

William Gilbert Endowed C of E Primary School and Nursery

www.williamgilbertend.derbyshire.sch.uk

Safeguarding and Child Protection

at William Gilbert School

Why have a Safeguarding Newsletter?

Safeguarding & Child Protection is such an important issue for our children and young people that we have decided to have a termly newsletter that shares key information and advice with parents and carers so that we can all work together with the same aim of keeping children safe in school, at home and in the wider community. At William Gilbert School, we feel it is crucial to work with our parents and with the high-quality agencies that support schools and young people so that we can offer a safe environment that allows children to be aware of the risks they may face and how to respond to them safely.

What is the Role of the DSL at William Gilbert Primary?

The Designated Safeguarding Lead has a vital role in taking lead responsibility for child protection issues in school. DSL's must be senior members of the school's leadership team, and at William Gilbert we currently have 2 DSL's forming a team with Mrs Whyld as the Senior in position. A DSL is always available during school hours for staff to discuss any safeguarding concerns. DSL's are trained to take on this role and that training is updated every two years with additional training and conferences in between. The DSL has many responsibilities including working with staff and agencies involved in safeguarding children, working with parents and families, giving advice to staff, training staff, managing referrals from staff, and investigating concerns passing them onto the correct body as necessary, managing the records of safeguarding and Child Protection concerns.

A Safeguarding Curriculum

'Keeping Children Safe in Education 2021'(KCSIE) reminds us that safeguarding and promoting the welfare of children is everyone's responsibility. Everyone who comes into contact with children and their families has a role to play. This means that they should always consider what is in the best interests of the child. At WGES we believe that it is vital for our children to have opportunities to learn how to stay safe both in and outside of school—learning that comes from parents and also the staff at WGES. Safeguarding awareness & understanding of issues including but not limited to, children missing from education, child sexual exploitation, bullying, domestic abuse, discrimination, inequality, drugs & alcohol abuse, faith abuse, forced marriage, gender violence, radicalisation, mental health and trafficking - all start with the knowledge and skills we introduce at school. Here are some examples:

- Religious Education lessons reinforce messages of tolerance and respect for others. Opportunities to learn about other faiths and visit places of worship.
- Online safety lessons
- Healthy eating focus in Science and Technology lessons
- Weekly Safeguarding assemblies
- RSHE lessons
- Links with the NSPCC initiatives through workshops, assemblies and lessons
- Balanceability and Bikeability training
- Local community representatives to support the curriculum -PSCO from Derbyshire Police
- School website, updated regularly for pupils and parents linked to safeguarding and parental support
- Mental wellbeing support on school website, handouts for pupils and adults, nurture sessions in school
- Anti-bullying lessons and workshops throughout the year including information on the school website.
- Engagement with charities that broaden pupils awareness, understanding and worldview
- Teaching First Aid to pupils
- Behaviour policy and practise in school under the 'Golden Rules'
- Transition work from pre-school settings to Reception and Year 6 to Year 7

Useful Acronyms & Vocabulary

DSL: Designated Safeguarding Lead

PREVENT: Part of the Governments Counter Terrorism Strategy to stop people being drawn into extremism

LADO: Local Authority Designated Officer - who deals with position of trust safeguarding issues

CEOP: Child Exploitation and Online Protection Centre

National Online Safety -Online training and support for families about all things online

KCSIE: Keeping Children Safe in Education (available on the school web pages)

Who's Who at WGES

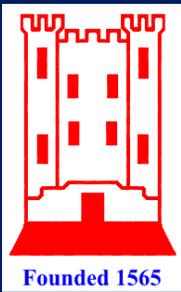
- ◆ Mrs S J Whyld - Senior DSL
- ◆ Mrs E H Britten - Deputy DSL
- ◆ Mr N Ruggins – Safeguarding Governor
- ◆ Miss K Whiting – Acting EYFS/KS1 SENCO and Mental Health First Aider
- ◆ Miss B Rice – Acting KS2 SENCO
- ◆ Mrs S Owen – Mental Health first aider

Designated Safeguarding Leads can be accessed via our safeguarding email

safeguarding@williamgilbertend.derbyshire.sch.uk

If you believe that a child or an adult is at immediate risk of harm and in need of protection then you should call the Police - 999, straight away.

Alternatively if you want advice from the Police and the child or adult is not in immediate need of protection, you can call the Police on the telephone number 101.



NSPCC



What are the signs of child abuse?

NSPCC

The signs of child abuse aren't always obvious, and a child might not feel able to tell anyone what's happening to them. Sometimes, children don't even realise that what is happening to them, is abuse.

There are different types of child abuse and the signs that a child is being abused may depend on the type. For example, the signs that a child is being neglected may be different from the signs that a child is being abused sexually.

Common Signs

Some common signs that there may be something concerning happening in a child's life include:

- unexplained changes in behaviour or personality
- becoming withdrawn
- seeming anxious
- becoming uncharacteristically aggressive
- lacks social skills and has few friends if any
- poor bond or relationship with a parent
- knowledge of adult issues inappropriate for their age
- running away or going missing
- always choosing to wear clothes which cover their body

These signs don't necessarily mean that a child is being abused, there could be other things happening in their life which are affecting their behaviour – but we can help you to assess the situation.

You may also notice some concerning behaviour from adults who you know have children in their care, which makes you concerned for the child/ children's safety and wellbeing.

<https://www.nspcc.org.uk/what-is-child-abuse/>

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/>

Useful Acronyms & Vocabulary

CAMHS: Child and Adolescent Mental Health Services

My Concern –

Safeguarding record system (safeguarding and child protection software for schools used at WGES).

NSPCC: National Society for the Prevention of Cruelty to Children

EHA: Early Help Assessment

SEND: Special Educational Needs & Disabilities

Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit www.williamgilbertend.derbyshire.sch.uk

Scan the QR code below to take you to [our safeguarding page](#)



Scan the QR code below to take you to our [parenting support page](#)



YOUNGMINDS

fighting for young people's mental health

Parental Support

We know parenting isn't always easy. Although it's often amazing and rewarding to watch your children grow up, and to help them learn to be independent, it can also be really hard work. It can feel especially hard if your child's mood and behaviour seem different and you're not sure why, or what you can do to help. But you are not alone.

Young Minds have lots of practical advice and tips on supporting your child - from how to encourage your child to open up about their feelings to dealing with mental health services. No matter what you and your child are going through, things can get better.

They also have a Parents Helpline which can provide advice and support if you're worried about a child or young person.

Visit <https://www.youngminds.org.uk/parent/>



The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they may experience with children.

Advice can be found on over forty topics including:

- Understanding sibling rivalry*
- My child is lying, what does it mean, what should I do?*
- My child has trouble going to sleep*
- My child says 'I hate you!'*
- Cultural identity: who am I?*
- 'Our mealtimes are becoming a battleground'*

The Parenting Smart website can be found here:

<https://parentingsmart.place2be.org.uk/>

School holidays should be fun!



But also SAFE.

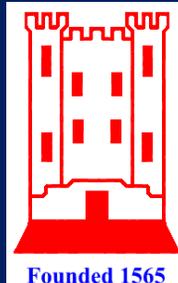


SCHOOL HOLIDAY SAFETY

Keeping safe in the holidays



Water Safety Code



Sun Safety

Sun damage when you're young could lead to skin cancer developing in later life. Whether you're heading to the beach, playing in the park or out in your own garden, it's important to think about sun protection for all the family – especially young children.

Sun safety tips

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October.

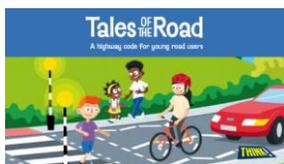
Make sure you:

- spend time in the shade between 11am and 3pm
- never burn
- cover up with suitable clothing and sunglasses
- take extra care with children
- use at least factor 15 sunscreen

The following website has more information and fun activities that you can share with your children to keep them safe over the summer holidays

<https://www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids>

<https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>



Road Safety

During the school holidays children are out and about around the local area and close to roads. During our weekly assemblies and bikeability sessions we have discussed road safety. Ask your child what they can remember and use this as a starting point to remind them about keeping safe when crossing or playing near roads. Take a look at these useful resources and websites to remind children of the key safety messages.

<https://www.think.gov.uk/education-resources/>

<https://www.rospa.com/media/documents/road-safety/teaching-road-safety-a-guide-for-parents.pdf>

Water Safety

The Royal Life Saving Society UK report that drowning is the third highest cause of accidental death of children in the UK and that a person can drown in as little as 2cm of water. Hot weather can make rivers, lakes and paddling pools more appealing for children and families – make sure you know how to teach your child to be safe when cooling off and playing this summer.

The water safety code

Water may look safe, but it can be dangerous. Learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you will be able to swim in cold water.

The dangers of water include:

- it is very cold
- there may be hidden currents
- it can be difficult to get out (steep slimy banks)
- it can be deep
- there may be hidden rubbish, for example shopping trolleys, broken glass
- there are no lifeguards
- it is difficult to estimate depth
- it may be polluted and may make you ill

Please visit the following websites to help inform your family and keep them safe

<https://rnli.org/safety/beach-safety>

<https://www.rospa.com/leisure-water-safety/water/advice/water-safety-code>

Useful Acronyms & Vocabulary

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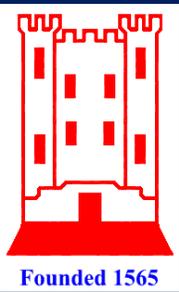
Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit www.williamgilbertend.derbyschire.sch.uk

If you believe that any child is in danger ring Call Derbyshire Tel: 01629 533190 choosing the option for urgent child protection calls at any time





Founded 1565

Moving on...

With the end of term rapidly approaching our year 6 pupils are preparing for their next adventure, secondary school. We're sure there are a lot of different emotions about this new start. We hope the prevailing emotion is excitement- about all the new experiences to be had, new friends to be made and new goals to be achieved. That said, it's natural and normal to feel a little apprehensive and maybe even anxious also (both parents and children alike!),



Here are some links to useful transition resources to support you:

<https://www.place2be.org.uk/our-services/parents-and-carers/getting-ready-to-start-secondary-or-high-school/>

<https://www.annafreud.org/schools-and-colleges/resources/supporting-children-transition-to-secondary-school-guidance-for-parents-and-carers/>

<https://www.bbc.co.uk/teach/transitioning-to-secondary-school/zkc9pg8>

Childnet have devised some really useful videos. These can be used to develop awareness in parents of the challenges ahead but also as useful discussion points with your child.

Useful Acronyms & Vocabulary

Peer pressure is the direct or indirect influence on peers, i.e., members of social groups with similar interests, experiences, or social statuses. Members of a peer group are more likely to influence a person's beliefs, values, and behaviour. A group or individual may be encouraged and want to follow their peers by changing their attitudes, values or behaviours to conform to those of the influencing group or individual.

Advice around Peer Pressure and support for young people can be found here:

<https://www.childline.org.uk/info-advice/friends-relationships-sex/friends/peer-pressure/>

Safeguarding Information at WGES

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Please visit www.williamgilbertend.erbyshire.sch.uk

Visit our website for useful information about Gangs on our parenting support page.



Childnet.com

<https://www.childnet.com/resources/moving-on-up/>

Independence but with boundaries

The move to secondary school often signals a shift in the levels of freedom and independence our older pupils are given by parents. Our duty to safeguard these pupils remains. We feel it is important to share information that will support parents in keeping children safe when they are away from their caregivers. We are aware of groups of teenagers from a range of secondary schools in the area gathering in groups within Duffield. Younger pupils can be drawn into these groups through 'peer pressure' and take part in unsafe and sometimes anti-social behaviours. With light nights and warmer weather children may be granted the opportunity to play/hang out at the park or within the village. We would urge parents to set clear boundaries to keep them safe. These could include giving a time that they must return; going to and from the agreed place, e.g. the park (as they earn your trust and demonstrate they can keep themselves safe the places they go can grow; that they keep in contact with you through their phone, if they have one, and discuss what to do if something happens to make them feel worried or unsafe.

Energy drinks



There is local information to show that secondary school pupils are accessing and drinking energy drinks. These are soft drinks that contain high levels of sugar and caffeine. They also contain stimulants such as guarana which adds to the level of caffeine. Caffeine is an **addictive substance**. The NHS has stated that because of the high levels of caffeine, sugar and acidity in energy drinks, they are 'unnecessary' and 'unsuitable' for children under 16.- Young people who drink energy drinks are more likely to drink alcohol, smoke or use drugs

Some reasons why young people choose to drink energy drinks;

- To fit in with their friends as part of socialising in the evenings / weekends on the park, BMX tracks, skate parks.
- Whilst gaming to help them stay awake at night
- Whilst taking part in sports
- To help with concentration and study.
- To mix with alcohol

There currently is no law to prevent the sale of these drinks to under 16s in the UK but many shops operate a responsible retailing policy and do not sell them to under 16s. We are aware that not all shops in Duffield support this responsible retailer policy and continue to sell them to secondary age pupils.

Further information can be found at

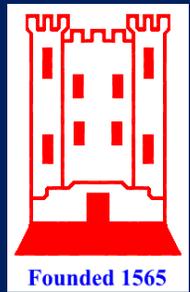
<https://www.healthforteens.co.uk/lifestyle/nutrition-diet/energy-drinks-just-the-facts/>

Vaping

We are aware through the media and local information that there has been an increase in the use of vapes by young people. Promotion of these through social media and shops selling fruity flavours make them more appealing to younger users. We are also aware that these substances are readily available locally and young people are accessing and using them. We are alerting you to this local risk and here is a link to further information you may find useful.

<https://www.totallywicke-d-liquid.co.uk/vaped/a-parents-guide-to-vaping/>

Keeping safe online



Summertime, Screentime

Summertime presents us with opportunities for important conversations with children and young people about healthy habits, what they enjoy doing online, and how we can help them to be safer on digital platforms.

Be intentional – Take the opportunities that summer presents to engage. Learn a little more about the popular platforms and games those in your care are using or exploring this summer. Some of these platforms may have parental controls, safety settings, and reporting functions that are important to know about.

Watching videos

From animals doing funny things, to slime-making and game-tutorials, the internet has lots of fun videos for children to enjoy. But the amount and availability of content online means that children may see something inappropriate. The internet is a public and open space where anyone can post and share content. This can be fun and entertaining for children, but it does mean your child may see something that is intended for adults. Children love to watch videos and YouTube is always a firm favourite! But sometimes children can be exposed to videos that are not meant for them. YouTube Kids is a safer way for children to explore their interests. You can find more information about this at

<https://www.internetmatters.org/hub/guidance/youtube-tips-and-tricks-to-keep-your-children-entertained-and-safe/>

Click here to find a guide on how to add parental controls when using YouTube <https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>



Supervise their online activity: Keep the devices your child uses in communal areas of the house such as the living room or kitchen, where an adult is able to supervise. Primary-age children should not access the internet in private spaces alone, such as in a bedroom or bathroom.

Explore together and chat little and often: Ask your child to show you their favourite apps, games and sites and encourage them to teach you how to use these. Ask them if anything ever worries them online. Make sure they know they won't be in trouble and can get help by talking to you or another adult they trust if anything happens online that makes them feel worried, sad or scared.

Make sure they know where to go for support: Remind your child they can always speak to you or an adult they trust if anything happens online that makes them feel worried or upset.

Talk about how their online actions affect others: If your child is engaging with others online, remind them to consider how someone else might feel before they post or share something. If they are considering sharing a photo/video of somebody else, they should always ask permission first.

Visit [Thinkuknow.co.uk/parents](https://www.thinkuknow.co.uk/parents) for more information on keeping your child safer online.

Useful Acronyms & Vocabulary

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CEOP: Child Exploitation and On-line Protection Centre



<https://www.thinkuknow.co.uk/parents/>

Online Safety Information at WGES

We have a wealth of information on our school website for parents to access.

Please visit <https://www.williamgilbertend.derbyshire.sch.uk/staying-safe-on-the-internet/>

Or scan the QR code below



Visit Google's Interland to play fun games as a family to be internet awesome