

## PSHE Curriculum Map

	Autumn 1 <i>Health &amp; wellbeing</i>	Autumn 2 <i>Living in the wider world</i>	Spring 1 <i>Relationships</i>	Spring 2 <i>Health &amp; wellbeing</i>	Summer 1 <i>Relationships</i>	Summer 2 <i>Living in the wider world</i>
<b>Year 7</b>	<b>Transition and safety</b> Transition to secondary school Respect in School and CHRIST/British Values Identifying emotions First aid	<b>Developing skills and aspirations</b> Careers Teamwork and enterprise skills Raising aspirations SMART goals	<b>Diversity. Peer relationships.</b> Making and maintaining friends – Interpersonal relationships Diversity and prejudice Bullying (inc online)	<b>Health and puberty</b> Healthy routines – Sleep/Hygiene/Dental Puberty and emotions Periods FGM	<b>Building relationships</b> Self-worth Romance and friendships Media influences Assertive communication	<b>Financial decision making</b> Saving, borrowing, budgeting and making financial choices Ethical shopping Identifying risk
<b>Year 8</b>	<b>Drugs and alcohol</b> Alcohol and drug misuse, including types and consequences. Pressures relating to drug use	<b>Community and careers</b> Types of employment Employment law and discrimination The World around me Goals for my future – What’s my line.	<b>Discrimination. Peer on Peer Abuse</b> Group Think Discrimination and HBT Racism Human Rights	<b>Emotional wellbeing</b> Mental health and emotional wellbeing - including body image and coping strategies Mindfulness	<b>Identity and relationships</b> Gender identity, sexual orientation, Consent ‘sexting’ <b>An introduction to contraception</b> (check knowledge on reproduction)	<b>Digital literacy</b> Online safety & digital literacy, media reliability Fake news Online gaming
<b>Year 9</b>	<b>Peer influence, substance use and gangs</b> Group think Healthy and unhealthy friendships, and gang exploitation CSE/CCE Bystander Behaviour	<b>Setting goals</b> Problem Solving Career options and goal setting as part of the GCSE options process	<b>Respectful relationships</b> Families and parenting Homelessness Conflict resolution and relationship changes	<b>Healthy lifestyle</b> Work/life balance Body Image. First aid and personal safety Cancer awareness	<b>Intimate relationships/Self checks</b> Relationships and sex education including consent, <b>contraception, the risks of STIs, and attitudes to pornography</b>	<b>Work experience</b> Preparation for and evaluation of work experience Overcoming Adversity Health and Safety Online Presence
<b>Year 10</b>	<b>Mental health</b> Mental health and ill health Stigma, Safeguarding health, including during periods of transition or change	<b>Financial decision making</b> The impact of financial decisions and debt, Gambling Financial risks	<b>Healthy relationships</b> Consent, <b>Contraception and STI’s</b> LGBT+ relationships Online dating and <b>Porn</b> Personal safety and First Aid	<b>Exploring influence</b> The influence and impact of drugs, gangs, role models and the media Joy riding – Car Crash (WMFS) Crime and Law	<b>Addressing extremism and radicalisation</b> Communities, Belonging and challenging extremism PREVENT	<b>Employability skills</b> Employability skills and enterprise personality Wages Employment rights
<b>Year 11</b>	<b>Building for the future</b> Goals Stress management, Future opportunities Balancing life online	<b>Next steps</b> Revision and study skills Post 16 Employability CV writing Interview	<b>Communication in relationships</b> Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse. Domestic abuse and coercive control.	<b>Independence</b> Responsible health choices, and safety in independent contexts – surgery, tattoos, piercings Blood, organ, stem cell donation	<b>Families</b> Different families and parental responsibilities, pregnancy, marriage and forced marriage Adoption, Abortion, Miscarriage	

Highlighted topics are those students can be withdrawn from.

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