

## NDA Curriculum Sequencing Map 2021-22: Life

	Half Term 1						
Life	week 1	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	Dealing with change	Road Safety	Behaviour rules and rewards	Enrichment	Cyberbullying and bullying	World mental health day	Social media impacts and dangers
Year 8	Stranger danger	CPR life skills	Recovery position	First Aid	The importance of friendships	Bullying	Every mind matters
Year 9	Rise above dealing with change	Caffeine addiction	Health and wellbeing	Taking responsibility for my own health	Short and long-term effects of substance abuse	World Mental Health Day	Cyberbullying
Year 10	Rise above dealing with change	Healthy living	Personal Hygiene	Obesity	Addiction	World Mental Health Day	Alcoholism - dangers
Year 11	Rise above dealing with change	Rights at work	Career development	World of work	Your future	Applying for jobs	CV Writing

	Half Term 2						
Life	Week 1	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	British Values Introduction	Remembrance day	Democracy	White Ribbon Day	Rule of Law	Elections/Democratic Process/MP	Citizenship and Decision-making
Year 8	behaviour for learning	Remembrance day	Prejudice and Discrimination	Asylum Seekers and Refugees	Respecting differences in culture	Integrity, Respect and moral understanding	Individual Liberty at NDA
Year 9	The five pillars of Islam	Remembrance Day	Islamic and Christian Beliefs	The Quran	Asylum Seeker/Refugee understanding	Freedom of Faith-link to BV	Positive mental wellbeing
Year 10	Cultural diversity	Remembrance Day	Cultural Diversity-looking at British Poetry	White Ribbon Day	Cultural values	Cultural identity	Talents and celebrations
Year 11	Different types of drug and their impact	Remembrance Day	Substance Abuse	Managing social influences-peer pressure	Smoking-risks	the physical and psychological consequences of addiction	Link to BV Rule of law

	Half Term 3						
Maths	week 1 (half week)	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	Individual Liberty	PREVENT-Extremism	How can language divide us (Prevent)	Values and beliefs and the effects of this on behaviour, choices and responsibility	Managing money	Roles played by public institutions	The Crown Court
Year 8	Relationships	Understanding and preventing extremism	How can language divide us	Influence	Roles and responsibilities	Relationships and the breakdown	Tolerance and acceptance
Year 9	Self-esteem	Extremism	How can language divide us	Influence	Body image	Body image continued	Perceptions and stereotypes
Year 10	Age Limits and appropriate behaviour	Extremism	How can language divide us	Influence	Relationship breakdowns	Consent	Consent and the law continued
Year 11	Reed careers introduction virtual work experience programme	As above-presentations	Sales and marketing	Departments and job roles	Finance and training	Skills mindset and qualifications	REED- managing costs

	Half Term 4					
Life	week 1	week 2	week 3	week 4	week 5	week 6
Year 7	The importance of work	Emergency services	What us a magistrate- recap rule of law	Fairtrade and Local charities	Global plastic pollution	Recap freedom of speech- suffragettes
Year 8	Divorce and the impact of	Consent	Gender Stereotyping	Search for my tongue having a voice	Search for my tongue having a voice- continued link to literacy	Different types of gender
Year 9	Relationships recap	Introduction to parenthood	Contraception	Self- Confidence	The effects of alcohol	Dangers of child exploitation
Year 10	Christianity	Importance of the Christian faith	Places of worship	Sikhism introduction	Hinduism introduction	Atheist, theist, agnostic
Year 11	Living independently	Revision and study skills	A levels, college, University and opportunities- courses	Apprenticeships device and opportunities in local area	Volunteering recap- charity work	the importance of sufficient good quality sleep for good health

	Half Term 5				
Life	week 1	week 2	week 3	week 4	week 5
Year 7	Attitudes to mental Health	Promoting emotional wellbeing	Promoting emotional wellbeing continued	Unhealthy coping strategies	Healthy coping strategies
Year 8	Mental Health and Stigma	Promoting emotional wellbeing	Digital Resilience	Unhealthy coping Strategies- differentiated	Healthy coping strategies- differentiated
Year 9	Mental Health and Stigma	Promoting emotional wellbeing	Digital Resilience	Unhealthy coping Strategies- differentiated	Healthy coping strategies- differentiated
Year 10	Mental Health and Stigma	Promoting emotional wellbeing	Digital Resilience	Unhealthy coping Strategies- differentiated	Healthy coping strategies- differentiated
Year 11	Mental Health and Stigma	Promoting emotional wellbeing	Digital Resilience	Unhealthy coping Strategies- differentiated	Healthy coping strategies- differentiated

	Half Term 6						
Life	week 1	week 2	week 3	week 4	week 5	week 6	week 7
Year 7	Rise above- Puberty	Gender Identity	Intimacy and communication	Online grooming- recap- important	Keeping safe	Staying safe in my local community	Scenarios- local community linked to vulnerability
Year 8	Rise above- Puberty	Our special people- friends and family relationships	Role models	Online grooming- dangers- recap	Resilience for success	Staying safe in our community	staying safe locally
Year 9	What is volunteering? What is Charity work? How can I help?	Different types of jobs that would suit me	Employment- what does it look like?	Managing my finances- what is a bank account? Credit cards, loans-dangers of	Mortgages, buying a house, paying bills, how to save money	Recap: What is the commonwealth?	Recap- the rule of law
Year 10	Romantic relationships	Relationship expectations	Healthy Relationships	FGM	Celebrating relationships and parenthood	Pornography- impact	honour based violence and FGM, and how these can affect current and future relationships
Year 11							

### Key

	Cultural		Social		Spiritual
	British Values		Moral		