



## HOW CAN WE HELP?

Our curriculum is planned to promote positive growth in the lives of all children. We always endeavour to adopt a holistic approach that enables each child to develop spiritually, physically, emotionally, and morally. We know that each child is unique and special, and positive early childhood experiences are instrumental for a child's overall development in later life. Oxley promotes and maintains a safe environment that creates an opportunity for children to develop and grow positively, and at the very heart of this is our children and their families' mental health and wellbeing.

If you would like to talk to someone, please do not hesitate to contact your child's class teacher, Mr Caldwell (Headteacher), Mrs Woolcock (Deputy Head), Mrs Robe (Family and Mental Wellbeing Lead), Mrs Weaver (Safeguarding and Anti-bullying Lead Governor) or Miss Evans (PSHE Lead).

## CONTACT US

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# OXLEY PRIMARY SCHOOL





**MISS  
EVANS**

**Mental Health  
First Aider**

MHFA England



## USEFUL WEBSITES

**YOUNGmINDS**  
fighting for young people's mental health

[www.youngminds.org.uk](http://www.youngminds.org.uk)



[www.place2be.org.uk](http://www.place2be.org.uk)



[www.actionforchildren.org.uk](http://www.actionforchildren.org.uk)

**NSPCC**  
Cruelty to children must stop FULL STOP

[www.nspcc.org.uk](http://www.nspcc.org.uk)



[www.barnardos.org.uk](http://www.barnardos.org.uk)



[chums.uk.com](http://chums.uk.com)



[www.nhs.uk](http://www.nhs.uk)



**MRS  
ROBE**

**MHFA  
Champion**  
MHFA England



Mrs Robe has been part of the Oxley family for many many years and offers the following support:

- Bereavement support
- Mental Health First Aider - so help with anxiety, depression, phobias, OCD
- ELSA trained
- Basic counselling skills
- Parental separation support
- Staff wellbeing support
- ACES support
- Family support
- DSL duties
- HSB support
- Team Teach trained
- Anti-bullying
- Wellbeing ambassador

Miss Evans has been working at Oxley for eight years and has been leading PSHE for two. As part of her role, she trained as a mental health first aider with Mental Health England. She also launched the Zones of Regulation and Oxley's "Attitude for Gratitude" which are both aimed at developing whole school regulation, self esteem, awareness and inter personal skills. In addition, Miss Evans is the LGBTQ+ Trusted Adult at Oxley.

