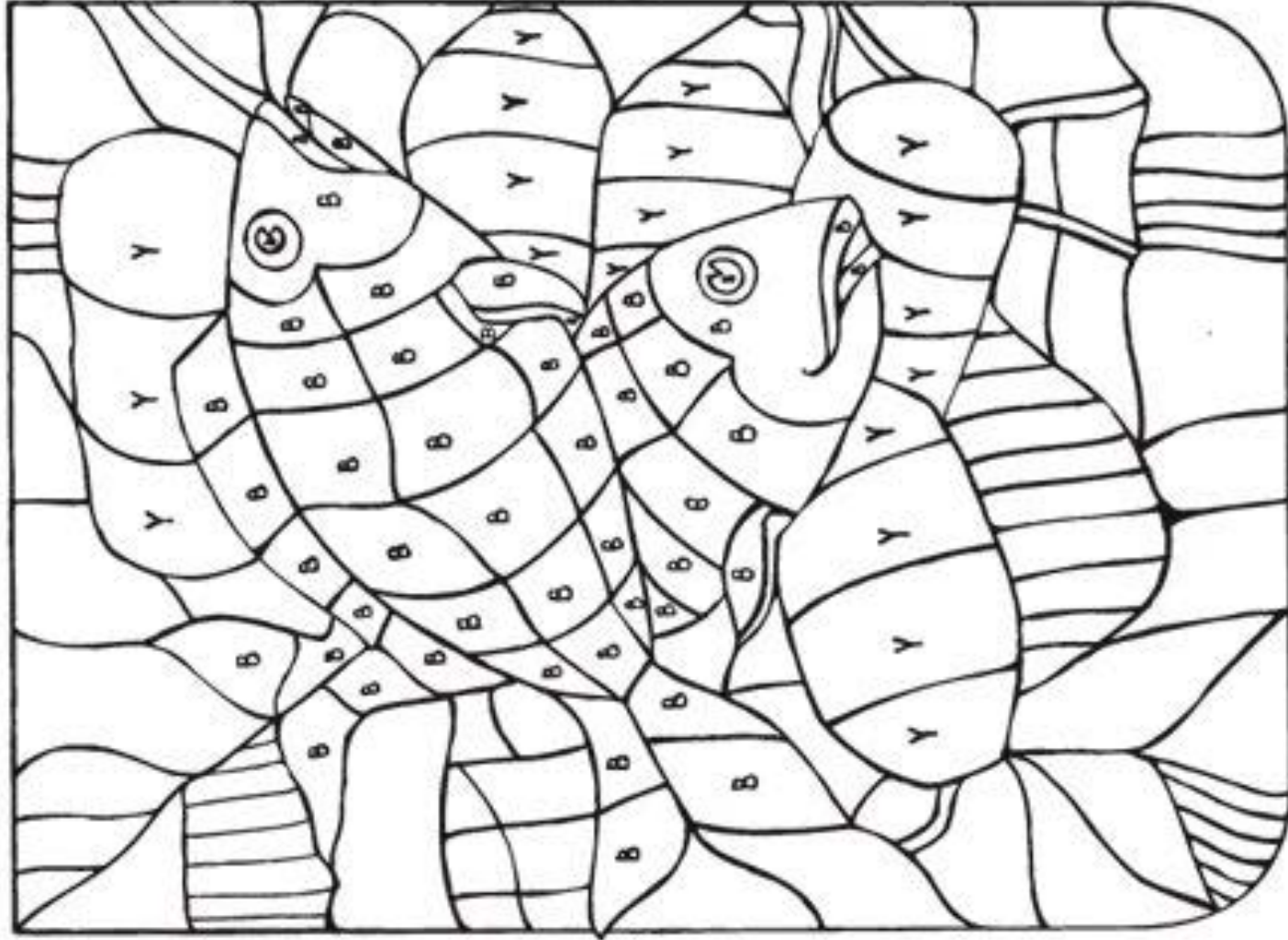
BASKETS
BOY
BOAT
BREAD
CROWD
DISCIPLES
EXTRA
FISH
FIVE
FOLLOW
HEALED
HUNGRY
LUNCH
MIRACLE
SUPPER
TEACHING
THOUSAND
TWELVE
TWO



BibleWise

What's for Lunch?

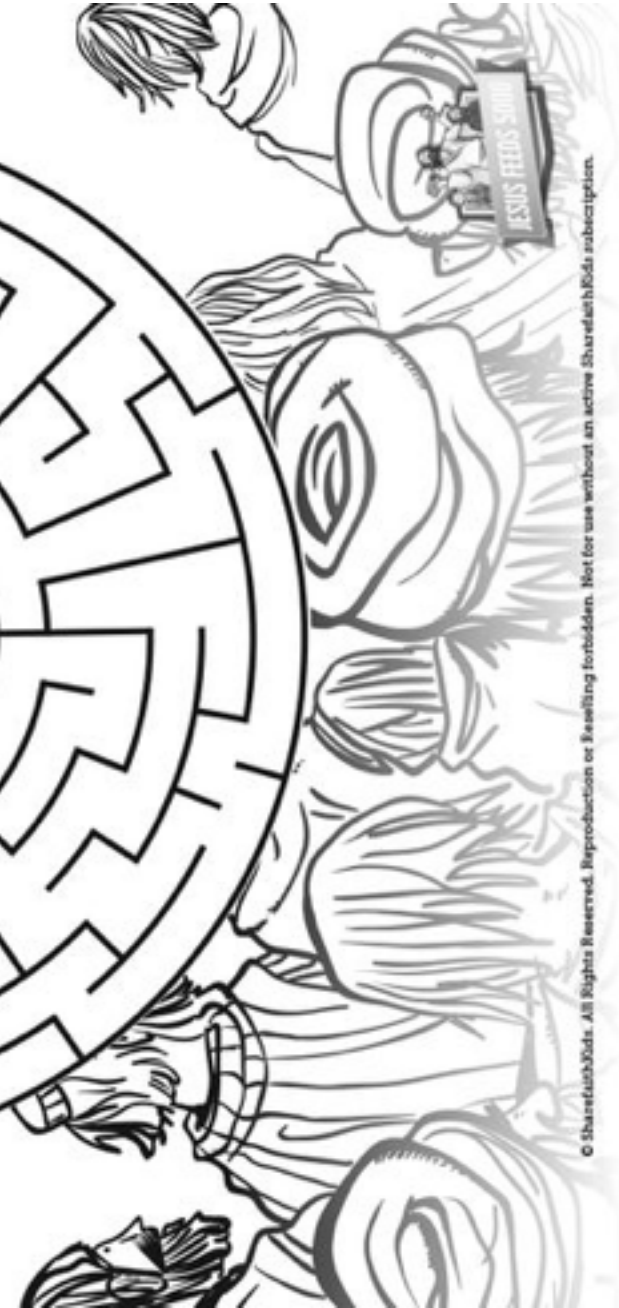
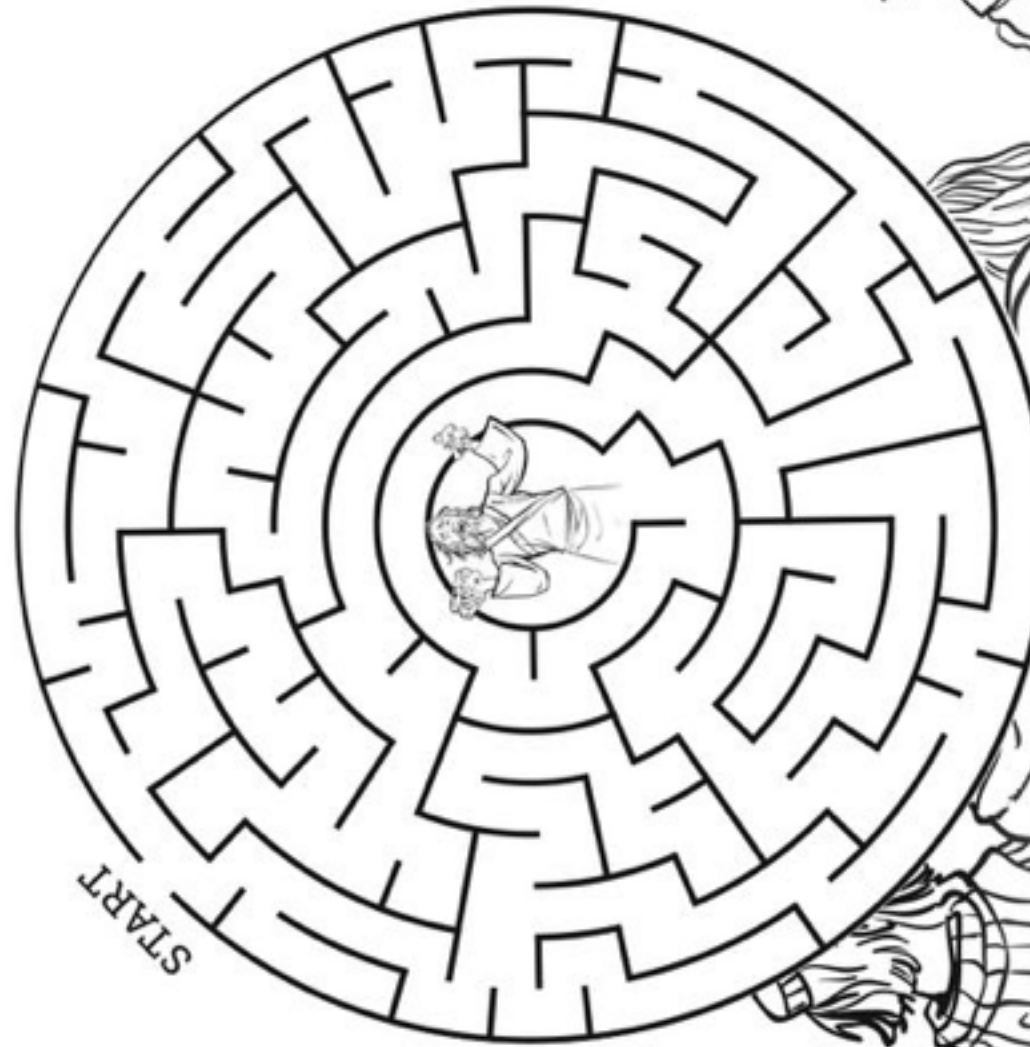
Read the story of the boy who gave his lunch away that's found in John 6. Then make a picture of that lunch by coloring the Y spaces yellow and the B spaces brown. You may color the leftover spaces with your favorite color.



Nell de Vries and Mary Currier, More Bible Activities You Can Do, Grand Rapids, MI: Baker Books Publisher, 1999.

JESUS FEEDS 5000

Help Jesus and his Disciples pass out all the food.



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JESUS FEEDS 5000

Spot 8 differences between the two pictures.

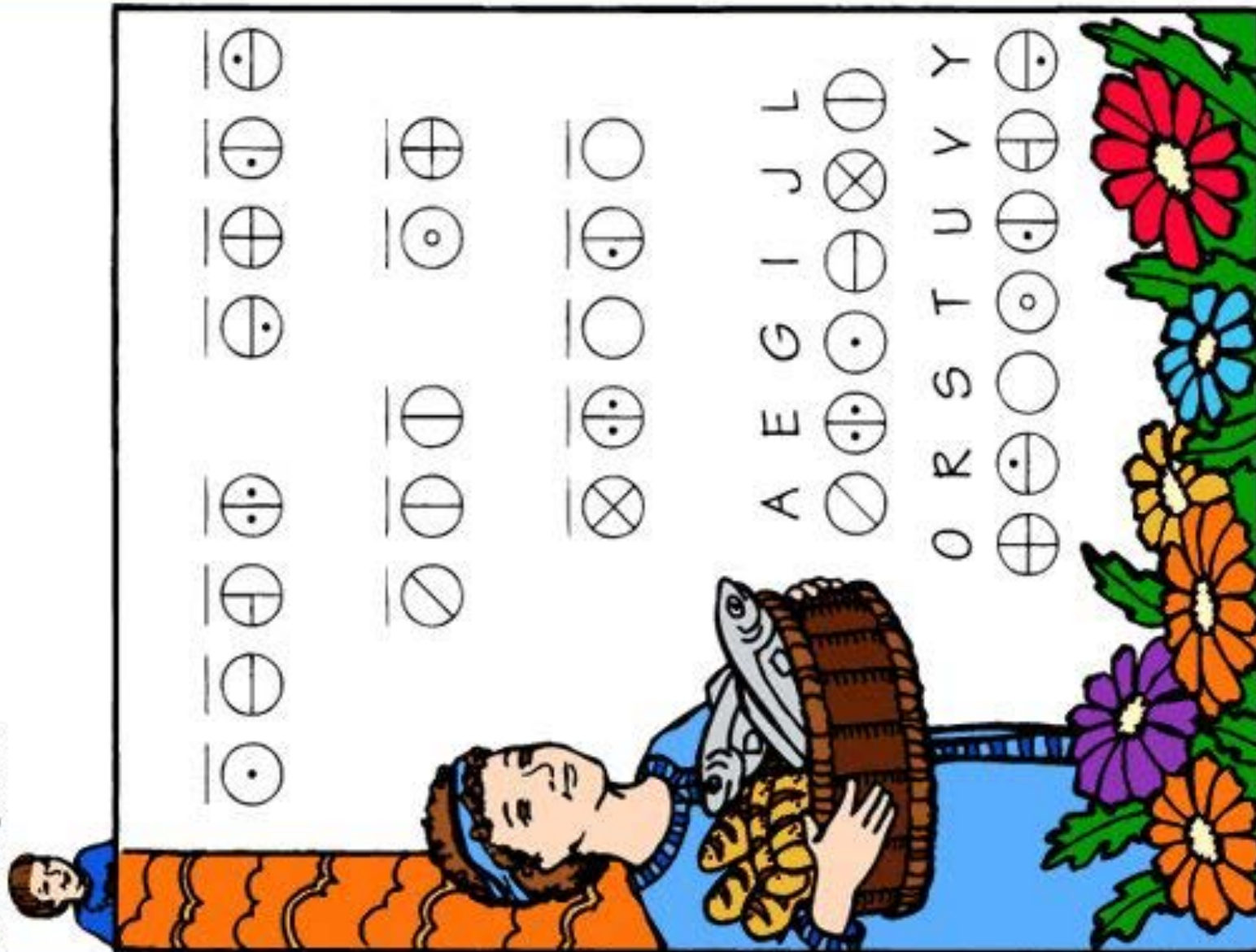


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BibleWise

Feeding 5,000 John 6:9

Jesus performed a miracle and fed five thousand people with only five loaves of bread and two fish from a boy's lunch. The boy gave Jesus all he had. You may not have much, but if you give it all to Jesus, he will use it for his glory and make it grow. Decode the message below.



Make your own flat bread

Why not use this opportunity to have a go at making your own bread.

Good for measuring skills and reading and following the recipe.



RECIPES | BREAD | FLATBREAD

Skillet Flatbreads



26 REVIEWS



SHARES

5.9%



Using a basic ratio of five pantry staples, you can have fresh, hot bread on the table in less than an hour AND no need to turn on the oven. Add and change ingredients to your taste, and you'll have an endless array of tasty flatbreads to accompany any meal.



PREP

20 mins

BAKE

30 mins

TOTAL

1 hr



Ingredients

- 3 cups (361g) King Arthur Unbleached All-Purpose Flour
- 2 teaspoons baking powder
- 1 1/2 teaspoons salt
- 3 tablespoons (35g) olive oil or vegetable oil
- 1 cup (227g) ice water
- 2 to 3 tablespoons (25g to 35g) vegetable oil, additional for frying

Instructions

- ① Place the flour, baking powder, and salt in a large mixing bowl and stir to combine.
- ② Add the oil and ice water, and mix to make a soft, cohesive dough. Adjust with flour or water as needed. The dough should be moist but not sticky. Cover with plastic wrap, and let rest for 10 minutes.
- ③ Preheat a heavy-bottomed skillet on the stovetop. Add 1 tablespoon oil and heat until the oil starts to shimmer in the pan.
- ④ Divide the dough into 10 to 12 equal pieces. Each piece should weigh about 1 1/2 to 2 ounces, about the size of a large egg. Dredge each piece in flour, and roll to a rough circle or oval, about 1/4" thick. OR hand shape the pieces by flattening between your palms.
- ⑤ In batches, fry the flatbreads in the hot oil for 2 to 3 minutes, or until golden brown. Flip and fry on the second side for another 2 minutes. Transfer from the pan to a rack to cool slightly before serving. Add more oil as needed for frying successive batches.

Make your own focaccia bread

Quick Focaccia Bread – with Video

 Baking, Dinner, Lunch, Real Bread

This Focaccia bread recipe is, as its name suggests, a really quick and easy Italian bread recipe that is perfect when time is limited (when isn't it!). It uses self-raising flour instead of yeast and doesn't need to prove (leave to stand). It will be a little more dense than traditionally baked focaccia bread but it's still delicious. It's an excellent accompaniment to many meals including soups and pasta. It is also delicious for nibbles as a starter with dips like our fresh herb pesto recipe.

Prep: 10 mins
Cook: 30 mins
Yields: 6 adult servings

Ingredients

- ☐ 350g self-raising flour
- ☐ 200ml warm water
- ☐ 2-3 tbsp olive or rapeseed oil
- ☐ 1 tsp sea salt
- ☐ Fresh chopped herbs - e.g. rosemary, parsley, thyme
- ☐ Will need a little extra oil, salt and herbs for topping before baking

The recipe and video can be found here...
<http://saucepankids.com/recipe/quick-focaccia-bread-with-video/?fbclid=IwAR11UR0n2gyXLUERAdha2NfV1bDAHutgvQc63k7CVwZongNlw4KW0As7Re0>



The kids do all the preparation work for this, they love mixing the ingredients and particularly enjoy the messy kneading part. As usual adult supervision is required when using the oven - we always do this part.

Directions

- ☐ Preheat an oven to 190C
- ☐ Sieve flour into large bowl
- ☐ Add chopped herbs and salt
- ☐ Pour in the warm water
- ☐ Add the 2 - 3 tbsp of oil
- ☐ Mix with your hands to form a soft dough - adding a little more water as necessary
- ☐ Knead together - you may need to add more flour or water depending on the consistency. You are looking for something that doesn't stick to your fingers but also isn't too dry
- ☐ Put a sheet of baking paper on a baking tray and place dough on top - pulling into a round shape (see video for demonstration)
- ☐ Poke finger into top of bread to create indentations
- ☐ Brush a little oil on the top, sprinkle some herbs and a little salt
- ☐ Place in the oven and bake for around 30 minutes - checking it regularly.

Make your own fishes

I hope these ideas inspire you to make and decorate your own fish



Make your own basket

Use this idea or find another on line to make a woven basket.



Start weaving the strips going the opposite direction. The strips will shift around at first, but as you add more strips it will become more secure.



Start weaving in the strips for the sides of the basket. Use a small piece of tape to keep the strip in place while you get started.



Fold over the loose ends of the vertical strips and glue them in place.

Directions:



Cut out several strips of multicolored construction paper that are all the same width. I cut my strips down to 1-inch wide.



Keep adding strips until you have woven in a total of 6 strips.



Weave the horizontal strip over and under each vertical strip, then use another piece of tape once you reach the other end of the strip.



Glue an extra strip to opposite sides of the basket to make a handle. Once the



Lay out 6 strips side by side on the table.



Fold up the loose ends of the strips to begin to form the sides of the basket. Use your ruler to fold a straight, crisp line.



Keep adding strips all the way around the basket, then add a second strip above the first.



All sources acknowledged.

sjbchurch.co.uk

Weave your own basket

GETTING STARTED.

The template is 9 inches across, exactly the size of a paper plate. The paper plate template makes a great base for your weaving because it's slightly sturdier than regular paper. If you wanted to use tag board or even a recycled cereal box would work well.

Print out your weaving template and trace it on whatever thick material you've chosen. Paper plates work great but use what you have. Trace the shape and cut it out. Bend the flower petal shapes upward about 90 degrees. They won't stay this upright but it's a good place to start.

IN AND OUT, OVER AND UNDER.

To start your woven bowl you want to slide the end of your yarn into one of the slits and push it clear down toward the base of your bowl. Leave the tail hang out and don't worry about it for now. It will be tucked in later. Work around the petal shapes making sure the yarn goes under one, over the next one.

Because the template has an odd number of petals the weaving can continue on around in the correct pattern. If the template had an even number of petals the second row of weaving would mimic the pattern of the first row instead of being the opposite, as it should be.

Keep this in mind if you want to make your own woven bowl template instead of using the one provided above. Having an odd number of petals to weave around is crucial.

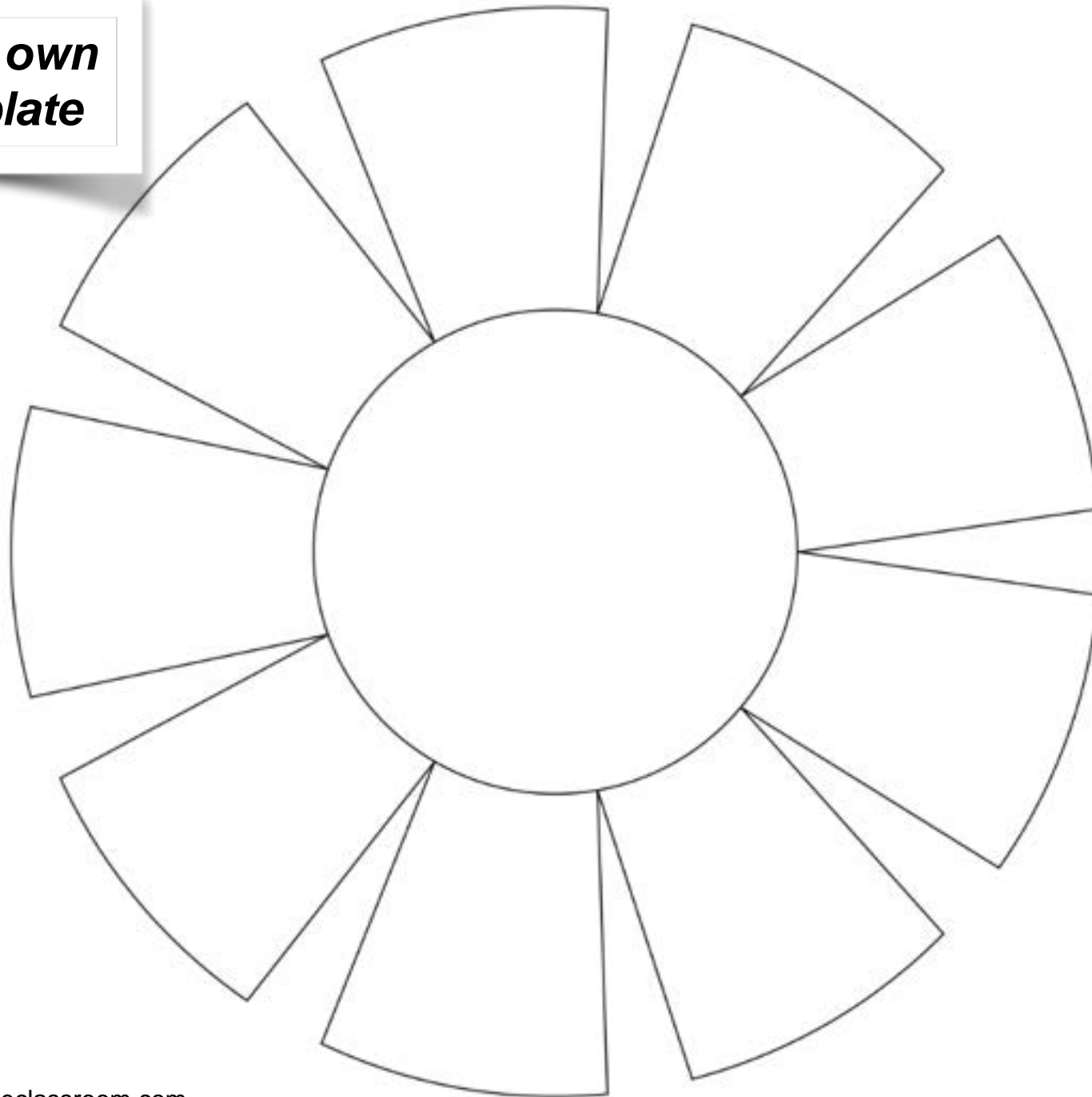
NEXT COLOR.

When done with one color simply snip the yarn and let the tail hang. Tuck in the second color and continue weaving being sure to maintain that same over, under pattern. Keep weaving and pushing the yarn down close to the base as you work.

Continue on adding rows of color and leaving the letting the a few inches of "tail" hang out. When the yarn has gotten as close to the top as possible stop. Tuck the tail of the last piece into the previous rows and do the same with the the other tails. It is easier to wait and do this at the end because the yarn is pushed down more tightly at this point.



***Weave your own
basket template***



Feeding 5000 - Reading the story.

The story can be found in the Bible in Matthew 14:13-21; Mark 6:30-44; Luke 9:10-17; and John 6:1-15

Matthew 14(ICB)

More Than 5,000 People Fed

13 When Jesus heard what happened to John, Jesus left in a boat. He went to a lonely place by himself. But when the crowds heard about it, they followed him on foot from the towns. **14** When Jesus arrived, he saw a large crowd. He felt sorry for them and healed those who were sick.

15 Late that afternoon, his followers came to Jesus and said, "No one lives in this place. And it is already late. Send the people away so they can go to the towns and buy food for themselves."

16 Jesus answered, "They don't need to go away. You give them some food to eat."

17 The followers answered, "But we have only five loaves of bread and two fish."

18 Jesus said, "Bring the bread and the fish to me." **19** Then he told the people to sit down on the grass. He took the five loaves of bread and the two fish. Then he looked to heaven and thanked God for the food. Jesus divided the loaves of bread. He gave them to his followers, and they gave the bread to the people. **20** All the people ate and were satisfied. After they finished eating, the followers filled 12 baskets with the pieces of food that were not eaten. **21** There were about 5,000 men there who ate, as well as women and children.

Feeding 5000 - Reading the story.

Mark 6 (ICB)

More Than 5,000 People Fed

30 The apostles that Jesus had sent out to preach returned. They gathered around him and told him about all the things they had done and taught. **31** Crowds of people were coming and going. Jesus and his followers did not even have time to eat. He said to them, "Come with me. We will go to a quiet place to be alone. There we will get some rest."

32 So they went in a boat alone to a place where there were no people. **33** But many people saw them leave and recognized them. So people from all the towns ran to the place where Jesus was going. They got there before Jesus arrived. **34** When he landed, he saw a great crowd waiting. Jesus felt sorry for them, because they were like sheep without a shepherd. So he taught them many things.

35 It was now late in the day. Jesus' followers came to him and said, "No one lives in this place. And it is already very late.

36 Send the people away. They need to go to the farms and towns around here to buy some food to eat."

37 But Jesus answered, "You give them food to eat."

They said to him, "We can't buy enough bread to feed all these people! We would all have to work a month to earn enough money to buy that much bread!"

38 Jesus asked them, "How many loaves of bread do you have now? Go and see."

When they found out, they came to him and said, "We have five loaves and two fish."

39 Then Jesus said to the followers, "Tell all the people to sit in groups on the green grass." **40** So all the people sat in groups. They sat in groups of 50 or groups of 100. **41** Jesus took the five loaves and two fish. He looked up to heaven and thanked God for the bread. He divided the bread and gave it to his followers for them to give to the people. Then he divided the two fish among them all. **42** All the people ate and were satisfied. **43** The followers filled 12 baskets with the pieces of bread and fish that were not eaten. **44** There were about 5,000 men there who ate.

Feeding 5000 - Reading the story.

Luke 9 (ICB)

More Than 5,000 People Fed

10 When the apostles returned, they told Jesus all the things they had done on their trip. Then Jesus took them away to a town called Bethsaida. There, Jesus and his apostles could be alone together. **11** But the people learned where Jesus went and followed him. Jesus welcomed them and talked with them about God's kingdom. He healed those who needed to be healed.

12 Late in the afternoon, the 12 apostles came to Jesus and said, "No one lives in this place. Send the people away. They need to find food and places to sleep in the towns and countryside around here."

13 But Jesus said to them, "You give them something to eat."

They said, "We have only five loaves of bread and two fish. Do you want us to go buy food for all these people?"

14 (There were about 5,000 men there.)

Jesus said to his followers, "Tell the people to sit in groups of about 50 people."

15 So the followers did this, and all the people sat down. **16** Then Jesus took the five loaves of bread and two fish. He looked up to heaven and thanked God for the food. Then Jesus divided the food and gave it to the followers to give to the people. **17** All the people ate and were satisfied. And there was much food left. Twelve baskets were filled with pieces of food that were not eaten.

Feeding 5000 - Reading the story.

John 6 (ICB)

More Than 5,000 People Fed

6 After this, Jesus went across Lake Galilee (or, Lake Tiberias). **2** Many people followed him because they saw the miracles he did to heal the sick. **3** Jesus went up on a hill and there sat down with his followers. **4** It was almost the time for the Jewish Passover Feast.

5 Jesus looked up and saw a large crowd coming toward him. He said to Philip, "Where can we buy bread for all these people to eat?" **6** (Jesus asked Philip this question to test him. Jesus already knew what he planned to do.)

7 Philip answered, "Someone would have to work almost a year to buy enough bread for each person here to have only a little piece."

8 Another follower there was Andrew. He was Simon Peter's brother. Andrew said, **9** "Here is a boy with five loaves of barley bread and two little fish. But that is not enough for so many people."

10 Jesus said, "Tell the people to sit down." This was a very grassy place. There were about 5,000 men who sat down there. **11** Then Jesus took the loaves of bread. He thanked God for the bread and gave it to the people who were sitting there. He did the same with the fish. He gave them as much as they wanted.

12 They all had enough to eat. When they had finished, Jesus said to his followers, "Gather the pieces of fish and bread that were not eaten. Don't waste anything." **13** So they gathered up the pieces that were left. They filled 12 large baskets with the pieces that were left of the five barley loaves.

14 The people saw this miracle that Jesus did. They said, "He must truly be the Prophet[a] who is coming into the world."

15 Jesus knew that the people planned to come and take him by force and make him their king. So he left and went into the hills alone.