**** EMERGENCY ASTHMA PLAN FOR SCHOOL





**SIGNS OF:**

WHEEZING

COUGHING

SHORTNESS OF BREATH

**TREATMENT:**

 GIVE **1** – **10** puffs of RELIEVER (**BLUE**) INHALER every 30-60 secs

(USE A SPACER IF IT IS THIS TYPE OF INHALER)

**IF NO OR MINIMAL EFFECT, call 999 for an ambulance**

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If little or no improvement, and the ambulance has not arrived

Contact 999 again immediately

If the ambulance has not arrived after 10 mins, or symptoms are not improving:

GIVE **1** – **10** puffs of RELIEVER (**BLUE**) INHALER every 30-60 secs