






Year 9 Cycle 3 Sport and PE Knowledge Organiser

Week 1 and 2	Week 3 and 4	Week 5 and 6	Week 7 and 8	Week 9 and 10	Week 11 & 12
User Groups who participate in Sport	Barriers to Participation	Solutions to Barriers	Values Promoted through Sport	The Olympic and Paralympic Creed & Values	Conduct of Performers
1.Children 2.Teenagers 3.Single Parents 4.Families with young children 5.Disabled 6.Retired people/over 50 7.Ethnic minorities 8.Working singles/Couples 9.Unemployed/Economic ally disadvantaged  	1.Family commitments 2.Lack of money/disposable income 3.Lack of time/work commitments 4.Gender –perception that boys & girls don't do certain sports 5.Influence of peers/family 6.Lack of role models 7.Low self esteem 8.Provision and awareness of activities 9.Accessibility to facilities 10.Lack of transport 	PROMOTION (advertise it) <ul style="list-style-type: none"> •Targeted promotion (e.g. social media) •Using role models to encourage participation among different user groups •Initiatives aimed at promoting participation and inclusion PROVISION (what to put on and when) <ul style="list-style-type: none"> •Programme sessions for use by different user groups •Providing appropriate activities for user groups •Planning of times to suit different user groups ACCESS (Can people get to it) <ul style="list-style-type: none"> •Access to FACILITIES (e.g. transport if in country side or wheelchair ramps for disabled) •Access to equipment (e.g. a hoist for swimming pool access) •Sensible Pricing (e.g. reduction of charges for unemployed people or young children) 	1. Team Spirit –learning how to work together and support others 2. Fair Play –learning the importance of adhering to rules and being fair 3. Citizenship –get involved in your local community 4. Tolerance & Respect – developing understanding of different countries and cultures through sport 5. Inclusion -initiatives to get under-represented social groups involved 6. National Pride – supporters and performers unite behind the country in international events 7. Excellence -striving to be the best you can be	 <p>The creed and motto are meant to inspire the athletes to embrace the Olympic spirit and inspire them to perform to the best of their ability. The vision is 'To enable Paralympic athletes to achieve sporting excellence and inspire and excite the world.'</p> <p><i>"The important thing in life is not the triumph, but the fight; the essential thing is not to have won, but to have fought well."</i></p> <p>OLYMPIC AND PARALYMPIC VALUES</p> 	ETIQUETTE - Are the unwritten rules of a sport/activity, they are not enforced but usually observed & shows a level of respect & fairness for the sport & opponent e.g. acknowledging to your opponent if your shot hit the net and still went over so you win the point SPORTSMANSHIP - Is conforming to the rules, spirit & etiquette of a sport e.g. shaking hands with an opponent, being gracious in winning or losing. GAMESMANSHIP -Is the attempt to gain an advantage by stretching the rules to their limit e.g. timewasting, diving in football

