



Relationship Sex Health Education (RSHE)

Changing Adolescent Bodies Curriculum



Year 2

Next week the whole school will be completing their curriculum work for Changing Adolescent Bodies. This curriculum is planned progressively across the school and taught age appropriately to each year group. Below you will find the overview of learning for your child's curriculum next week. If you would like to find out more information, please visit the school Friday 10th June, 09.00 a.m. Main Hall or visit the school website.

Year 2 – This is Me – Parent and Carer Learning and Curriculum Content Information				
When	What will the pupils be learning?	What words will the pupils learn?	What resources will be used?	How can you help your child at home?
Monday 13/6/22 am session	Demonstrate simple ways of giving positive feedback to others.	Positive, negative Trust, teamwork	Obstacle course. Lead your partner through obstacle course. Building trust and teamwork.	Ask your child who they can trust to show them the correct way to do things.
Monday 13/6/22 pm session	How to make a clear and efficient call to emergency services if necessary.	emergency assistance support	First Aid Training for Children First Aid Champions (redcross.org.uk) PowerPoint – What is First Aid	Ensure that your child knows their home address and how to access a phone if they need to call 999
Tuesday 14/6/22 am session	To recognise the range of feelings that are associated with losing (and being reunited) with a person they are close to.	loss permanent temporary reunited	Memory jar - children to add things to their own jar about the memories they have about the things they've lost.	Have a conversation with your child about loss. (Managing feelings)
Tuesday 14/6/22 pm session	Understand and describe some of the things that people are capable of at these different stages.	different stages of growth (e.g. baby, toddler, child, teenager, adult)	Photos of children and adults at different stages of their lives.	Ask your child if they notice any difference in themselves as they are growing (taller, being able to do more). What can they do now that they could not do earlier? How can you help them?
Wednesday 15/6/22 am session	To identify which parts of the human body are private	Penis, Vulva, Nipples private	Activity 1 - children to name body parts in different scenarios, e.g., in school uniform, in a swimming costume	Ask your child if they can remember the names of the body parts? Continue to reinforce the importance of knowing the

	To identify private parts and places	Penis, private, consent, genitals, underwear	Activity 2 - Blank body template for pupils to label with the body parts. Body part names to be provided https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/	scientific names of their body parts in order to keep themselves safe. Access the website and read through the information for parents and carers. Reinforce with your child that what is underneath their underwear is private and that no one should touch it without their consent.
Wednesday 15/6/22 pm session	To understand the difference between a secret and a surprise	secret, surprise, private, trust, consent	Storybook: Not Now Bernard	Talk to your child about what they have learnt today. Ask them to tell you the difference between a good secret or surprise and something that they should tell. Remind your children about all the people that they can talk to if they feel upset, scared or worried.
Thursday 16/6/22 am session	Know that you are not allowed to touch someone's private belongings without their permission	personal belongings private privacy	Children given a range of scenarios (relating ONLY to examples non-body related). Children to think about whether they would say yes or no in these scenarios. e.g. if someone told you to call out in class and you didn't want to, if someone hugs you and you don't want it. Link online safety and not sharing private information online. Practising saying no.	Reinforce the point that no one should touch your child's private belongings without their consent
Thursday 16/6/22 pm session	To know how to keep myself safe online Sharing Private Information/Consent	Online, age restrictions, appropriate, safety, confidential. trust	Do we talk to people when we're online? Circle of trust, completed in groups. Galloping gallery, tick if you agree, x if you disagree? if you're unsure. Whole class discussion of this.	Talk to your children about their use of the internet and the video games they play. Check that your child's games are all age appropriate and remove ones that are not
Friday 17/6/22	Summary of the week Rights and responsibilities of a child	rights responsibilities	Match rights and responsibilities	Ask your child if they are aware of their rights and responsibilities.

There have been several parent workshops already provided but due to low numbers in attendance we are providing more. If you would like to contact the school directly, please ask for Rachel Speed (Head of Education) or Lacey Leung (PSHE leader). Every day next week (w/b 13th June) there will be parent 'drop in' sessions whereby leaders will make themselves available to talk through any questions or provide materials to support learning at home.

