

Super Starter
 Tuesday 14th April

Cedar Hub
SUMMER 1 2026



Fab Finish
 Week beginning:
 18th May 2026

Curriculum Subject Learning

MORNINGS:
English: Narrative. Description. Poetry. Letter.
Reading/Phonics
Maths: Shape. Money.












AFTERNOONS: Personal Development & Nurture Learning (Our Main Journey) + PE

This half term, our focus will be on building life skills and emotional wellbeing through: LEGO Therapy, ELSA sessions, Zones of Regulation, Emotional literacy and self-awareness, building independence, Teamwork and collaboration, Turn-taking and communication, Problem-solving, Resilience and perseverance, celebrating differences, Forest School experiences, making positive choices, developing friendships and belonging.

These sessions will support your child’s social, emotional, and personal development alongside their academic learning.

Vocabulary
 What new vocabulary can you help your child to learn and understand:


Personal Development + Nurture



 Resilience	+	 adaptability	+	 Regulation	+	 time management
 Empathy	+	 conflict resolution	+	 Perseverance	+	 creativity
 Mindfulness	+	 gratitude	+	 Self-awareness	+	 communication

ELSA Sessions

 Understanding		 emotions		 Managing		 anger		 Growing		 confidence
 Teamwork	+	 problem solving	+	 Building		 resilience		 Staying		 calm

Resources and Ways, you can Support:



Use Times Tables Rock Stars at least three times per week

Read three or more times a week and record in Boom Reader

Encourage independence at home.

Talk with your child about feelings using the Zones of Regulation

<https://youtu.be/zZ9X-d3oZvQ>

