

2022/2023

	TERM 1		TERM 2		TERM 3	
Nursery	Games : Unit 1 Introduction to PE : Unit 1 +	Gymnastics: Unit 1  +	Fundamentals : Unit 1  +	Ball Skills : Unit 1  +	Fundamentals : Unit 2  +	Games : Unit 1  +
Reception	Introduction to PE : Unit 1 Introduction to PE : Unit 2 +	Ball Skills : Unit 1 Ball Skills : Unit 2 +	Fundamentals : Unit 1  +	Fundamentals : Unit 2 Dance : Unit 1 +	Gymnastics: Unit 1 Gymnastics : Unit 2 +	Games : Unit 1 Games : Unit 2 +
Year 1	Fundamentals Team Building +	Dance Ball Skills +	Gymnastics Sending and Receiving Target Games +	Sending and Receiving Net and Wall +	Athletics Invasion +	Striking and Fielding Yoga +
Year 2	Invasion Dance Team Building +	Ball Skills Fundamentals +	Fitness Gymnastics +	Target Games Sending and Receiving +	Striking and Fielding Net and Wall +	Athletics Yoga +
Year 3	Fundamentals Y3/4 Fitness Swimming +	Ball Skills Y3/4 Gymnastics Swimming +	Swimming Fitness Fundamentals Y3/4 +	Swimming Ball Skills Y3/4 Dance +	Athletics Dance Gymnastics Yoga +	Rounders Yoga Athletics +
Year 3/4	  	  	  	  	  	  
Year 4	Fitness Ball Skills Y3/4 +	Gymnastics Netball +	Dance Tag Rugby +	Yoga	Athletics Cricket +	OAA Rounders +